Division Introduction

The Division of Combined Internal Medicine and Pediatrics (Med/Peds) was created in 2015 as a joint initiative between the Departments of Internal Medicine and Pediatrics. Dual trained in both Internal Medicine and Pediatrics, division faculty are dedicated to clinical, educational, and scholarly efforts within both Departments, with an emphasis on improving healthcare delivery across the lifespan. The Med/Peds division leads the newly established Combined Internal Medicine and Pediatrics residency program, and the Internal Medicine & Pediatrics Clinic at Professional Office Building 2, a primary care medical home for patients and families of all ages.

The Med/Peds Division is dedicated to promoting and enhancing the clinical practice and scholarly activities of physicians trained in both Internal Medicine and Pediatrics, with a focus on collaborative work between pediatric and adult medicine. Specifically, we aim to:

Promote combined Med/Peds clinical practice by:

- Providing high quality healthcare for families and individuals throughout the age spectrum, including but not limited to those with pediatric-onset special health care needs such as developmental delay, congenital heart disease, cystic fibrosis, diabetes, pediatric cancer, etc.
- Enhancing patient care, research, advocacy efforts, and medical systems management in both Internal Medicine and Pediatrics through approaches that reflect perspective and experience across the lifespan.

Develop and expand combined Med/Peds residency training by:

- Providing a comprehensive, well-integrated residency training experience in that prepares residents for Board certification in Internal Medicine (ABIM) and Pediatrics (ABP) as well as advanced subspecialty training within each of these disciplines.
- Increasing the number of physicians trained to offer high quality comprehensive primary and specialty care for patients of all ages, including those with complex chronic conditions.

Support Med/Peds faculty in their distinct and varied roles as:

- Comprehensive primary care providers
- Subspecialists in areas conducive to dual training and practice, including but not limited to Allergy/Immunology, Cardiology, Endocrinology, Infectious Disease, Nephrology, and Rheumatology.
- Experts regarding specific conditions that have an impact across the lifespan
- Educators and mentors of medical students and residents in Internal Medicine, Pediatrics, and Combined Internal Medicine/Pediatrics programs and settings
- Researchers, advocates, and health system leaders focused on conditions that impact patients of all ages
Faculty

The Division of Combined Internal Medicine and Pediatrics consists of internists and pediatrics who are dedicated to the field of medicine. There are five full-time and two part-time faculty members, one fellow, and four residents in the Division.

Honors / Awards

Jennifer Walsh

- Promotion to Associate Professor

Christy Boling Turer

- Texas Super Doctor, Pediatrics & Internal Medicine, Texas Monthly

Invited Lectures

Jaclyn Albin

- Southern Regional Meeting, Society for General Internal Medicine, New Orleans, LA, February 2017
  - Pre-course Co-Chair and Speaker, “Trickle Down Eat-onomics: Using a Top-Down, Physician-Engagement Educational Approach for Teaching Healthy Nutrition to Patients”
- Cardiometabolic Risk Summit, Dallas, TX, October 2017
  - Culinary Medicine Pre-course Instructor, “Congestive Heart Failure” and “Mindfulness and Motivational Interviewing.”

Roma Moza

- Alliance for Academic Internal Medicine Skills Development Conference, Grapevine, TX, October 2017
  - “Teaching at the Bedside: Reintroducing the Patient to Resident Education”

Christy Turer

- American Academy of Pediatrics National Conference & Exhibition, Chicago, IL, September 2017
  - “Adolescents with Obesity: Effectively Addressing the Unique Development and Mental Health Challenges”
- Project ECHO (Extension for Community Health Outcomes) Telemedicine Teleconference, December 2017
  - “Management of the Severely Obese Child”

Ami Waters

- Women to Women, UBS/Optimus, Switzerland, January 2017
  - “Saving Lives in the Last Mile”
- MedTech Conference, San Jose, California, October 2017
  - Invited Panelist - “Scaling Innovation in the Developing World”
Conference Presentations

Johnston R, Turer CB, Adamson B, Ahn C, Barlow SE.
Oral, Pediatric Academic Societies Meeting, San Francisco, CA, May 2017
“Importance of Clinical Practices for Weight-Status Improvement in Overweight 2-5 Year-Olds”

Westers NJ, Needham H, Walsh JB.
Oral, International Society for the Study of Self Injury, Philadelphia, PA, June 2017
“Brief Training for Physicians to Address Adolescent Nonsuicidal Self-injury: Changes in Perceptions of Competence and Training as a Priority”

Mulchan S, Walsh J, Sadlon A, Becker J.
Poster, Health Care Transition Research Consortium Symposium, Houston, TX, October 2017
“Examining the Utilization and Clinical Utility of a Standardized, Electronic Transition Documentation Tool among Multiple Subspecialty Clinics.”

Education and Training

The Division of Combined Internal Medicine and Pediatrics provides educational opportunities for medical students and residents. The Division also has a fully-accredited Internal Medicine/Pediatrics Residency Program.

