SPEED MENTORING TOPICS

- What key role(s) has mentorship played in your life?
- How does one identify the right mentor?
- When and <u>how</u> to say "No" and when to say "Yes"?
 - How does this change at different stages of one's career?
- What are the best ways to establish a national reputation?
- What are the best ways to network with peers on campus and off?
- What have you found to be the most effective ways to organize your time?
- What have you found to be the best way to balance work and family and is this ever possible in academia?
- What are the most effective ways to ask for:
 - More lab space
 - More administrative support
 - Higher salary
 - A promotion
 - An endowed chair, professorship, etc.
 - More protected time
 - More statistical support
- How does one gain as much recognition for accomplishments within as outside the institution?
- When is it appropriate to ask for an extension of the 'tenure clock'?
- How do I determine if I'm on the right track?
- What are some strategies for conducting scholarly activities while clinically busy?
- What metrics should I establish to demonstrate excellence in my clinical practice?