

Intravenous Pyelography (IVP) Preparation

What is an IVP?

An IVP is an X-ray test that lets the doctor check your kidney, ureter and bladder.

How will my test be done?

An IV line will be started in your arm and x-ray dye will be injected via the vein. It is normal to feel warm or flushed all over during the dye injection. You may have a taste like metal in your mouth. Then a series of x-rays will be taken to examine the kidneys, ureters and urinary bladder.

The test will take about 1 hour.

Preparing for your IVP

- Please follow the instructions carefully since having a clean bowel is essential for a good exam. On the day before your exam, please drink plenty of clear liquids to avoid dehydration. ***If you are on a fluid restricted diet or diabetic, please discuss with your doctor first. Failure to follow these instructions may result in the cancellation of your procedure.***
- Take all of your medications as prescribed. If you are on insulin your dosage may need to be adjusted the day prior and morning of the test, contact your physician for dosage instructions.
- If you are allergic to IV dye, you may need to be pre-medicated starting the day before your examination period. If you have not already notified us please call (214) 645-9729.

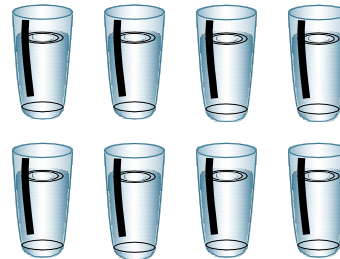
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One Day Before the Exam

1

Begin Clear Liquid Diet:

- Drink at least 8 glasses of water throughout the day.



You may also have:

- Strained fruit juices (no pulp); For example: apple or grape
- Broth
- Water, gatorade
- Coffee, tea (no milk or cream)
- Popsicles, jello

- **NO Solid Foods**
- **NO Dairy Products**



2

Take laxatives as follows:

- At **5:00 pm** drink the whole bottle of Magnesium Citrate.
- This is a strong laxative. You will have many bowel movements.



3

- At **8:00 pm** swallow the 3 Bisacodyl tablets with water.
- Do not chew the tablets.
- This is also a laxative.



The morning of your test

1. Continue a clear liquid diet. You may resume a normal diet after the exam.
2. One to one and a half hours before leaving for your exam, insert unwrapped Bisacodyl (Dulcolax) Suppository into your rectum and gently push in as far as possible.
3. Wait at least 15 minutes before a bowel movement, if possible. Bowel movements usually occur within 15-60 minutes.

