

ConTex: A Texas-sized look at concussions in youth



The O'Donnell Brain Institute has launched a statewide concussion registry in Texas, the nation's largest state effort to track concussions among youth athletes. Some key facts and figures:

- Registry will track about 2 dozen sports, for both genders.
- Schools will report concussions via app that includes more than a dozen questions such as cause of injury, gender, concussion history and others.
- More than 800,000 youth participate in UIL-sanctioned high school sports in Texas, the most in the U.S.
- Children under age 15 account for the most traumatic brain injury visits to the emergency room.
- Up to 3.8 million recreational and athletic concussions occur in the U.S. each year.

Sources: UT Southwestern, CDC, National Federation of State High School Associations