Curriculum vitae

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Place of Birth: Manhattan, New York

Education

Year	Degree	Field of Study	Institution
1988 - 1992	Bachelor of Arts	Psychology	Cornell University, Ithaca, New York
1994 - 1998	Doctor of Medicine	Medicine	Albany Medical College, Albany, New York
2002 - 2004	Masters	Public Health	University of Texas Health Science Center School of Public Health, Houston, Texas

Postdoctoral Training

Year(s)	Titles	Specialty/Discipline	Institution
1998 - 2001	Residency	Pediatric	Albany Medical Center, Albany, New York
2001 - 2004	Fellow	Adolescent Medicine	Baylor College of Medicine, Texas Children's Hospital, Houston, Texas
2001 - 2004	Fellow	Leadership Education in Adolescent Health	Maternal and Child Health Bureau Health Resources and Services Administration

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Faculty Academic Appointments

Year(s)	Academic Title	Department	Academic Institution
2003 - 2004	Instructor of Pediatrics	Department of Pediatrics	Texas Children's
			Hospital, Houston, Texas
2008 - present	Assistant Professor of	Department of Pediatrics	University of Texas
	Pediatrics		Southwestern Medical
			Center Dallas
			Children's Medical
			Center Dallas
			Dallas, Texas

Current Licensure and Certification

Licensure

New York Medical License

2003 - present Drug Enforcement Agency Number

2004 - 2008 Florida Medical License 2008 - present Texas Medical License

2008 - present Texas Controlled Substances Registration Certificate

Board and Other Certification

2001 American Board of Pediatrics – General Pediatrics, Re-certification - 2018

2008 American Board of Pediatrics – Sub Board: Adolescent Medicine

Honors and Awards

Year	Name of Honor/Award	Awarding Organization
1999, 2000	Resident Scholarship	American Academy of Pediatrics
2004	Student Research Award	University of Texas School of Public Health
2011 - present	Best Pediatric Specialists in Dallas	D Magazine
2012	Mentor, Research Award for Best Abstract by Student	Academic Pediatric Association Medical Student: Jessie Zhao
2013	Early Career Women's Faculty Professional Development Seminar	Association of American Medical Colleges
2014	Fellow of the Society of Adolescent Health and Medicine	Society of Adolescent Health and Medicine

Appointments at Hospitals/Affiliated Institutions

Past			
Year(s)	Position Title	Department/Division	Institution
2004 - 2007	Attending Physician	Division of Adolescent Medicine	Miami Children's Hospital Miami, Florida
Current			
Year(s)	Position Title	Department/Division/Clinic	Institution
2008 - present	Attending Physician	Adolescent and Young Adult Clinic	Children's Medical Center Dallas, Texas
2014 - present	Attending Physician	Young Women's Bleeding Disorder Clinic	Children's Medical Center Dallas, Texas
2015 - present	Medical Director	Adolescent and Young Adult Clinic	Children's Medical Center Dallas, Texas
2015 - present	Attending Physician	Gender Education and Care, Interdisciplinary Support Clinic	Children's Medical Center Dallas, Texas

<u>Committee Service</u> (Member, unless noted otherwise)

Year(s)	Name of Committee	Institution/Organization
<u>Hospital</u>		
2006 - 2007	Pediatric Postgraduate	Miami Children's Hospital,
	Conference Committee	Miami, Florida
2015- present	Women in Science and Medicine	University of Texas
	Advisory Committee	Southwestern, Dallas, Texas
2019 – present	Compensation Committee	University of Texas
		Southwestern, Dallas, Texas

Professional Societies

Year(s)	Society Name, member
State/Regional	
2001 - 2004	Asian-American, Health Care Association
2006 - 2007	Florida Pediatric Society/Florida Chapter of the American Academy of Pediatric
2008 - present	Texas Medical Society
2009 - present	Texas Pediatric Society
2011 - present	Texas Chapter of the Society of Adolescent Health and Medicine
2014 - present	Pediatric Society of Greater Dallas
<u>National</u>	
1994 - 2012	American Medical Association
1998 - present	American Academy of Pediatrics
2004 - present	Society for Adolescent Health and Medicine

Professional Societies (cont.)

