

STARS A Valuable Resource for Health Science Teachers

2006 Health Science Technology Education

Professional Development Conference

July 19, 2006

Joel M. Goodman, Ph.D.

Professor of Pharmacology
STARS Director



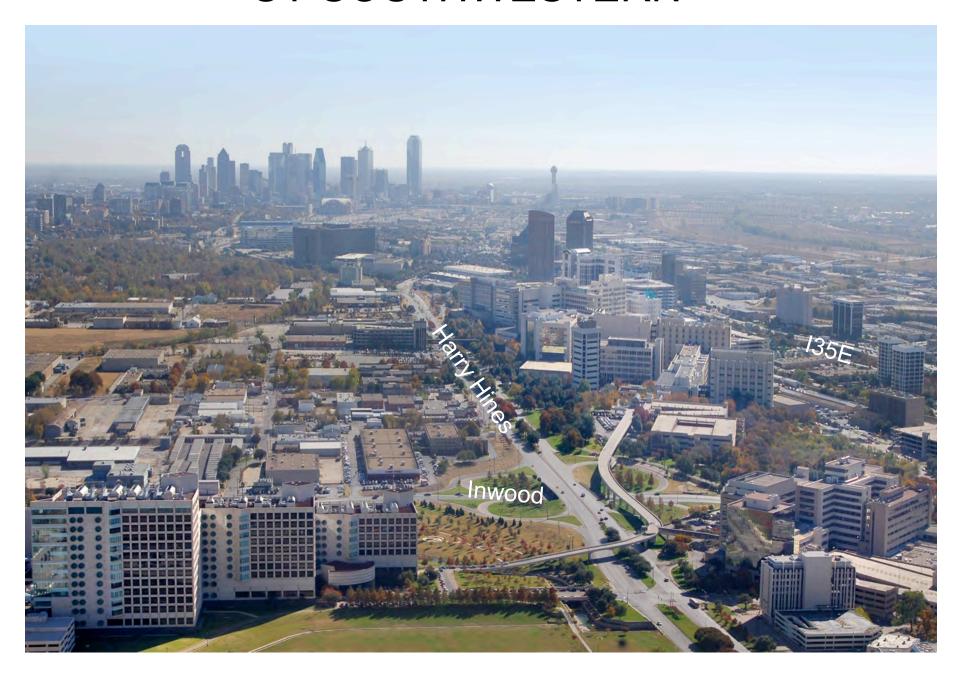
Today's agenda

Introduction to STARS
Suture clinic

What is STARS?

- Science Teacher Access to Resources at Southwestern
- Developed at UT Southwestern in 1991 to improve science teaching in north Texas.
- Currently offer 17 programs and activities for secondary school teachers and students.
- In 2005-06, 555 teachers and 2550 students from 131 schools took part in STARS programs and activities.

UT SOUTHWESTERN



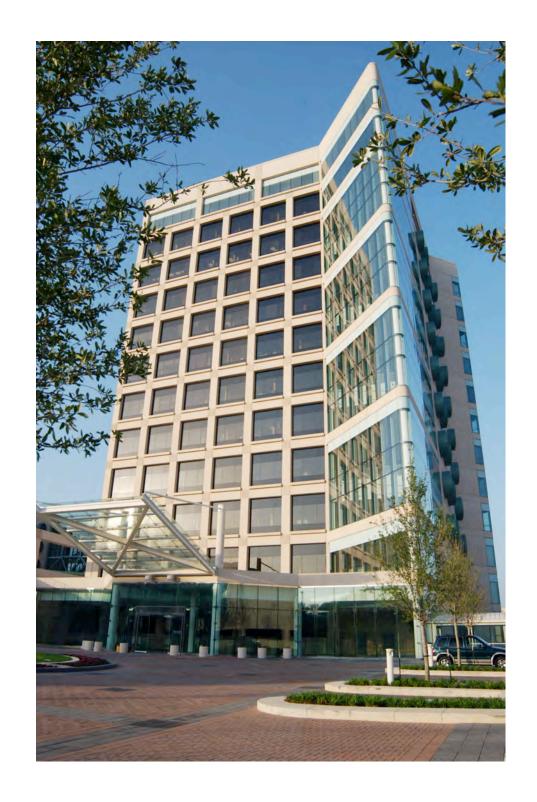
UTSW - South Campus



UTSW

North

Campus



Goals of STARS

- Increase science awareness
- Stimulate an appreciation of health-related careers
- Provide ongoing support for science teachers and students
- Improve science education by broadening the knowledge base of teachers
- Assist science education by providing instructional aids

