

Course: Point of Care Ultrasound

Course number: EMED 2105

Department:	Emergency Medicine
Faculty Coordinator:	Jodi Jones MD, Mandy Pasqual, MD, Steven Field DO
Hospital:	Parkland Memorial, Emergency Department
Location of rotation:	
Periods Offered:	All Periods
Length:	4 Weeks
Max # of Students:	2
First Day Contact:	Silvia.Ramirez@UTSouthwestern.edu , 214-648-3189
First Contact Time:	0730
First Day Location:	E4.300

PREREQUISITES All required core clerkships must be completed except for Psych and Pediatrics

I. COURSE DESCRIPTION

This rotation is designed to impart to each 4th year student a fundamental understanding of goal-directed point of care ultrasound, a method of examination that answers specific and important clinical questions.

Drawing upon the skills of basic anatomy knowledge, clinical physical exam and the selection of the appropriate patient based on presenting complaint, high quality ultrasound images will be obtained at the bedside. It is expected that the student learner will be able to integrate point of care ultrasound knowledge along with other investigations into the clinical picture for a given patient scenario. The skills acquired in bedside ultrasonography will be applicable not only to emergency medicine but to other specialties including internal and family medicine, OB/GYN, critical care, surgery, anesthesiology, radiology, orthopedics and pediatrics.

Goals	Objectives	Assessment methods
PATIENT CARE: ASSESSMENT AND MANAGEMENT		
1. Students will learn how to integrate ultrasound into the clinical evaluations and investigations of multiple patients at the bedside.	Use of point of care ultrasound to perform basic focused exams to improve patient care.	
MEDICAL KNOWLEDGE:		
1. Understand the basic knowledge of ultrasound, recognize indications for point of care ultrasound.	1. Perform/interpret images of FAST, AAA, cardiac, biliary,	

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<ol style="list-style-type: none"> 2. Recognize classic examination windows and be able to interpret bedside ultrasound of anatomical regions in a timely manner. 3. Learn to identify the key anatomic landmarks and ultrasonographic findings used to diagnose focused pathologic conditions. 	<p>renal, thoracic, and soft tissue/abscess examinations.</p> <ol style="list-style-type: none"> 2. Identify free fluid on an abdominal/thoracic ultrasound. 3. Identify pathologic conditions, for example, such as cholecystitis, pneumothorax, hydronephrosis, ascites, AAA, and abscess. 	
INTERPERSONAL AND COMMUNICATION SKILLS:		
<ol style="list-style-type: none"> 1. Communicate with patients during performance and evaluation of bedside US examinations. 2. Communicate effectively with other ultrasound team members. 3. Understand development of US imaging storage systems and their role in learning, clinical care and quality improvement. 	<ol style="list-style-type: none"> 1. Create patient and family rapport during required number of ultrasound examinations. 2. Demonstrate verbal, written and image skills regarding point of care ultrasound with fellow students, residents and faculty. 3. Correctly save, store and retrieve US imaging for learning and quality improvement purposes. 	
PRACTICE BASED LEARNING AND IMPROVEMENT:		
<ol style="list-style-type: none"> 1. Systematically use quality improvement methods as basis of point of care ultrasound skill improvement. 2. Develop methods of learning such as evidence based medicine, online resources in point of care ultrasound 3. Incorporate formative rotation evaluation feedback into self-reflection and setting learning goals 	<ol style="list-style-type: none"> 1. Participate and contribute to scheduled QA review of all studies done, both by student, residents and faculty during monthly conferences. 2. Mastery of utilizing references such as American College of Emergency Physician's online ultrasound curricula, SonoSite, core texts Emergency Ultrasound by Ma, Mateer and Blaivas. 3. Participate in real time and scheduled evaluation sessions by fellow ultrasound students, fellows and faculty. 	
PROFESSIONALISM:		
<ol style="list-style-type: none"> 1. Develop behaviors respectful of patient comfort and privacy while performing exams. 		

