

# Mentorship Road Map

PGY2 Mentor-Mentee Program

Main Program Objectives:

To identify and obtain support and guidance on clinical, research, personal, and administrative thoughts and ideas for residents

To ensure each resident has at least one mentor by the end of residency

Role of the Mentorship Committee (MC):

To increase resident satisfaction with support for clinical, research, and personal matters

To help identify areas residents may need more support

To help residents find a mentor or change advisors/mentors





### Meeting 1: July – Sep

- ☐ Establish a mentor-mentee relationship
- ☐ Reflect on intern year and set goals for PGY2
- ☐ Discuss plans for STEP 3 (if not completed during PGY1)
- ☐ Discuss residency and career goals
- ☐ Plan next meeting



#### **Meeting 2: Oct – Dec**

- ☐ Review strengths and weaknesses from first quarter
- ☐ Discuss obtaining a psychotherapy patient
- ☐ Discuss Texas licensing application, moonlighting
- ☐ Reflect on mentoring interns
- ☐ Plan next meeting



#### **Meeting 3: Jan – March**

- ☐ Review strengths and weaknesses from second quarter
- ☐ Discuss career goals
- ☐ Discuss scheduling PGY3 rotations, electives
- ☐ Discuss progress on licensing and moonlighting
- ☐ Plan next meeting



## **Meeting 4: April – July**

- ☐ Review strengths and weaknesses from third quarter
- ☐ Discuss whether fellowship is desired/needed
- ☐ Discuss progress on licensing and moonlighting
- ☐ Discuss goals for PGY3
- ☐ Plan next meeting