Funding

- Core funding is provided by the state of Texas
- Jan and Bob Bullock Endowment for Science Education
- Greater Dallas Chamber of Commerce
- CitiGroup

STARS Programs

- For teachers
 - Symposia, In-services, Summer research,
 Workshops, Lab kits
- For students
 - Science fair judging, Science ambassadors, Tours of medical school, Explorer program, Summer research
- OTHERS IN DEVELOPMENT
- Google: STARS UT Southwestern

Symposia



STARS Symposia

- Symposia
 - On Saturdays, 9:00 to 3:00
 - Breakfast and lunch provided
- Minisymposia
 - On Monday nights 5:30-8:00
 - Boxed dinner provided
- Speakers are UT Southwestern faculty and guests
- Freebies, door-prizes

2006-2007 Symposia

- Symposia (Saturdays)
 - Cell Membranes October 4
 - Viruses April 28
- Minisymposia (Monday evenings)
 - Gene Silencing September 11
 - Antibiotic Resistance November 6
 - Novel cancer treatments January 8
 - The Kidney March 5
- Special symposium
 - Women in Science and Medicine February 3
 - In collaboration with the Women in Science and Medicine Advisory Committee (WISMAC)

Inservices



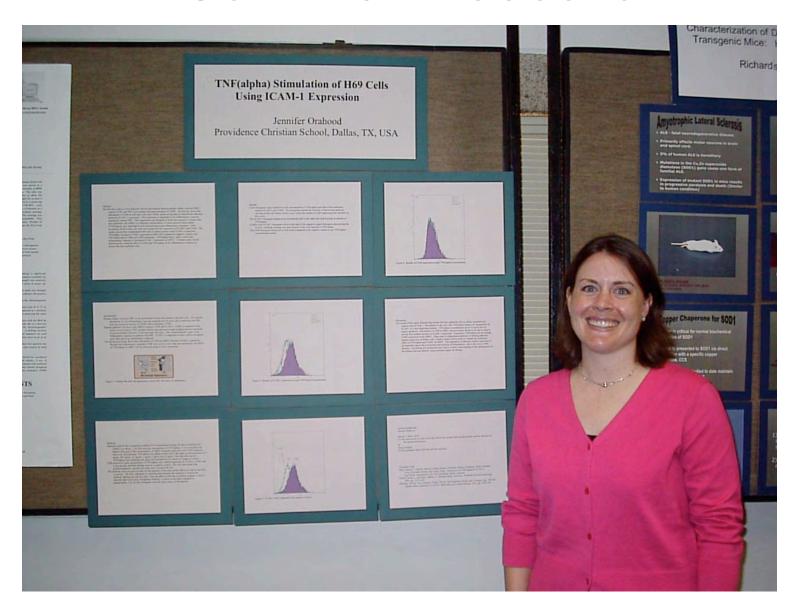
In-services

- On Saturdays, 9:00-3:00
- Past topics: DNA isolation, gel electrophoresis, genome databases, suturing technique, Wildlife CSI (with Museum of Natural History)
- Planned in-service Dec. 2, 2006. Subject TBA (maybe polymerase chain reaction)
- Limited to 24 teachers; first come, first served.

