## Department of Anesthesiology and Pain Management



Friday, June 17, 2022

UT Southwestern Medical Center Pickens Biomedical Building Fourteenth Floor 6001 Forest Park Road Dallas, Texas

## THE MARGARET MILAM McDERMOTT CHAIR OF ANESTHESIOLOGY SEAL





In April 1966, the Board of Regents of the University of Texas announced the endowment of a Chair of Anesthesiology at Southwestern Medical School by Mr. & Mrs. Eugene McDermott, naming the Chair in honor of Mrs. McDermott. The departmental seal was designed by M.T. Jenkins (circa 1966) to commemorate the establishment of the Margaret Milam McDermott Chair of Anesthesiology.

In the form of the eternal circle, the seal has the initials of UTSMS Dallas at the top. The key in the center symbolizes the key role that anesthesiology plays in the relief of surgical pain. The kidney shape in the hand grip of the key symbolizes the department's dedication to fluid balance in the surgical patient. The locking device of the key is shaped like a shamrock symbolizing the Irish heritage of the McDermott Family. The lone star is the symbol of the state of Texas. On the left is the oriental poppy, the plant source of opium, symbolizing the pharmacologic relief of pain. On the right is the chondrodendron tomentosum, the plant source of curare, symbolizing surgical relaxation. The circle binds the alumni of the program into eternal union with the institution which trained them.

## Commencement Program

#### Welcome

Charles W. Whitten, M.D. - Chairman

#### Edward R. Johnson Outstanding Visiting Student Award

Presented by: Amy Woods, M.D.



The Edward R. Johnson Visiting Medical Student Award is presented by the Department of Anesthesiology and Pain Management in recognition of a non-UT Southwestern medical student who embodies the qualities that are essential for distinguished training in Anesthesiology. The recipient of this award functioned in a highly professional manner on the Basics of Anesthesiology Medical Student Clerkship. The participation in this clerkship allowed our faculty and residents the opportunity to observe this individual's availability to be involved in the clinical environment, his affable personality, and ability to grasp the core aspects of our discipline. We are honored to acknowledge **Philip F. Burchett** as this year's Edward R. Johnson Outstanding Visiting Medical Student.

#### M.T. "Pepper" Jenkins Outstanding Medical Student Award

Presented by: Amy Woods, M.D.



The M.T. "Pepper "Jenkins Award is presented by the Department of Anesthesiology and Pain Management in recognition of the UT Southwestern Medical Student who has demonstrated exceptional clinical performance to the faculty and staff. This award acknowledges a student with enthusiasm for the specialty of Anesthesiology. This year's recipient has distinguished herself among UT Southwestern students and should be highly motivated, a self-directed resident and future leader in Anesthesiology. We are honored to acknowledge Cayenne Price as this year's M.T. "Pepper" Jenkins Outstanding Medical Student.

#### James D. Griffin, M.D. Medical Student Teaching Award – AMY WOODS, MD

Presented by: Amy Woods, M.D. & Kevin Klein, M.D.

The James D. Griffin, M.D. Medical Student Teaching Award was established to recognize Dr. Griffin's ongoing dedication and commitment to teaching medical students in the Department of Anesthesiology and Pain Management. The award is presented annually to honor a faculty member who has exhibited excellence and dedication to our medical students' educational experience.

#### **Introduction of Commencement Speaker**

Presented by: Laura Delin, M.D., Ashley Jones, M.D., David Pham, M.D. & David Preston, D.O.



John Alexander, MD, MBA is an Associate Professor in the Department of Anesthesiology & Pain Management at UT Southwestern. He obtained his undergraduate degree from Texas A&M University, and then attended UT Southwestern for medical school and residency. After his fellowship in Pain Medicine at the University of Cincinnati and a brief stint in private practice, Dr. Alexander joined the faculty in 2011. He has been an active part of the pain management and regional anesthesia teams at Parkland throughout his time on the faculty. Yesterday was his 21<sup>st</sup> wedding anniversary to his beautiful wife, Tina, who runs a successful YouTube channel and is generally the more interesting partner to talk to at parties. They have two sons, Jack and Caleb, who are chiefly responsible for his gray hair.

#### **Presentation of Certificates to Resident Graduates**

Various Selected Faculty

#### **Presentation to Chief Residents**

Alycia Wanat-Hawthorne, M.D. & Ejike Okoro, M.D.

#### Mary Booth Steward, M.D. Memorial Award – CLAUDIA LORENTE, MD

Ravi Bhoja, M.D. & Caroline Cammack

Caroline Cammack, through The Whit Cammack Foundation, has generously established a new award in memory of her mother, Mary Booth Steward, M.D. As the first resident to graduate from the Department of Anesthesiology and Pain Management at UT Southwestern Medical Center, Dr. Steward set an extraordinary standard for all subsequent residents who would train in this program. She completed her residency in the mid-1950s and epitomized this new program that defined the legacy of its founder, M.T. "Pepper" Jenkins, M.D. She subsequently went on to serve the community of Abilene, TX while being the first anesthesiologist ever to represent the Department of Anesthesiology and Pain Management. With this honor, we will recognize a graduating resident who best demonstrates many of the intangible, humanistic qualities which were a trademark of Dr. Steward: compassion, professionalism, patient ownership and empathy.