Year(s)	Society Name, Committee/Leadership
State/Regional	
2010 - present	Texas Pediatric Society, Committee on Adolescence and Sports Medicine Co- chair
2011- 2017	Texas Medical Association, Committee on Child and Adolescent Health Member
2011- 2013	Texas Chapter of Society for Adolescent Health and Medicine, Secretary/Treasurer
2013 - 2015	Texas Chapter of Society for Adolescent Health and Medicine, President-Elect
2015 - 2017	Texas Chapter of Society for Adolescent Health and Medicine, President
2017 - 2018	Texas Chapter of Society for Adolescent Health and Medicine, President – Ex officio
2017 - present	Pediatric Society of Greater Dallas, Editorial Board Member
2017 - present	Texas Medical Association, Committee on Child and Adolescent Health, consultant
National/International	
1998 - 1999	American Academy of Pediatrics, Resident Representative to the Resident and Fellows' Section
1998 - 1999	American Academy of Pediatrics, Resident and Fellows' Section, Alternate Resident District II Coordinator
1998 - 2000	American Academy of Pediatrics, Resident and Fellows' Section, Long Range Strategic Planning Committee, member
1998 - 2000	American Academy of Pediatrics, Resident and Fellows' Section, Medical Students as Members Sub-Committee Member,
1999 - 2000	American Academy of Pediatrics, Resident and Fellows' Section, Secretary,
1999 - 2000	American Academy of Pediatrics, Resident and Fellows' Section, Involving Residents in State Advocacy Sub-Committee Member
2000 - 2002	American Academy of Pediatrics, Resident and Fellows' Section, Liaison to the Pediatrics in Review Program
2003 - 2004	Asian-American Health Care Association, Board member
2003 - 2004	Society of Adolescent Health and Medicine, Professionals In Training Luncheon Co-Chair
2003 - 2005	Society of Adolescent Health and Medicine, Fellows' Steering Committee member
2008 - 2009	American Academy of Pediatrics Adolescent Health Partnership Project's CME Subcommittee Member
2009 - 2012	Society of Adolescent Health and Medicine, Diversity Task Force Member
2010 - 2017	Society for Adolescent Health and Medicine, Multidisciplinary Membership Standing Committee, member
2011 - 2017	Society for Adolescent Health and Medicine, Clinical Services – Sexual and Reproductive Health Sub-Committee, member

Professional Societies (cont.)

Year(s)	Society Name, Committee/Leadership
National/International	
2012 - present	Society for Adolescent Health and Medicine Abstract Review Committee, member
2017 - present	Society for Adolescent Health and Medicine Program Committee, member
2017 - present	Society for Adolescent Health and Medicine, Clinical Services – Sexual and Reproductive Health Sub-Committee, consultant
2018 - present	Society for Adolescent Health and Medicine, Education Committee, member
2018 - present	Society for Adolescent Health and Medicine, GLBT Committee, member
2019 - present	American Academy of Pediatrics, Section of Adolescent Health, Executive Committee, member

Editorial Activities

Year(s)	Journal Name
Editor/Associate	e Editor
1998 - 1999	Editor, District II Resident Newsletter, American Academy of Pediatrics
1999 - 2000	Editor, American Academy of Pediatrics Resident Report, American Academy of Pediatrics
2000 - 2001	Editor, Albany Medical Center Pediatric Ambulatory Care Newsletter, Albany Medical Center, Albany New York
Ad Hoc Review	<u>'er</u>
2008 - present	Pediatrics
2011 - present	Journal for Applied Research on Children: Informing Policy for Children at Risk
2012 - present	Journal of Adolescent Health
2013 - present	Journal of Immigrant and Minority Health
2014 - present	Health Affairs
2015 - present	American Journal of Men's Health
2015 - present	Journal of Pediatric and Adolescent Gynecology
2016 - present	Sexual and Reproductive Healthcare
2017 - present	Journal of Research on Adolescence
2017 - present	International Journal of Transgenderism
2018 - present	Clinical Child Psychology and Psychiatry
2018 - present	Journal of Sex Research

