



Perinatal Psychiatry Access Network

Frequently Asked Questions

What is PeriPAN?

PeriPAN is a new, state-funded pilot project available to clinicians in four regions of Texas that are treating new and expectant mothers with mental health concerns. PeriPAN's perinatal psychiatrists and clinical staff can provide:

- ★ Real-time support to clinicians on issues such as medication management and treatment plans for perinatal patients
- ★ Referral assistance
- ★ Vetted resources

Which regions are pilot sites for PeriPAN?

PeriPAN is available as a pilot through the following health-related institutions (HRIs), or regional access centers:

1. The University of Texas at Austin Dell Medical School
2. Texas Tech University Health Sciences Center at Lubbock
3. The University of Texas Southwestern Medical Center
4. Baylor College of Medicine

To see which counties are served by these 4 HRIs, go to: <https://tcmhcc.utsystem.edu/peripan>.

Who should call PeriPAN?

PeriPAN is available to clinicians who screen or provide care to women in the prenatal, perinatal, birthing, and postpartum period such as:

- ★ OB/Gyns
- ★ Pediatricians
- ★ Family practitioners
- ★ Psychiatrists
- ★ Psychologists
- ★ Midwives
- ★ Other Primary Care Physicians

How much does PeriPAN cost?

PeriPAN services are free.

Can I refer my patient to PeriPAN for direct mental health services?

No. PeriPAN is a clinician-to-clinician telehealth consultation service that can support you with medication management, locating resources and direct care referrals for your patient.

How does PeriPAN work?

- » PeriPAN's goal is to increase your capacity to treat maternal mental health conditions.
- » When you have a mental health question about a patient, call **1-888-901-2726** to access your regional hub.
- » You will speak directly with a mental health clinician to assess and address your question.
- » A mental health clinician can assist you with resources and any necessary referrals for your patient.
- » If you have a diagnostic or medication question, a reproductive psychiatrist will return your call as quickly as possible or you can schedule a call back at your preferred time.
- » PeriPAN is currently funded in four regions across Texas. Work is ongoing to expand PeriPAN statewide.

What information do you need from me when I call?

PeriPAN staff will need some brief demographic and health status information in addition to your specific consultation request.

How many times can I call?

You may call as many times as you feel necessary about any of your patients who need mental health support. Through a shared electronic health record, PeriPAN clinicians can see what was recommended in the last consultation to facilitate continuity of care management.

What times can I call PeriPAN for help?

PeriPAN staff are available from 8am-5pm, Monday through Friday, except for state holidays. If you're calling about a mental health crisis, please refer your patient to the nearest emergency department.

Can I bill my time for reimbursement when I use PeriPAN?

Yes. Calling PeriPAN is justification to document increased time or complexity-based coding.

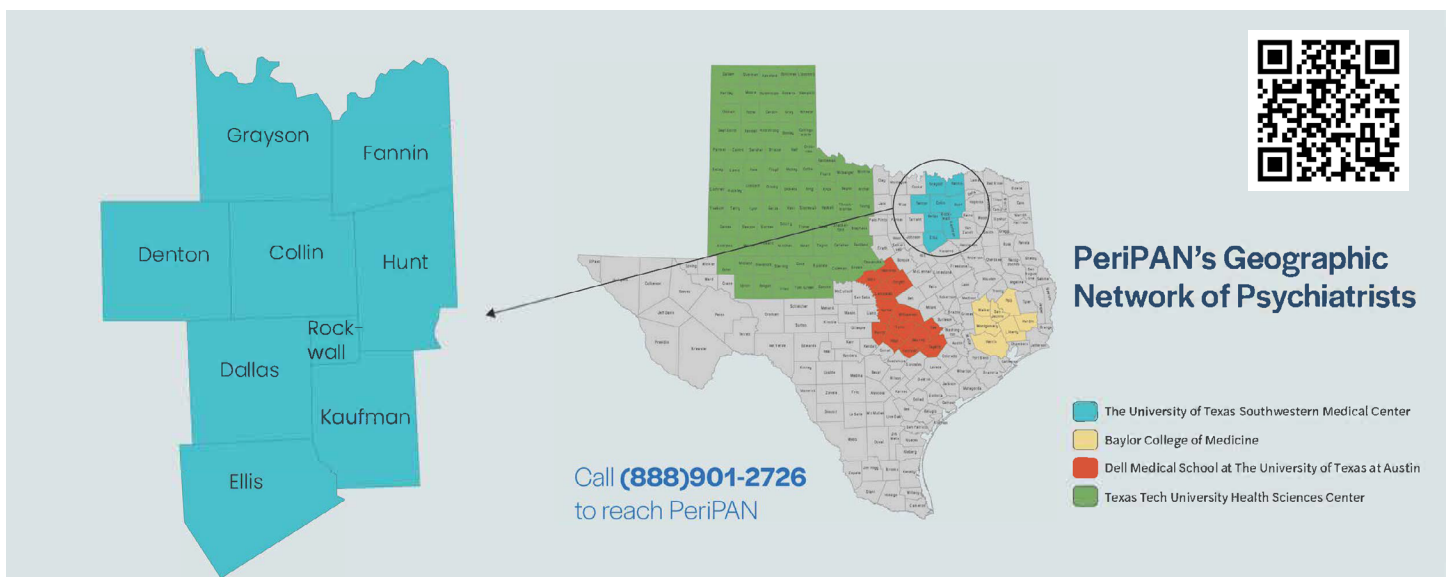
How do I enroll my office in PeriPAN?

To enroll with PeriPAN in your region, call [1-888-901-2726](tel:1-888-901-2726):

- » Select and confirm PeriPAN is available in your region.
- » If you are unsure of your region, please call the number above and select the Central Operations Support Hub option for further assistance.
- » Regional PeriPAN access centers will also contact offices to enroll directly.

What do I do if my office is not in a region covered by the pilot, but I have a patient who would benefit from perinatal psychiatric consultation?

We hope to bring PeriPAN services statewide as soon as possible. Check our website (<https://tcmhcc.utsystem.edu/peripan/>) for additional resources that are available to you.



Call **(888)901-2726** to reach PeriPAN

PeriPAN's Geographic Network of Psychiatrists

- The University of Texas Southwestern Medical Center
- Baylor College of Medicine
- Dell Medical School at The University of Texas at Austin
- Texas Tech University Health Sciences Center