Summer Research Programs



Summer Research



Summer Research

- Eight-week program
- Each teacher is assigned for a laboratory on campus
 - basic or clinical research.
- Full participation in all laboratory activities
- Competitive 10 teachers/year are selected from applications (forms available February)
- Teachers make and present posters to show to their classes, and write an action plan
- All teachers receive stipends
- Similar program for high school students

Summer Research Program



In Development

- Grants are being written to support
 - 2-week summer workshop for biology teachers to hone your lab teaching techniques
 - Prepare teachers and students for pre-AP and AP classes, especially biology
 - Collaborate with the Museum of Nature and Science to design new science exhibits and create new programs and museum tours

Tours of UT Southwestern





Women In Science & Medicine

Organized by the Women In Science and Medicine Advisory Committee (WISMAC)

Program

9:00 - 9:05 a.m.	Dr. George Ordway	Director, STARS Program
9:05 - 9:10 n.m.	Dr. Ellen Vitetta	Chair, WISMAC, Prof., Dir., Cancer Immunobiology Center
9;10 - 9;30 a,m,	Dr. Mark Lehrman	Prof., Pharmacology
9:30 - 9:50 a.m.	Ms. Molly Skelsey	Graduate Student, Graduate School of Biomedical Sciences
9:50 – 10:10 a.m.	Dr. Susanna Parker	Assoc, Dean, Student Affairs
10:10 - 10:30 a.m.	Ms, Alexandra Pratt	Second Year Medical Student
10;30 - 10;50 a.m.	Break	
10:50 – 11:10 s.m.	Dr. Rod Ulane	Assoc, Desm, Medical Scientist Training Program (MSTP)
11:10 – 11:30 s.m.	Dr. Dara Aisuer	MSTP (MD/PhD) student (PhD completed)
11:30 – 11:50 a.m.	Dr. Nancy Faln	Assoc, Dean, Aliled Health Sciences School
11:50 – 12:10 p.m.	Ms. Judy Pena	Proxibetics-Orthotics student, Alfied Health Sciences School
12:10 - 1:10 p.m.	Lunch	
1:10 - 1:35 p.m.	Dr. Susanne Mumby	Assoc, Prof., Pharmacology
1:35 - 2:00 p.m.	Dr. Margaret Pearle	Assoc, Prof., Urology
2:00 - 2:25 p.m.	Dr. Cynthia Rutherford	Prof., Internal Medicine
2:25 - 2:55 p.m.	Panel Discussion Ail Participants	
2:55 - 3:00 pm	Closing Remarks Dr. George Ordway	







Physiology at the Extremes

The University of Texas Southwestern Medical Center at Dallas Monday, September 9, 2002 Richardson Hall D1.502 5:30 – 8:00 p.m.

5:30 - 5:55 p.m.	Registration and Refreshments	
5:55 - 6:00 p.m.	Welcoming Remarks George Ordway, Phl Professor Physiology & STARS Coordinate	
6:00 - 6:45 p.m.	"Physiology at the Top of the World—Lessons From Mt. Everest" Benjamin Levine, Mi	
6:45 - 6:55 p.m.	Associate Professor, Internal Medicine - Cardiolog Questions for Dr. Levine	y
6:55 - 7:00 p.m.	Break	
$7;00-7;45\ p.m.$	"A Life Without Oxygen: Physiology of Diving Manmals" Shane Kanatous, Ph	
7:45 - 8:00 p.m.	Post-Doctoral Researcher, Internal Medicine - Cardiolog Questions for Dr. Kanatous	y

















Agenda DISD Biology Teacher Workshop

Monday, August 5, 2002

900am-915am: Breakfast

915am-930am: Orientation – Workshop expectations (from STARS &

teachers perspective)

930am-945am: STARS Program Information

945am-1000am: Parking passes

1000am-1030am: Tour - South Campus - library, cafeteria, lecture halls,

Parkland

1030am-1100am: Icebreaker activities

1100am-1130am: Lab safety – share best practices

1130am-1230pm: Lunch in cafeteria

1230pm-100pm: Research Lab set-up and visit George's lab

100pm-200pm: Scientific Research- How is it done here? & Scientific

Inquiry

200pm-300pm: Tours information; Tour TEM & SEM; Tour North Campus.