Year(s)	Title	Location		
National				
2004	Asian-American Adolescent Health Issues. Presentation	Asian Pacific American Medical Student Association National Meeting. Houston, Texas		
2005	Dating and sexual attitudes in Asian adolescents. Poster	Society of Adolescent Medicine Annual Meeting. Los Angeles, CA		
2009	Racial and ethnic disparities in medical and oral health status, access to care and use of services in US adolescents. Poster	Third National Leadership Summit on Eliminating Racial and Ethnic Disparities in Health. National Harbor, MD		
2009	The primary language spoken at home and healthcare disparities in US adolescents. Poster	Third National Leadership Summit on Eliminating Racial and Ethnic Disparities in Health. National Harbor, MD		
2009	Racial and ethnic disparities in medical and oral health status, access to care and use of services in US adolescents. Poster	AcademyHealth Annual Research Meeting. Chicago, IL		
2009	The primary language spoken at home and healthcare disparities in US Adolescents. Poster	AcademyHealth Annual Research Meeting. Chicago, IL		
2010	Adolescent females and the human papillomavirus vaccine factors associated with vaccination and its recommendation in the US. Platform Presentation	Pediatric Academic Societies Annual Meeting. Vancouver, BC		
2011	Adolescent pregnancy in the US: who is really at risk? Poster	Pediatric Academic Societies Annual Meeting. Denver, CO		
2012	US adolescent males and pregnancy: clusters of characteristics can identify substantially higher and low prevalence groups. Platform Presentation	Pediatric Academic Societies Annual Meeting Boston, MA		
2012	US adolescent males and pregnancy: clusters of characteristics can identify teen males with very high partner pregnancy prevalence. Platform Presentation	Society for Adolescent Health and Medicine Annual Meeting. New Orleans, LA		
2013	Pleased to be pregnant: sexually active US teen females attitudes regarding pregnancy. Poster	North American Pediatric and Adolescent Gynecology Annual Clinical and Research Meeting, San Diego CA		
2013	What do teen males really think? Pregnancy attitudes among sexually active US adolescent males. Platform Presentation	Pediatric Academic Societies Annual Meeting. Washington, D.C		
2013	Pleased to be pregnant: sexually active US teen females attitudes regarding pregnancy. Platform Presentation	Pediatric Academic Societies Annual Meeting. Washington, D.C		

Year(s)	Title	Location		
<u>National</u>				
2014	The Power of One: Adolescent Health Leaders in Divisions of One	Society for Adolescent Health and Medicine Annual Meeting, Austin, Texas		
2015	The Power of One: Adolescent Health Leaders in Divisions of One	Society for Adolescent Health and Medicine Annual Meeting, Los Angeles, California		
2015	Preventing teen pregnancy: a qualitative study of the perspectives of parenting and expecting Latino adolescents. Platform Presentation	North American Pediatric and Adolescent Gynecology Annual Clinical and Research Meeting, Orlando FL		
2015	Preventing teen pregnancy: a qualitative study of the perspectives of parenting and expecting Latino adolescents. Poster	Pediatric Academic Societies Annual Meeting. San Diego, CA		
2015	Caring for youth with gender dysphoria. Moderator	Pediatric Academic Societies Annual Meeting, San Diego, CA		
2016	The Power of One: Adolescent Health Leaders in Divisions of One	Society for Adolescent Health and Medicine Annual Meeting, Washington, D.C.		
2016	Harnessing the Power of One: Transition to Solo Practice	North American Pediatric and Adolescent Gynecology Annual Clinical and Research Meeting, Toronto, Ontario, Canada		
2016	Which comes first: HPV vaccination or sexual debut? Poster	Society for Adolescent Health and Medicine Annual Meeting. Washington, D.C.		
2016	Translating Research into Practice: Perspectives on Masculinity and Young Men's Health	Society for Adolescent Health and Medicine Annual Meeting. Washington, D.C.		
2016	Which comes first: HPV vaccination or sexual debut? Poster	North American Pediatric and Adolescent Gynecology Annual Clinical and Research Meeting, Toronto, Canada		
2016	Sexually active Latino adolescents and pregnancy: perspectives on risks and prevention	North American Pediatric and Adolescent Gynecology Annual Clinical and Research Meeting, Toronto, Canada		
2016	Difficult Cases in Children and Adolescents with Gender Dysphoria. Moderator	Pediatric Academic Societies Annual Meeting, Baltimore, MD		
2017	The Power of One: Adolescent Health Leaders in Divisions of One	Society for Adolescent Health and Medicine Annual Meeting, New Orleans, L.A.		

