

# UT Southwestern Medical Center

# What's New in GI 2024

Saturday, April 20, 2024

# Presented by the UT Southwestern Department of Internal Medicine: Division of Digestive and Liver Diseases and the Office of Continuing Education

For More information or to Register: https://tinyurl.com/35y69mb8

#### **Course Directors**

Neha Patel, M.D. and David Fudman, M.D.

## Purpose and Content

What's New in GI will provide attendees with practical information that can be applied today in their clinical practice. Discussions will include the latest updates on recognizing symptoms and using current data to establish diagnoses and formulate appropriate treatment plans for the management of gastrointestinal diseases. Several topics will be presented at this one-day symposium through lectures and Q&A session for UT Southwestern experts in the field of gastroenterology. This course is designed for gastroenterologists, GI surgeons, internal medicine physicians, family practice physicians, nurse practitioners, physician assistants and other health care providers with an interest in gastroenterology.

# Learning Objectives

- 1. Describe the benefits of different medications and when to select in treating IBD.
- 2. Identify diagnosis methods and treatment options for gastroparesis.
- 3. Explain practical approaches to constipation.
- 4. Explain the new guidelines on exocrine pancreatic insufficiency.
- 5. Explain new and relevant updates in the treatment of IBD.

# Target Audience

This activity is intended for providers in the specialties of:

- Gastroenterology
- Gastroenterology and Hepatology
- Family Practice
- Internal Medicine
- Surgery Colon and Rectal
- Surgery Oncology



# hat's New in GI 20

# Accreditation and Credit Designation Statements

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Texas Medical Association (TMA) and the UT Southwestern Department of Internal Medicine: Division of Digestive Liver. The Texas Medical Association is accredited by the ACCME to provide continuing medical education for ACCME physicians.

The Texas Medical Association designates this live activity for a maximum of 6.25 AMA PRA Category 1 Credits<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of this participation in the activity.

# **ABIM MOC Credit**

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 6.0 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

# **Evaluations and Certificates**

Course evaluations addressing program content, presentations, and possible biases will be available at the conference. Evaluations are an important tool for assessing the effectiveness of this activity as well as for planning future activities. We value your feedback.

Your CME attendance will be documented in your TMA profile portal at the conclusion of the conference.

# Maintenance of Certification

To claim ABIM MOC part 2 credit, participants will receive a link to the post conference test via email at the conclusion of the conference. A passing score of 75% is required to pass the post-test. This component must be completed by May 1, 2024, to receive credit.

# Disclaimer

This CME program or activity has been planned to be well-balanced and objective in discussion of comparative treatment regimens and allows for the free scientific exchange of ideas. All treatment recommendations in a CME program or activity must be based on evidence that is accepted within the profession of medicine as adequate justification for their indications and contraindications in the care of patients. All scientific research referred to, reported, or used in CME in support or justification of a patient care recommendation conforms to the generally accepted standards of experimental design, data collection, and analysis. Information and opinions offered by the speakers represent their viewpoints. Conclusions drawn by the audience should be derived from careful consideration of all available scientific information.









# Faculty

# Course Directors, Moderators

Neha Patel, M.D.

Associate Professor Department of Internal Medicine, Division of Digestive and Liver Diseases UT Southwestern Medical Center

#### David Fudman, M.D.

Assistant Professor Department of Internal Medicine, Division of Digestive and Liver Diseases UT Southwestern Medical Center

# Keynote Speaker

# Christina Y. Ha, M.D.

Senior Associate Consultant Division of Gastroenterology and Hepatology Department of Internal Medicine Mayo Clinic

# Speakers

# David Fudman, M.D.

Assistant Professor Department of Internal Medicine, Division of Digestive and Liver Diseases UT Southwestern Medical Center

## Josephine Ni, M.D.

Assistant Professor Department of Internal Medicine Division of Digestive and Liver Diseases UT Southwestern Medical Center

## Javier Salgado Pogacnik, M.D.

Section Chief of Colorectal Surgery Associate Professor Department of Surgery UT Southwestern Medical Center

#### Neha Patel, M.D.

Associate Professor Department of Internal Medicine Division of Digestive and Liver Disease UT Southwestern Medical Center

