

VIRTUAL VISITS:

Powered by
MDLIVE

Speak with a doctor —
anytime, anywhere

Behavioral Health	Nonemergency
<p>Speak with a licensed counselor, therapist, or psychiatrist for support! Available 24 hours a day, seven days a week by appointment and video only.</p> <p>Get help for issues such as:</p> <ul style="list-style-type: none">• Anxiety• Stress• Depression• Trauma and loss• Relationship problems <p>Learn more about Behavioral Health virtual visits</p>	<p>See an independently contracted, board-certified doctor via phone, mobile app, or online video anytime, anywhere.</p> <p>Get help for nonemergency illnesses such as:</p> <ul style="list-style-type: none">• Allergies• Asthma• Cold and flu• Pink eye• Sinus infections <p>Learn more about Nonemergency virtual visits</p>

*Spanish-speaking services are available upon request, and prescriptions may be picked up at your pharmacy.

Get connected today!

Activate your account or schedule a virtual visit

- Go to Blue Access for MembersSM or [MDLIVE.com/bcbstx](https://www.mdlive.com/bcbstx).
- Download the MDLIVE app from Apple's App StoreSM or Google PlayTM.
- Call MDLIVE at **(888) 680-8646**.
- Text **BCBSTX** to **635-483**. (MDLIVE's online assistant Sophie will help you activate your account.)