Medical Students

The Division provides multiple opportunities for medical students to have exposure to pediatrics and internal medicine practice. Medical students rotate through the Internal Medicine - Pediatrics Clinic and the Adolescent and Young Adult Clinic during their ambulatory clerkship. Through the “Preparation for Pediatric Internship” rotation, founded and directed by Jennifer Walsh, M.D, fourth-year medical students matching in pediatrics receive a month long interactive educational experience focused on building practical knowledge and skills needed to make the transition to pediatric residency. Faculty also participates in a General Pediatric Inpatient Teaching Service at Children’s Health℠ Children's Medical Center Dallas. Many of our faculty serve as mentors to medical students through the UT Southwestern Colleges program as well as the Med/Peds Student Interest Group.

Residents

Division faculty provide clinical training to Pediatric, Internal Medicine, and Med/Peds residents in a variety of clinical settings, including the Pediatric Continuity of Care Clinic at Children’s Health, the Parkland Community Internal Medicine Clinic, The Combined Internal Medicine & Pediatrics Primary Care Practice at UT Southwestern, the Adolescent and Young Adult Clinic at Children’s Health, and the Rees Jones Foster Care Center of Excellence at Children’s Health. Faculty also supervise residents on inpatient teaching services at Children’s Health and Parkland Hospital.

Med/Peds Residency Program

Our mission is to provide a rich dual training experience to support each individual resident’s unique career path, equipping them to join the next generation of outstanding Med/Peds physicians, scholars, advocates, educators, and leaders.

Our program launched with our first intern class beginning June 2016. We accept four interns per year. Residents alternate between Internal Medicine and Pediatrics rotations every 3-4 months; at the end of their four-year training program they
are board eligible in both Internal Medicine and Pediatrics. They are also eligible for any Internal Medicine, Pediatric, or dual subspecialty fellowship program.

Med/Peds interns gain a solid clinical foundation by rotating through inpatient, intensive care, ambulatory, and emergency department settings at our primary training facilities, Children's Health™ Children's Medical Center Dallas, Parkland Memorial Hospital, and William P. Clements Jr. University Hospital. Increased supervisory responsibility is integrated as residents advance through the remaining years of training as well as additional time for individualized curriculum blocks. Med/Peds training affords a wide array of career possibilities, and we are committed to a truly individualized approach to foster development of each resident’s unique skills, interests, and passions.

While each Med/Peds resident is fully integrated into the categorical program experience, a number of opportunities have been developed to cultivate combined practice as well. Med/Peds "Synergy" conferences are introduced into the categorical Internal Medicine and Pediatrics noon conference curriculum; there are also dedicated monthly conferences and journal clubs specifically for Med/Peds residents.

Research Activities

Combined Internal Medicine and Pediatrics faculty members are involved in clinical research. Faculty research interests include the following:

- Effective primary-care weight-management interventions
- Immediate and long-term health risks due to pediatric obesity
- Pediatric clinical practices and communication strategies that improve the health and weight-status of children with overweight and obesity
- Strategies to improve pediatrician recognition and management of weight-related comorbidities
- Adult health outcomes of adverse childhood experiences (toxic stress and trauma exposure)
- Environmental determinants of health
- Undergraduate and graduate medical education
- Global health

Clinical Activities

Our faculty provide clinical care in the Adolescent and Young Adult Clinic, Rees-Jones Center for Foster Care Excellence, pediatric and internal medicine resident teaching clinics, and inpatient medicine services at Children’s Health™ Children’s Medical Center Dallas, and Parkland Health and Hospitals Systems.

Inpatient Services

Combined Med/Peds hospitalists divide their clinical time equally between the Pediatric hospitalist group at Children’s Health and the Hospitalist Medicine group at Parkland Hospital. This allows them to care for both hospitalized pediatric and adult patients, bringing their expertise in caring for patients across the lifespan to both patient care settings.

Combined Internal Medicine & Pediatrics Primary Care Practice

The Med/Peds clinic, located in the Professional Office Building 2 at UT Southwestern, opened in 2015. Faculty in this practice are board certified in both Internal Medicine and Pediatrics, and are able to provide comprehensive primary care services to patients of all ages, from newborns to geriatric patients. This practice will also serve as the continuity clinic site for the Med/Peds residents.
Patient Visits

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<thead>
<tr>
<th></th>
<th>2016</th>
<th>2017</th>
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<tbody>
<tr>
<td>New patient visits</td>
<td>139</td>
<td>189</td>
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<tr>
<td>Follow up visits</td>
<td>1,806</td>
<td>2,285</td>
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Current Grant Support

Christy Boling Turer

Grantor: National Institutes of Health, National Heart, Lung, and Blood Institute

Title of Project: Primary Care, Communication, and Improving Children’s Health

Role: Principal Investigator

Dates: 2014 – 2018

Grantor: Children’s Clinical Research Advisory Council (CCRAC)

Title of Project: Automated Clinical Decision Support to Improve Hypertension Screening among Overweight Children in Primary Care

Role: Principal Investigator

Dates: 2015 – 2018

Grantor: Commercial Real Estate Women (CREW) Network

Title of Project: What Pediatricians Can Do to Create the Biggest Winners: Primary Care Clinical Practices that Improve the Weight of Overweight School-Age Girls?

Role: Principal Investigator

Dates: 2016 – Perpetuity-No End Date

Peer-Reviewed Publications

