

Flu Season Employees Grid

<u>Symptoms</u>	<u>Stay at Home</u>	<u>If at Work When Symptoms Begin</u>	<u>Return to Work</u>
<p style="text-align: center;"><u>Fever</u></p> <p>Defined as temperature higher than 100.4 degrees Fahrenheit</p>	If your fever is higher than 100.4 Fahrenheit	<p>If your fever is > 100.4 F:</p> <ul style="list-style-type: none"> • Stop patient activities • Notify your supervisor • Go home 	When you have been fever free for 24 hours without taking fever reducing medication such as Tylenol or Motrin
<p><u>New Respiratory symptoms without fever</u></p> <ul style="list-style-type: none"> • Cough • Sore throat • Nasal congestion/runny nose • Myalgia (body aches) 	<p>If you work on a high-risk unit* or with immunocompromised patients and have <u>ONE or more</u> of the symptoms from the left column</p> <p style="text-align: center;"><u>OR</u></p> <p>If you work on all other units and have <u>TWO or more</u> of the symptoms from the left column</p>	<p>If you work on a high risk unit* or with immunocompromised patients and have <u>ONE or more</u> of the symptoms to the left</p> <p style="text-align: center;"><u>OR</u></p> <p>work on another unit and have <u>TWO or more</u> of symptoms:</p> <ul style="list-style-type: none"> • Stop patient activities • Don mask • Maintain cough etiquette • Notify supervisor • Go home 	<p>>24 hours after onset of symptoms</p> <p style="text-align: center;"><u>AND</u></p> <p>Symptoms have significantly improved</p>
<p><u>Respiratory symptoms with fever (presumed influenza)</u></p> <ul style="list-style-type: none"> • Fever > 100.4° F • Cough • Sore throat • Nasal congestion/runny nose • Myalgia (body aches) 	If your temperature is higher than 100.4 degrees Fahrenheit and you have at least one of the symptoms from the left column.	<p>If you have a fever > 100.4 F and have at least one of the symptoms to the left:</p> <ul style="list-style-type: none"> • Stop patient activities • Don mask if coughing or sneezing • Maintain cough etiquette • Notify supervisor • Notify Occupational Health • Go Home 	<p>**At least five days after onset of symptoms</p> <p style="text-align: center;"><u>AND</u></p> <p>When you have been fever free for 24 hours without taking fever reducing medication such as Tylenol or Motrin</p> <p style="text-align: center;"><u>AND</u></p> <p>Symptoms have significantly improved</p>

* High-risk units (BMT, Transplant units/clinics)

** If you tested NEGATIVE for Influenza A & B and/or COVID-19, then you may return to work after you have been fever-free for 24 hours without antipyretics and your symptoms have significantly improved

- Wash your hands often with hand sanitizer or soap and water.
- Clean and disinfect frequently touched surfaces with PDI wipes (i.e. keyboards, phones, work surfaces etc.).
- If uncertain whether you are able to return to work, contact Occupational Health (214-645-5300) and/or Infection Prevention Dept. (214-633-4678).