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<p>2. Present self as professional health care team member in all aspects of bedside patient care utilizing point of care ultrasound.</p>	<p>1. Demonstrate how to appropriately drape patients during appropriate ultrasound examinations. 2. Demonstrate professional appearance and behaviors toward patients and medical colleagues.</p>	
<p>SYSTEMS BASED PRACTICE:</p>		
<p>1. Understand the value and use of point of care ultrasound across all medical specialties in the care of various populations of patients. 2. Learn about the integration of point of care ultrasound in local hospital systems, Prehospital environments, and institutional educational programs.</p>	<p>1. Demonstrate examples and application of ultrasound in clinical areas such as wards, clinics, intensive care units and other areas of patient care. 2. Provide evidence of integration of ultrasound principles and practice in undergraduate/graduate medical education, patient care and research purposes using online resources and local system uses.</p>	

II. METHODS OF INSTRUCTION

A. Didactic

- i. Scheduled student ultrasound principle and clinical lectures
- ii. Participate in ultrasound journal club by reviewing and critiquing recent literature relevant to point of care ultrasound
- iii. Read and review in its entirety online resources such as American College of Emergency Physicians (ACEP) Ultrasound for Emergency Physicians <http://www.sonoguide.com/introduction.html> and other provided web based resources
- iv. Participate in mandatory CQI sessions with ultrasound residents, fellows and faculty as scheduled
- v. Attendance at Emergency Medicine and specific ultrasound conferences on weekly basis

B. Hands on learning

- i. Proctored bedside exams and procedural assistance techniques with dedicated ultrasound residents, fellows and faculty
- ii. Evolvement to independent exams to be stored and reviewed during scheduled CQI session
- iii. Expectation of minimum of 100 verified scans during the month by student across all common anatomical regions
- iv. Use of anatomic model simulators in developing procedural assistance skills

III. SCHEDULE

Orientation:

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Students will be expected to be enrolled in this course as the first day of the UTSW academic periods. **The first two Wednesdays are mandatory orientation days where you will meet the remainder of Team Ultrasound, consisting of the US attendings, fellows and residents. All Wednesdays are nonnegotiable and may not be missed for any reason.** Often the POCUS student period will be offset from the EM/Resident blocks of time. Each Monday that begins a student period there is a great deal of online prerequisite work that must be done. These involve pretests and video lectures that must be reviewed prior to your first orientation day on the first Wednesday of each period.

First Monday and Tuesday:

Look at POCUS Activities page on Moodle

Complete the Pretests 1 and 2

Submit these tests as two files as directed

Read and complete as many of the online required reading modules as possible after taking the Pretests

First Wednesday:

Meet Team Ultrasound at 0700 in the Emergency Medicine Conference Room E4.300

Orientation to course, machines, procedures, storing images et.al

Schedule:

Every **WEDNESDAY** throughout the course is a **MANDATORY** event and must be attended.

After your first Wednesday, Team Ultrasound will supply you with dates of resident, fellow, and attending schedules. These scanning shifts will be proctored. More information on when and how will be given to you during orientation.

In order to gain needed scans for the month (100), Students may scan in the AM 7 days per week from 0700-1200. The student will not be scanning every morning but planning their time to match with the US resident, fellows and attending's. Structured proctored US shifts with EM POCUS residents, fellows and attending's will occur 1200-1900 on given days according to attending and fellow shift schedules.

Additional proctored skill based scanning shifts based upon attending and fellow shift schedule will be provided

Weekly QA, didactics and simulation procedural assistance Wednesdays 1100-1800

US Journal club once per month

EM residency conference Thursdays 0730-1130

IV. Course Requirements

- a. Completion of all 3rd year clerkships
- b. Attendance and participation at all structured ultrasound and EM conferences.

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- c. Present one journal club article over the course of the month
- d. Submit 100 high quality stored exams for CQI review during course of the month
- e. Complete and submit Pre and post elective testing of knowledge utilizing ACEP standardized exam <http://www.emsono.com/acep/exam.html>

V. Method of Evaluation of the Student

- a. Pass/Fail grading structure
- b. Students will be assigned a grade [Pass/Fail] based on attendance, participation, case presentations and interactions with residents, faculty, staff, and patients. Specific criteria such as number of point of care scans performed during each ED shift, quality of the students performed scans and overall student attitude, improvement and completeness will be used as factors in grade assignment.

VI. Required reading:

- a. Society of Ultrasound in Medical Education- Learning Modules <http://www.susme.org/learning-modules/learning-modules> 2014
- b. ACEP Ultrasound Guide for Emergency Physicians, Hoffman B. <http://www.sonoguide.com/instructions.html> 2014 2014
- c. Emergency Ultrasound 2nd ed. Ma O. Mateer J. Blaiwas M. 2007
- d. ACEP EFAST Trauma Ultrasound <https://itunes.apple.com/us/app/trauma-ultrasound-ebook/id714242498?mt=8> 2014
- e. Emergency Ultrasonography, Hayden G. <http://emergencyultrasoundteaching.com/index.html> 2014

VII. Method of evaluation of students and requirements:

- a. Evaluation based on assessment methods listed above, grade is Pass/Fail