

Training resources on Vitrobot operation and grid preparation

1. **Great videos from Grant Jensen that covered almost all aspects of sample preparation:**

https://www.youtube.com/playlist?list=PL8_xPU5epJdfd5fM2CjQItR-iRIIEIjk8

2. **A very good video on Vitrobot operation:**

https://www.youtube.com/watch?v=QML_KMQbOMc

3. **SBL Protocol for using the Vitrobot (PDF)**

4. **A very good video on clipping (assembling of autogrids):**

<https://www.youtube.com/embed/3VjOtrZ-76I>

5. **Selected slides from James' SBWIP presentations on sample prep and other related topics.**

- **List of equipment in ND8-226 (Vitrobots) and ND10-223 (clipping station);**
- **Glow discharge settings;**
- **How to control ethane temperature (what is the right condition to plunge grid into)?**