



2022 LEAD Capstone Poster Session

Improving transitions of care from Parkland Correctional Health Services Center

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Abstract

- Objective
 - Improve medical access for patients who leave Dallas County Jail
- Plan
 - Establish transitional clinic for patients with significant medical issues who leave correctional center.
- Significance
 - Improved follow up for medically complex patients who are released from incarceration allowing earlier intervention in disease processes



Objectives

- Establish a transitional clinic to provide opportunities for individuals released from the Dallas County Correctional Health Center to follow up once they are released
- Track outcomes to see if the intervention improves health outcomes long term



Background Information

- US correctional population increased over 500% over the past 4 decades¹
- Little hard data on outcomes but results point towards worse medical outcomes for inmates and former inmates²
- 40% of inmates are diagnosed with chronic medical conditions²
- High risk of death in the first two weeks after discharge from a correctional facility³



Project Plan

- Inmates with significant chronic medical issues will be given referral information for the outpatient transition clinic. It will be a self referral system for patients who would like to be seen in the clinic
- We will follow them in clinic and help them establish care with a PCP along any specialist follow up they need
- Compare health outcomes for those who follow up in clinic to individuals who do not follow up



Application of What You Learned at LEAD

- How to apply DISc profile to improve my communication with others
- Importance of stakeholders in accomplishing goals
- Negotiation skills



Proposed Budget

- 0.2 FTE Parkland hospitalist salary to set up clinic
- Work with stake holder to establish relationship with local Parkland COPC for half day clinic



Innovation and Significance

- Likely first transitional clinic associated with academic center
- Reduce burden on the healthcare system by intervening early in disease process.
- Prior studies have demonstrated reduced ED utilization for patients who are seen by a provider after being released from incarceration⁴



References

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