Year(s)	Title	Location		
<u>National</u>	<u>National</u>			
2017	CDC's 2016 U.S. Medical Eligibility Criteria (MEC) For Contraceptive Use And 2016 U.S. Selected Practice Recommendations (SPR): Evidence-Based Contraceptive Care In Action	Society for Adolescent Health and Medicine Annual Meeting, New Orleans, L.A.		
2017	HIV Pre-Exposure Prophylaxis (PrEP): Are You Ready?	Society for Adolescent Health and Medicine Annual Meeting, New Orleans, L.A.		
2018	The Power of One: Adolescent Health Leaders in Divisions of One	Society for Adolescent Health and Medicine Annual Meeting, Seattle, W.A.		
2018	Recent Advances in the Care of Transgender Youth	Society for Adolescent Health and Medicine Annual Meeting, Seattle, W.A.		
2018	Transgender Youth and Their Parents Perceptions of Mental Health Quality at Baseline and at One-Year Follow-Up: Poster Symposium	Society for Adolescent Health and Medicine Annual Meeting, Seattle, W.A.		
2018	Sexual Dating Violence Among Asian American Adolescents: Poster	Society for Adolescent Health and Medicine Annual Meeting, Seattle, W.A.		
2018	Recent Advances in the Care of Transgender Youth	Pediatric Academic Societies Annual Meeting, Toronto Canada		
2018	Medical Management of Youth with Gender Dysphoria	National Association of Clinical Nurse Specialists, Dallas Texas		
2019	Dilemmas in Substance Use Disorders	Society for Adolescent Health and Medicine Annual Meeting, Washington D.C.		
2019	The Power of One: Adolescent Health Leaders in Divisions of One	Society for Adolescent Health and Medicine Annual Meeting, Washington D.C.		
2019	Child Brides: Sociodemographic Factors, Health Variables, and Attitudes Associated with Marrying Before 18 Years Old in the United States: Poster Symposium	Society for Adolescent Health and Medicine Annual Meeting, Washington D.C.		
Regional/Local				
2005	Cultural Competency in Addressing Adolescent Issues	Pediatric Postgraduate Conference- Perspectives in Pediatrics. Miami Children's Hospital, Miami, Florida		
2005	Eating Disorders.	Society of Pediatric Nurses, South Florida Chapter. Miami, Florida		

Year(s)	Title	Location
Regional/Lo	ocal ocal	
2006	Understanding Depression and Suicide	Teen and Caregivers Workshop. NANAY Community Center, North Miami Beach, Florida
2006	Dating and Sexual Attitudes in Adolescents	Grand Rounds. Miami Children's Hospital, Miami, Florida
2006	Contraception	Dorothy M. Wallace COPE Center, Miami, Florida
2006	Eating Disorders	The Kidz Concern Show. Miami, Florida
2006	Red Ribbon Week. Sexually Transmitted Diseases and Contraception	Homestead High School, Homestead, Florida
2006	Eating Disorders for the General Pediatrician	Pediatric Postgraduate Conference, Perspectives in Pediatrics. Miami, Florida
2010	Teen Health Week Speaker. Adolescent Medicine	American Women's Medical Association, Dallas, Texas
2011	Breast Masses in Adolescent Girls	15th Annual Postgraduate Course on Pediatric, Adolescent and Young Adult Gynecology. Mount Sinai Hospital, New York, New York
2011	Adolescent Medicine	American Women's Medical Association Teen Health Week Speaker. Dallas, Texas
2011	Substance Abuse and Adolescents: Practical Interventions for the Pediatrician	43rd Annual Kenneth C. Haltalin Conference, Pediatrics for the Practitioner, Children's Medical Center, Dallas, Texas
2012	Adolescent Medicine	American Women's Medical Association Teen Health Week Speaker. Dallas, Texas
2012	US Adolescent Males and Pregnancy: Clusters of Characteristics Can Identify Substantially Higher and Low Prevalence Groups.	UTSW SPR Grand Rounds. Dallas, Texas
2013	It Takes Two to Tango: Adolescent Males and Pregnancy	UTSW Grand Rounds. Dallas, Texas
2014	The Male Adolescent: Focus on Sexual and Reproductive Care	46th Annual Kenneth C. Haltalin Conference, Pediatrics for the Practitioner, Children's Medical Center, Dallas, Texas

