

# Mentorship Road Map

PGY1 Advisor-Advisee Program

Main Program Objectives:

To identify and obtain support and guidance on clinical, research, personal, and administrative thoughts and ideas for residents

To ensure each resident has at least one mentor by the end of residency

Role of the Mentorship Committee (MC):

To increase resident satisfaction with support for clinical, research, and personal matters To help identify areas where residents may need more support

To help residents find a mentor or change advisors/mentors



### Meeting 1: July – Sep

- ☐ Intern Check-In re: overall well-being and challenges
- ☐ Discuss Advisorship vs.
  - Mentorship

    Address role
- □ Address roles and responsibilities of mentees/advisees and mentors/advisors
- ☐ Plan next meeting



#### Meeting 2: Oct – Dec

- ☐ Intern Check-In re: overall well-being, challenges, and areas of growth thus far
- ☐ Discuss STEP 3 Scheduling
- ☐ Plan next meeting



#### **Meeting 3: Jan – March**

- ☐ Intern Check-In re: overall well-being, challenges, and areas of growth thus far
- Address what residents are looking for in a potential mentor
- ☐ Plan next meeting



## Meeting 4: April – July

- □ Intern Check-In re: overall well-being, challenges, and areas of growth thus far
- ☐ Work with advisor to identify individuals as potential mentors
- ☐ Attend mentor-mentee speed dating
- ☐ Select mentor, plan first meeting, notify MC