

April 17, 2020

Dear Center Partners and Friends,

It goes without saying we are walking through an unprecedented time. We recognize the large adjustments in life right now due to COVID-19, and I want to take a moment to share an update on our critical research studies and provide support resources for you and your network. Our CDRC community includes research participants, patients, families, healthcare providers and administrators, psychiatrists, psychologists, mental health care providers, teachers, counselors, school administrators, and supporters and benefactors. You have all been amazing and dedicated partners in our mission to free the world from the burden of depression. We wish to thank you all for your efforts during this time, and know that together we can provide important public health measures to address the current COVID-19 pandemic.

In line with the national and UT Southwestern guidelines for research activities, we have discontinued all in-person visits for all non-treatment studies and are conducting all appointments virtually. As of mid-March, only treatment-related visits for certain drug therapies, medical devices, or interventions are continuing on-site at the CDRC locations. Also be aware that we have implemented screening requirements for patients and visitors and have limited entry points and number of visitors. These temporary measures are part of an effort to keep our patients, their families, and our team safe from the spread of infection.

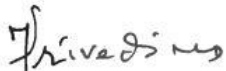
A recent poll by the [American Psychiatric Association](#) found that 36% of Americans say that COVID-19 is having a serious impact on their mental health, and 59% feel coronavirus is having a serious impact on their day-to-day lives. We would like to help support our CDRC community. Therefore, the CDRC has developed a COVID-19 webpage, available at [www.utsouthwestern.edu/cdrc](http://www.utsouthwestern.edu/cdrc), to provide you with local and national resources.

In addition, we have created a Support Line -- we are here to listen, to provide useful public health information about COVID-19, and to help connect you with appropriate mental health resources and referrals, as needed. The **CDRC COVID-19 Support Line is available by calling 214.648.7355**, Monday through Friday, from 8:00 am to 6:00 pm. If you need to talk to someone outside of our business hours, you may leave a message and someone will follow-up with you on the next business day.

We encourage you to visit the [What to Know about COVID-19](#) for the latest information on the virus, including links to additional resources you may find helpful. If you experience symptoms that you believe could be related to COVID-19, we encourage you to call your primary care doctor immediately. More information on UT Southwestern's hospital and campus visitor guidelines is available [here](#).

We thank you for your dedication to the mental health and well-being of our North Texas community. Together, we will gain strength from one another throughout this challenging time. We may be apart but your support keeps us close.

Sincerely,



Madhukar H. Trivedi, M.D.  
Professor, Peter O'Donnell Brain Institute and Psychiatry  
Betty Jo Hay Distinguished Chair in Mental Health  
Julie K. Hersh Chair for Depression Research and Clinical Care  
Chief, Division of Mood Disorders  
Founding Director, Center for Depression Research and Clinical Care  
UT Southwestern Medical Center