

Starting University Clinical Careers Efficiently, Scholarly, and Successfully

Getting Involved in Professional Associations

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Why Do It?

- Expand your network of colleagues
- Ways to develop an “interest”
- Pathways for leadership progression
- Opportunities to write or present
- Build a regional and/or national reputation
- Broadens your perspective

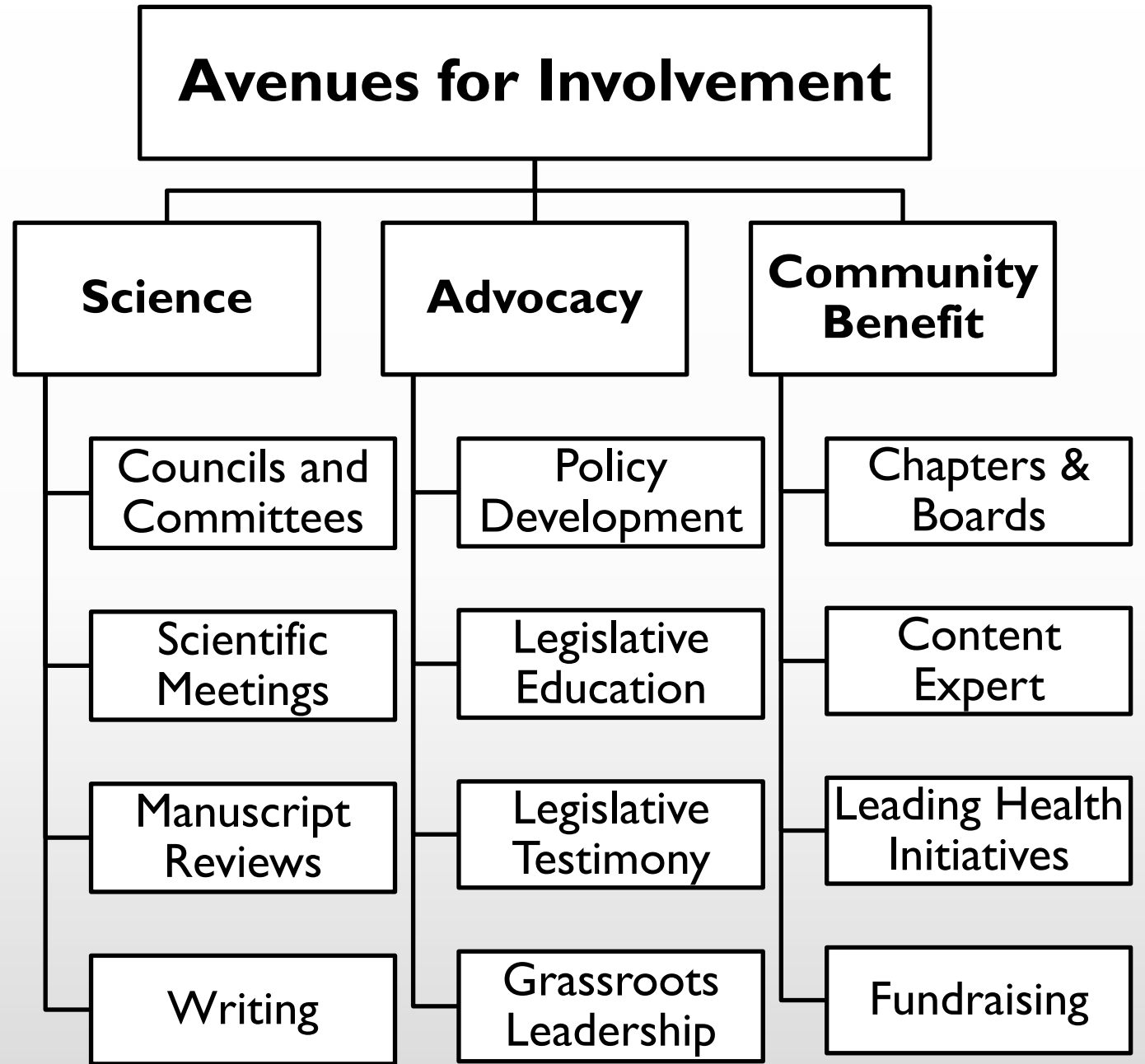
My Personal & Professional Journey

Progression to American Heart Association President

- AHA Dallas Board of Directors
- President – Dallas Board of Directors
- Smoke Free Dallas Lead Volunteer
- Southwest Affiliate Board Member/President
- Dallas Caruth Heart Attack Network Champion
- AHA National Board
 - Chair – Advocacy Committee
- AHA/ASA President, 2017-2018



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Lessons Learned and a Few Tips

Suggestions:

- Find ways to be involved
- Do not concern yourself with attribution
- Do not just participate, contribute
- Work quickly
- Relationships matter



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Summary of Key Points

Can contribute to promotion for clinician–educators
A. Regional and national reputation and B. Opportunities for publications

Accelerate career development for clinical scholars, basic scientists

Good path to enhance network of colleagues

Opportunity to interact with thought leaders

Opportunities for mentorship

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Questions? Email me!



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