VIRTUAL RESOURCE GUIDE FOR EMPLOYEES
THE OFFICE FOR ACCESS & TITLE IX
INSIDE THIS GUIDE

1. UT SOUTHWESTERN RESOURCES
   Explore campus and community resources for individuals affected by sexual violence.

2. PREVENTION TOOLKIT
   The National Sexual Violence Resource Center's I Ask Campaign's prevention guide.

3. COMMUNITY RESOURCE HIGHLIGHT
   Contact the Dallas Area Rape Crisis Center, and explore the services offered by the organization.

4. T.A.L.K. ABOUT SEXUAL VIOLENCE
   Helpful tips for navigating dialogue with survivors in your network, from the Rape, Abuse, & Incest National Network.

5. NAVIGATING SAFE RELATIONSHIPS
   Get help with safety planning by contacting the Employee Assistance Program, and utilizing EAP's safety plan guide.

FOR MORE RESOURCES, EMAIL

TITLEIX@UTSOUTHWESTERN.EDU
UT Southwestern Medical Center
RESOURCES & SUPPORT

- UTSW Title IX Team
  - 214-648-6515
- Campus Police Escorts
  - 214-648-8311
- UT Southwestern Campus Police
  - 214-648-8911 or 911
- UTSW Resources & Support Specialist
  - 214-648-6530
- Employee Assistance Program
  - 214-648-5330
- Dallas County District Attorney
  - 214-648-5300
- Dallas Area Rape Crisis Center
  - 214-633-5555
- Parkland Memorial Hospital
  - 214-590-8000
- UT Southwestern Medical Center
  - 972-641-7279

Counseling

Shelter
- Genesis Women's Shelter
  - 214-389-700

Medical Services
- Medical Exams

Safe Rides

Support & Resources

File a Report
- UTSW Title IX Team

Confidential Resource

Available 24/7
HERE TO HELP
Available Assistance During the Title IX Process

**Academic**
- Discrete professor notification and accommodation (e.g., receiving extensions, rescheduling exams, etc.)

**Housing**
- Change in on-campus housing
- Change in work schedule
- Change in work location
- Voluntary leave of absence

**Transportation**
- Shuttle service

**Support**
- Access to counseling services
- Time away from work/school to access medical services
- Arrangements to ensure safety & access to other support services
- Help identifying community support liaison

**Safety**
- Escorts to ensure safe movement between work, class, and other activities
- No-contact directive pending investigation outcome

**Examples of Assistance for Complainants & Respondents**

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**Supportive Measures**
Supportive measures must be offered to an alleged victim once an institution has actual knowledge of potential harassment.

Assistance must be offered also to respondent once a formal complaint is filed.

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**FOR MORE INFORMATION**
Contact the Office of Institutional Equity & Access
TitleIX@UTSouthwestern.edu
HOW TO REPORT

If you would like to report information regarding sexual harassment, sexual misconduct, sexual assault, domestic/dating violence, or stalking committed by or against a UT Southwestern employee:

**Email:** TitleIX@UTSouthwestern.edu

**Online:**
https://www.utsouthwestern.edu/about-us/title-ix/what-to-do/

**By Phone:** 214-648-6515
Services are available to anyone impacted by sexual violence. Sexual violence doesn’t discriminate. We serve all individuals who have been impacted by sexual violence with respect and compassion. This includes women, men, the LGBTQ+ community, immigrants, refugees, and all other survivors of sexual violence. We’re here to provide a safe space. All services are confidential and free of charge. Select services are also available in Spanish.

Advocacy

Advocates are available 24 hours a day/7 days a week to provide face-to-face support and information at Texas Health Resources Presbyterian Hospital Dallas. When you go to the ER at Texas Health Presbyterian Dallas and inform them you are there for a Sexual Assault Nurse Examination, they will take you back to an ER room. At that time, the THR charge nurse will meet with you and dispatch an advocate from DARCC to come be with you through the process. If you have more questions, please call our hotline at 972-641-7273.

Medical Advocacy

Legal Advocacy

Case Management

Ongoing support is available to assist with Crime Victims Compensation, Address Confidentiality program, referrals and to address any questions or concerns survivors may have. For assistance with case management, please call our hotline at 972-641-7273 who can take down your name and information and have our bilingual case manager follow-up with you in 2-3 business days.