Regional/L	<u>ocal</u>	
2014	Polycystic Ovarian Syndrome and Obesity in the Adolescent: Approaches to Evaluation and Management	Texas Pediatric Society Annual Meeting, Dallas, Texas
2015	Update on Hormonal Contraception for Adolescents	Cook's Children Medical Center Grand Rounds, Fort Worth, Texas
2015	Review of Hormonal Contraception for Adolescents	Women's Health Elective, UTSW, Dallas, Texas
2015	Transgender 101: Caring for Gender Non- Conforming Children and Adolescents	Texas Pediatric Society Annual Meeting, Sugarland, Texas
2015	Adolescent Medicine	Medical Student Section, Texas Pediatric Society Annual Meeting, Sugarland, Texas
2016	The Other Half: Sexual and Reproductive Health of Adolescent Males	Texas Pediatric Society Annual Meeting, Austin Texas
2017	Working with Transgender Youth	American Women's Medical Association Teen Health Week Speaker, Dallas, Texas
2017	Medical Management of Youth with Gender Dysphoria	Advance Practice Providers Leadership and Educational Series Children's Medical Center, Dallas Texas
2017	Period Drama: Evaluating and Managing Adolescent Females with Abnormal Uterine Bleeding. Co-Presenter: Ayesha Zia	Texas Pediatric Society Annual Meeting, Plano Texas
2018	Sexual Dating Violence Among Asian American Adolescents: Poster	Celebration of Women in Science and Medicine, UTSW, Dallas Texas
2018	Transgender Care in Adolescents	Texas HIV/STD Conference, Austin Texas
2019	Child Brides: Sociodemographic Factors, Health Variables, and Attitudes Associated with Marrying Before 18 Years Old in the United States.	Celebration of Women in Science and Medicine Poster Session, UTSW, Dallas Texas
2019	Transition of Care of Adolescents	American Women's Medical Association Teen Health Week Speaker. Dallas, Texas
2019	Transgender Care of Adolescents and Adults	Department of Physician Assistant Studies, UTSW School of Health Professions, Dallas, Texas

Service to the Community

Year(s)	Role	Organization or institution
2014 - 2017	Board Member	North Texas Alliance to Reduce
		Teen Pregnancy
2017 - present	Medical Subject Advisor	North Texas Alliance to Reduce
_	-	Teen Pregnancy
2017 - present	Editorial Board Member	Pediatric Society of Greater
		Dallas

Bibliography

Peer-Reviewed Publications

Original Research Articles

1.	Lau M , Markham C, Lin H, Flores G, Chacko MR. Dating and sexual attitudes in Asian-American adolescents. <i>Journal of Adolescent Research</i> . 2009;24(1):91-113.
2	y , , , ,
2.	Tiro JA, Pruitt SL, Bruce CM, Persaud D, Lau M, Vernon SW, Morrow J, Skinner CS. Multilevel
	correlates for human papillomavirus vaccination of adolescent girls attending safety-net clinics.
	Vaccine. 2012;30(16):2368-2375
3.	Lau M, Lin H, Flores G. Racial/ethnic disparities in health and healthcare among US adolescents.
	Health Services Research. 2012;47(5):2031-59
4.	Lau M, Lin H, Flores G. Factors associated with the human papillomavirus vaccine initiation and
	healthcare provider recommendation in US adolescent females. <i>Vaccine</i> . 2012;30(20):3112-3118.
5.	Lau M, Lin H, Flores G. Primary language spoken at home and disparities in the health and
	healthcare of US adolescents. Diversity and Equality in Health and Care. 2012;9(4):267-280.
6.	Lau M, Lin H, Flores G. Clusters of markers identify high and low prevalence of adolescent
	pregnancy in the US. Journal of Pediatric and Adolescent Gynecology. 2013;26(1):40-46.
7.	Lau M, Lin H, Flores G. Pleased to be pregnant? Positive pregnancy attitudes among sexually
	active adolescent females in the US. Journal of Pediatric and Adolescent Gynecology.
	2014;27(4):210-215.
8.	Maranda L, Lau M, Stewart SM, Gupta OT. A novel behavioral intervention in adolescents with
	Type 1 diabetes mellitus improves glycemic control: preliminary results from a pilot randomized
	control trial. The Diabetes Educator. 2015;41(2):224-230.
9.	Lau M, Lin H, Flores G. Clusters of factors identify a high prevalence of pregnancy involvement
	among US adolescent males. Maternal and Child Health. 2015;19(8):1713-1723.
10.	Lau M, Lin H, Flores G. Factors associated with being pleased with a female partner pregnancy
	among sexually active US adolescent males. American Journal of Men's Health. 2016;10(3):192-
	206.
11.	Zhao J, Lau M, Vermette D, Liang D, Flores G. Communication between Asian-American
	adolescents and healthcare providers about sexual activity, sexually transmitted infections, and
	pregnancy prevention. Journal of Adolescent Research. 2017;32(2):205-226
12.	Zia A, Lau M, Journeycake J, Sarode R, Marshall J, De Simone N, Wilson E, Winborn
	A, Kouides P. Developing a multidisciplinary Young Women's Blood Disorders Program: a single-
	centre approach with guidance for other centres. <i>Haemophilia</i> . 2016. 22(2):199-207
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Original Research Articles (cont).