Tuesday, August 6, 2002

900am-1000am: Using a Compound Light Microscope (50 min) 1000am-1100am: Lab #10 - Comparing Plant & Animal Cells (40 min)

1130am-1230pm: Lunch

100pm-200pm: Lab #37 - Characteristics of Green Algae (50 min)
200pm-300pm: Lab #38 - Part A - Examining an Algal Bloom (15 min)

Wednesday, August 7, 2002

900am-1000am: Lab #9 - Characteristics of Prokaryotic & Eukaryotic Cells

(50 min)

1000am-1100am: Lab #31 - Identifying Bacteria (50 min)

1130am-1230pm: Lunch

100pm-200pm: Lab #32 - Controlling Bacterial Growth (50 min)

200pm-300pm: HIV Activity (30 min)

Thursday, August 8, 2002

900am-1000am: Nucleic Acid Introduction; The Dogma Sisters of Central

High School: A classroom demo of protein folding

1000am-1100am: Lab #13 - Assembling a Protein Molecule (45 min)

1130am-1230pm: Lunch with SRPT

100pm-200pm: Lab #14 - Simulation Protein Synthesis (45 min)

200pm-300pm: Science Kit Paper Activities

Friday, August 9, 2002

900am-3pm: Science Kit & PCR Demo. 1130am-1230pm: Lunch with Narvella West

Check Results - Lab #32 - Controlling Bacterial Growth (15 min)

Evaluation

Monday, August 12, 2002

900am-1000am: Genetics Inservice – Human Genome Project

1000am-1100am: Lab: Investigating Inherited Human Traits 1130am-1230pm: Lunch with Don Porter (Dallas ISD Teacher)

100pm-200pm: Genome Gallery Activities 200pm-300pm: Genome Gallery Presentations

Tuesday, August 13, 2002

900am-10am: Intro Lecture for Kidney Under Pressure

1000am-3pm: Kidney Under Pressure Lab #38 – Part B Examining an Algal Bloom (30 min)

Wednesday, August 14, 2002

900am-1000am: Genetic Counseling - Dr. Gail Tomlinson

1000am-1200pm: Kidney Under Pressure Continued

1200pm-100pm: Lunch & Career Information Presentation by Pat

Afternoon Open to work on write-up and presentations

Thursday, August 15, 2002

900am-915am: Breakfast

915am-1130am: Presentations & Evaluations

1130am-1230pm: Lunch & Farewells

"UT-Southwestern Medical Center offers a superb resource for science teachers in its Science Teachers Access to Resources at Southwestern program. I have participated in STARS events for years and have never been disappointed. The program is open to any science teacher who wants to attend. I have taken advantage of both professional symposia presented by researchers in various fields and staff development programs that supply us with literature and materials for lab-oriented activities. And they always feed us! And it doesn't cost anything."

Melinda Ludwig

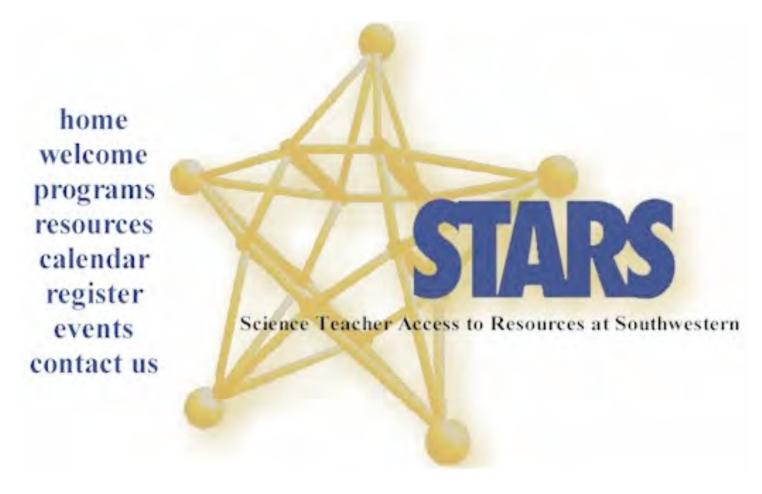
Museum of Nature and Science

Ennis High School

The Dallas Morning News

STARS Staff

Joel Goodman, Director
Jeannie Han, Program Coordinator
Traydell Beard, Education Assistant
and with special help from
Stuart Ravnik, Assist. Dean



http://www8.utsouthwestern.edu/utsw/home/stars/index.html

(or Google: UT Southwestern STARS)