Counseling

DARCC offers short and long-term individual counseling, and therapeutic groups. All staff counselors are fully licensed by the state of Texas or under the supervision of licensed staff. If you are interested in accessing our free, bilingual counseling services please call our hotline at 972-641-7273.

Please provide an advocate your name, phone number, and age. At that time, our advocate will pass along your information to our clinical team who will follow up with you in 2-3 business days.

If you would like to speak to our clinical team directly, please call them during regular business hours:

214-712-4900
Monday-Thursday from 9 a.m.-5 p.m.
Friday from 9 a.m.-3 p.m.

Walk-in Crisis Intervention

Crisis intervention and advocacy are available on a walk-in basis at our clinical office during regular business hours, Monday-Thursday from 9 a.m.-5 p.m. and Friday from 9 a.m.-3 p.m. No appointment is necessary.

Call the crisis hotline at 972-641-7273 for more information.

Sexual Violence 101

Basic information about sexual violence, including the spectrum statistics, facts, and the effects of sexual violence.

Sexual Harassment in the Workplace

Appropriate for high school and college age youth and adults. What is sexual harassment, how to respond if it happens to you or someone you know, the continuum of sexual violence, facts, statistics, and the effects of sexual harassment.

Understanding Trauma

Detailed information about the effects of trauma, as well as how to support people who may be experiencing trauma.

History and Prevention of Sexual Violence

Training that looks at statistics, historical events, oppression, power and privilege, culture and rape culture, what prevention is and is not, and what the participant’s role should be in ending sexual violence.
When a colleague or someone close to you discloses that they have experienced sexual violence, you may not know what to say. The "TALK" method can help you remember how to respond with empathy.

T.A.L.K. ABOUT SEXUAL VIOLENCE

THANK THEM FOR TELLING YOU
ASK HOW YOU CAN HELP
LISTEN WITHOUT JUDGMENT
KEEP SUPPORTING

Visit RAINN.org to view RAINN's complete "Friends and Family Toolkit for Supporting a Loved One After Sexual Violence"
<table>
<thead>
<tr>
<th>Step</th>
<th>Action</th>
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</thead>
<tbody>
<tr>
<td>1</td>
<td>Dial 911 in an emergency situation.</td>
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<tr>
<td>2</td>
<td>If it is safe to do so, maintain communication with your friends and family.</td>
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<tr>
<td>3</td>
<td>Establish a “call 911” code word, phrase, or signal to use with children, family, friends, or neighbors.</td>
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<td>4</td>
<td>Teach children how to get help.</td>
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<tr>
<td>5</td>
<td>Identify areas of the house where there are no weapons and allows for escape/exit.</td>
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<tr>
<td>6</td>
<td>Practice your exit plan and teach it to your children.</td>
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<td>7</td>
<td>If physical abuse occurs, make yourself as small as possible.</td>
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<tr>
<td>8</td>
<td>Use technology safely.</td>
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<tr>
<td>9</td>
<td>If safe to do so, limit access to weapons.</td>
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</tbody>
</table>

Contact the Employee Assistance Program for more assistance with safety planning: 214-648-5330
ONLINE DATING SAFETY

1. Communicate on the dating platform.
2. Do your own research.
3. Don't share your personal information.
4. Use safety tools and resources provided by the dating platform.
5. Be mindful of your surroundings while live streaming or video chatting.
6. Maintain control.
7. Trust your intuition.
HEALTHY RELATIONSHIPS

Respect: Encourage and demonstrate healthy attitudes and relationships.

Empower: Everyone has the right and power to set limits, feel safe, and seek support.

Communicate: Express yourself to partners, peers, friends, and family.

Learn: I have the ability to access information that pertains to my health and well-being.

Consent: Seek mutual agreement without being fearful or pressured.
**UT Southwestern Resources**

- Office for Access & Title IX: 214-648-4343
- Employee Assistance Program: 214-648-5330
- UT Southwestern Police Department: 214-648-5311
- Office of Compliance: 214-648-6024
- Student Wellness and Counseling: 214-645-8680

**Off Campus and National Resources**

- Genesis Women’s Shelter (24-Hour Crisis Hotline: 214-946-4357)
- The Family Place (24-Hour Crisis Hotline: 214-941-1991)
- Dallas Area Rape Crisis Center (24-Hour Local Hotline: 972-641-RAPE (7273))
- National Domestic Violence Hotline (24-Hour Crisis Hotline 1-800-799-SAFE(7233))