13. **Kuper L, Mathews S,** Lau M. Baseline mental health and psychosocial functioning of transgender adolescents seeking gender affirming hormone therapy. *J Dev Behav Pediatr*. In Press

Reviews, Chapters, Monographs and Editorials

1.	Lau, M. Adolescent medicine. In Miksad R, Tilley A, Meyer K and DeLaMora, PA. Last Minute
	Internal Medicine. 1 st ed. United States. McGraw-Hill, 2007
2.	Lau M , Flores, G. Everything is bigger in Texas, including the Latino adolescent pregnancy rate:
	how do we eliminate the epidemic of Latino teen pregnancy? Journal of Applied Research on
	Children: Informing Policy for Children at Risk. 2010;11:Article 10.
3.	Lau M, Flores G. The "Real World" of caring for diverse teens: achieving cultural competency in
	adolescent healthcare using a practical, evidence-based model. MDAdvisor. 2010;3:E50-E59.
4.	Lau M, Flores G. Ovarian masses in adolescent girls. Contemporary Pediatrics. 2010;27(3):52-59.
5.	Lau M, Flores G. Breast masses in adolescent girls. Contemporary Pediatrics. 2010;27(7):54-64.
6.	The Society for Adolescent Health and Medicine. Prepared by: in alphabetical order: Burke PJ,
	Coles MS, Di Meglio G, Gibson EJ, Handschin SM, Lau M, Marcell AV, Tebb KP, Urbach KJ.
	Sexual and Reproductive Healthcare: A Position Paper of the Society for Adolescent Health and
	Medicine. Journal of Adolescent Health. 2014;54(4):491-496.
7.	Coles MS, Lau M, Akers A. If you don't ask, they won't tell: evaluating pregnancy risk in young
	women in pediatric hospitals. Journal of Adolescent Health. 2016;58(3):251-252
8.	Westers NJ, Muehlenkamp JJ, Lau M. SOARS model: Risk assessment of non-suicidal self-injury.
	Contemporary Pediatrics. 2016; 33(7):25-31.
9.	The Society for Adolescent Health and Medicine. Prepared by: Santa Maria D, Rafferty J, Lau M,
	Guilamo-Ramos V, Tebb K, Chadi N, Ambresin A-E, Vyver E, and Marcell AV. Advocating for
	Adolescent and Young Adult Male Sexual and Reproductive Health: A Position Statement from
	the Society for Adolescent Health and Medicine. <i>Journal of Adolescent Health</i> . 2018; 63(5):657-
	661.

Non-peer reviewed scientific or medical publications/materials in print or other media

1.	DallasNews.com Teen birthrates fall to lowest levels in 7 decades in U.S. May 2012
1.	
2.	<u>DallasNews.com.</u> Has your child had the HPV shots? If not, you're not alone. April 2012
3.	<u>Pediatric Society of Greater Dallas Quarterly Newsletter.</u> Pre-Exposure Prophylaxis (PrEP): The newest tool to prevent HIV infection. March 2017
4.	<u>Pediatric Society of Greater Dallas Quarterly Newsletter.</u> Physical Transitioning and Related Issues for Youth with Gender Dysphoria. January 2018
5.	<u>Pediatric Society of Greater Dallas Quarterly Newsletter.</u> Menses: The Sixth Vital Sign. Co-Author with Anita Vasudevan, MSIII. First Quarter 2019