For Questions, or to RSVP for an event: Jeannie.Han@UTSouthwestern.edu

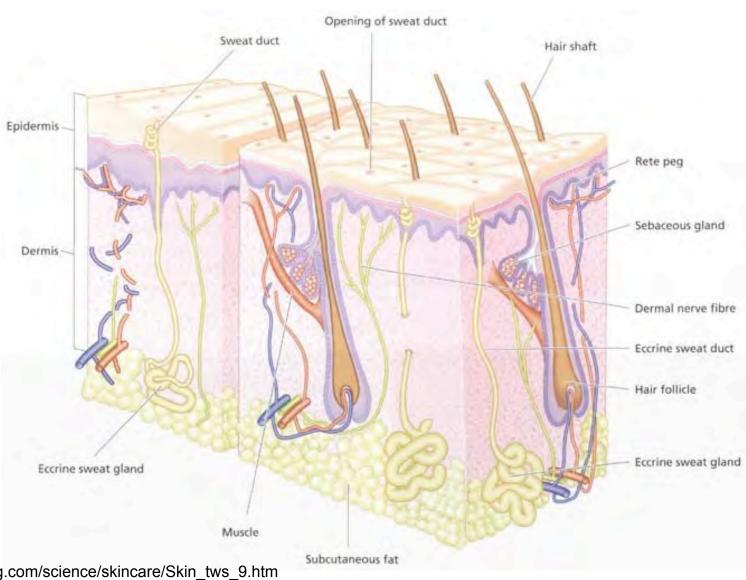
Special Thanks to the Faculty, Staff, and Students of:

- Southwestern Medical School
- Southwestern Graduate School of Biomedical Sciences
- Southwestern Allied Health Sciences School
- Parkland Memorial Hospital
- Children's Medical Center
- Zale Lipshy University Hospital
- St. Paul's University Hospital

Suture Clinic

Alay Parikh
Dallas Alvey
Kimberly Szymanski
Lili Ngo

Skin anatomy

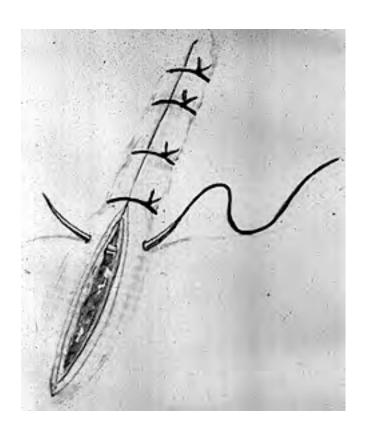


http://www.pg.com/science/skincare/Skin_tws_9.htm

Suturing

- History: evidence from the Neolithic
- Purpose: to close wound
 - Aids in the healing process
 - Helps reduced the chance of scarring
- Material
 - "Catgut" (collagen) from animals
 - Synthetics which are absorbable
 - Silk strong but non-absorbable

Simple Interrupted Suture Pattern



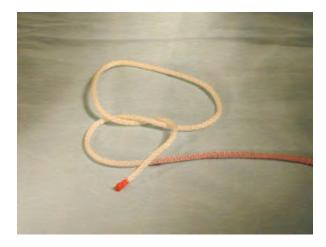
A Square Knot

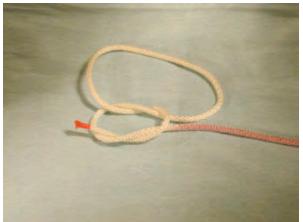
First Throw





Second Throw







http://www.bumc.bu.edu/Dept/Content.aspx?DepartmentID=69&PageID=5260