

Suicide and Mental Health

National Hopeline Network	800-SUICIDE (784-2433)
National Suicide Hotline	800-273-TALK (8255)
Girls & Boys Town National Hotline	800-448-3000 800-448-1833 (TTY)
Dallas Metrocare Services	214-330-7722
Suicide and Crisis Center of North Texas	214-828-1000
Contact Counseling and Crisis Line	972-233-2233
Denton County Mental Health Center	800-762-0157 800-269-6233 (TTY)
Green Oaks Behavioral Health Systems	972-991-9504
Timberlawn Mental Health System	214-381-7181
Parkland Psychiatry Emergency	214-590-8761

Mobile Crisis

NorthStar Mobile Crisis Team	214-267-0545 866-260-8000
Adapt of Texas	877-738-0488
Millwood Hospital Mobile Assessment Team - Arlington	817-261-3121
Hickory Trails Hospital Mobile Assessment Team - Desoto	972-298-7323

Domestic Violence and Abuse

ChildHelp USA National Child Abuse Hotline	800-4A-CHILD 800-2A-CHILD
Elder Abuse Hotline	800-252-8966
National Domestic Violence/Child Abuse/Sexual Abuse	800-799-SAFE 800-787-3224 (TTD) 800-942-6908 (Spanish)
Texas Abuse Hotline	800-252-5400
The Family Place – Domestic Violence and Abuse Hotline	214-941-1991
Resource Center Family Violence Hotline (GLBTQ)	214-540-4455
Safe Haven – Domestic Violence Hotline	877-SAFE (7233)

Crisis Hotlines

Alcohol and Drug Abuse

Alcohol and Drug Abuse Helpline and Treatment	800-234-0420
Alcohol and Drug Addiction Resource Center	800-390-4056
National Drug Information Treatment and Referral Hotline	800-662-HELP (4357)
Alcohol Abuse and Crisis Intervention	800-234-0246

Rape Crisis

RAINN National Rape Crisis Hotline	800-656-4673
Parkland Hospital Rape Crisis Center	214-590-0430
Rape Crisis Center of Collin County	972-985-0951
Rape Crisis Dallas	214-653-8740

Youth Hotlines

Contact Counseling and Crisis Line	972-233-TEEN (8336)
National Youth Crisis Hotline	800-442-HOPE
North Texas Youth Connection	800-568-7776
The Trevor Project (GLBTQ Youth)	866-4-U-TREVOR (488-7386)
Texas Runaway Hotline	888-580-HELP
