Concise Health Risk Tracking (CHRT)

with Clinician Rated Behavioral Module

Please rate the extent to which each of the following statements describes how you have been feeling or acting in the <u>past week</u>.

For example, if you feel the statement very accurately describes how you have been feeling in the past week, you would give a rating of "Strongly Agree." If you feel the statement is not at all how you have been feeling in the past week, you would give a rating of "Strongly Disagree."

		Strongly Disagree	Disagree	Agree nor Disagree	Agree	Strongly Agree
		(0)	(1)	(2)	(3)	(4)
1.	I feel as if things are never going to get better.					
2.	I have no future.					
3.	It seems as if I can do nothing right.					
4.	Everything I do turns out wrong.					
5.	There is no one I can depend on.					
6.	The people I care the most for are gone.					
7.	I wish my suffering could just all be over.					
8.	I feel that there is no reason to live.					
9.	I wish I could just go to sleep and not wake up.					
10.	I find myself saying or doing things without thinking.					
11.	I often make decisions quickly or "on impulse."					
12.	I often feel irritable or easily angered.					
13.	I often overreact with anger or rage over minor things.					
Propensity Score (sum items 1-13):						

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