#### Amisha Ahuja, M.D.

Assistant Professor Department of Internal Medicine Division of Digestive and Liver Disease UT Southwestern Medical Center

#### Tarek Sawas, M.D.

Assistant Professor Department of Internal Medicine Division of Digestive and Liver Disease UT Southwestern Medical Center

#### Rozy Mithani, M.D.

Associate Professor Department of Internal Medicine Division of Digestive and Liver Disease UT Southwestern Medical Center

Amy Lo, M.D. Clinical Assistant Professor Department of Internal Medicine Division of Digestive and Liver Disease UT Southwestern Medical Center

Luke Engelking, M.D., Ph.D. Associate Professor Department of Internal Medicine Division of Digestive and Liver Disease UT Southwestern Medical Center

#### Thomas Tielleman, M.D.

Assistant Professor Department of Internal Medicine Division of Digestive and Liver Diseases UT Southwestern Medical Center

#### Anna Tavakkoli, M.D., MSc

Assistant Professor Department of Internal Medicine Division of Digestive and Liver Disease Director of Bariatric Endoscopy UT Southwestern Medical Center

#### Maria Tian, M.D.

Assistant Professor Department of Internal Medicine Division of Digestive and Liver Disease UT Southwestern Medical Center

## Moheb Boktor, M.D.

Associate Professor Department of Internal Medicine Division of Digestive and Liver Disease UT Southwestern Medical Center

#### James Haddad, M.D.

Assistant Instructor Department of Internal Medicine UT Southwestern Medical Center



# Acknowledgments

# Exhibitors

As of March 7, 2024, The University of Texas Southwestern Medical Center gratefully acknowledges the exhibitors from the following companies in support of this CME activity:

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# Program Accessibility

We accommodate people with disabilities. Please email ky@cameroams.com for more information.



What's New in GI 2024

Agenda			
TIME		торіс	SP EA KER
7:20 a.m. 8:00 a.m.	8:00 a.m.	<b>Registration and Breakfast</b> Welcome	Dr. Fudman, Dr. Patel
8:00 a.m.	9:15 a.m.	Session 1: Disorders of the Foregut Update on Gastroparesis	Moderator: Neha Patel, M.D. Neha Patel, M.D.
		Eosinophilic Esophagitis: A Review and Some Updates	Amisha Ahuja, M.D.
		Gastroesophageal Reflux Disease Management Beyond Medications Q&A	Tarek Sawas, M.D.
		Break	
9:25 a.m.	10:55 a.m.	Session 2: Inflammatory Bowel Disease Where, When and How: Incorporating New IBD Therapies into our Clinical Practice	Moderator: David Fudman, M.D. David Fudman, M.D.
		Perioperative Management of IBD with Case Discussions	Josephine Ni, M.D.; Javier Salgado Pogacnik, M.D.; Moheb Boktor, M.D.; Christina Ha, M.D.
		Q&A	
11:10 a.m.	12:25 p.m.	Break Session 3: Keynote Presentation	
		Evaluating IBD Patients' Risk: Factors to Consider with Therapeutic Decision-Making	<b>Christina Ha, M.D.</b> <i>Mayo Clinic</i>
		Q&A	
1:30 p.m.	2:45 p.m.	Lunch Session 4: Disorders of the Colon	Moderator: Neha Patel, M.D.
	p	Practice Approach to Constipation	Rozy Mithani, M.D.
		Improving Detection of Sessile Polyps	Amy Lo, M.D.
		CRC Screening in the Younger Population	Luke Engelking, M.D., Ph.D.
		Q&A	
3:00 p.m.	4:30 p.m.	Break Session 5: Therapeutic Endoscopy	Moderator: James Haddad, M.D.
		The ABCs of POEM	Thomas Tielleman, M.D.
		Benign GI Strictures	Anna Tavakkoli, M.D., M.Sc.
		Periprocedural Management of Antithrombotics and Antiplatelets	Maria Tian, M.D.
		Complicated Case Discussion and Q&A with Panel	James Haddad, M.D., Thomas Tielleman, M.D., Anna Tavakkoli, M.D., Maria Tian, M.D.
		Closing Remarks	