#### Outstanding Resident Award – DAVID PRESTON, DO

Aditee Ambardekar, M.D., MSEd & Lawrence Liang, M.D.

This award is presented annually to the Outstanding Graduate Resident in Anesthesiology. This graduating resident clearly distinguished himself/herself both in and out of the operating room; while adhering to the 6 competency areas as prescribed by the Accreditation Council for Graduate Medical Education (ACGME). These are: Professionalism, Patient Care, Systems-Based Practice, Practice-Based Learning and Improvement, Interpersonal and Communication Skills and Medical Knowledge. This year the faculty would like to recognize the 2021-2022 resident they feel best met these goals and objectives.

#### Dennis F. Landers, M.D., Ph.D. Teaching Award – MELISSA BELLOMY, MD

Presented by: Allison Mootz, M.D., Tyler Speaks, M.D., Sean Tomes, M.D. & Hannah Viroslav, M.D.

This award is presented on behalf of the residents in recognition of the faculty member who has four or less years of experience in practice with UT Southwestern, Department of Anesthesiology and Pain Management and who they believe has consistently demonstrated a true enthusiasm for clinical teaching both in and out of the operating room. The recipient will receive a \$3,000 addition to their education fund. The residents would like to acknowledge and congratulate the recipient of the 2021–2022 Dennis F. Landers, MD, PhD Teaching Award.

#### Faculty of the Year - LISA MORSE, MD

Presented by: Laura Delin, M.D., Ashley Jones, M.D., David Pham, M.D. & David Preston, D.O.

This award is presented on behalf of the residents in recognition of the faculty member they believe best demonstrates true enthusiasm for clinical teaching both in and out of the operating room; and most consistently exemplifies the best of teaching, role modeling, and mentoring. The recipient will receive a \$5,000 addition to their education fund. The residents would like to acknowledge and congratulate the recipient of the 2021-2022 Faculty of the Year Award.



2021 – 2022 Anesthesiology Resident Graduates



#### Jeanette L. Chin, M.D.

University of California, Irvine, College of Medicine, Irvine, TX – 8/14 – 5/18 UT Southwestern Medical Center, Dallas, TX – 7/18 – 6/22

To all the faculty, senior residents, and other medical staff who invested time and energy into mentoring me, thank you for shaping me into the physician I have become. To my family, thank you for your unrelenting love and support throughout all these years. And to my patients, thank you for allowing me to be a small part of your life journey, and for being a big part of mine.

Future Plans - Critical Care Fellowship, UCLA



#### Laura Jean Delin, M.D.

Texas Tech University School of Medicine, Lubbock, TX – 8/14 – 5/18 UT Southwestern Medical Center, Dallas, TX – 7/18 – 6/22

I am extremely grateful for my time here at UTSW. THANK YOU (to the entire anesthesia department) for the valuable lessons both in training and life that made it all possible! To my co-residents - y'all are the smartest, funniest, coolest people I know. Stay in touch! To my family and friends - I love you dearly, thank you for your endless support.

Future Plans - Chronic Pain Fellowship, University of North Carolina



#### Robert Lowell Ethel, M.D.

University of Oklahoma College of Medicine, Oklahoma City, OK – 8/12 – 5/16 Baylor College of Medicine, Houston, TX – 7/16 – 6/17 United States Air Force, Vance Air Force Base, Enid, OK – 7/17 – 6/19 UT Southwestern Medical Center, Dallas, TX – 7/19 – 6/22

To the program leadership and administration, thank you for the opportunity to train at a great institution. To the faculty and staff, thank you for your patience, expertise, and willingness to teach. To my fellow classmates, thank you for making me a better anesthesiologist, learner, and person – I wish you all the best in your future and I hope our paths cross again. I would also like to thank my parents, family and friends for the constant love and support. And finally, thank you to, Abby, my wife, the love of my life and my best friend.

Future Plans - General, OB, Regional Anesthesia, Kessler Air Force Base in Biloxi, MS



#### Juan Gabriel Garcia, M.D.

University of Texas Medical School at San Antonio, San Antonio, TX – 8/14 – 5/18 UT Southwestern Medical Center, Dallas, TX – 7/18 – 6/22

I'd like to thank all the faculty who have mentored me and invested into my education. Thank you to the ancillary staff and residency administration for optimizing my residency experience and setting me up for success. Most importantly, thank you to my parents who have believed and supported me throughout the years.

Future Plans - Cardiac Fellowship, Emory



#### Tinh Thanh Huynh, M.D.

University of Vermont College of Medicine, Burlington, VT – 8/14 – 5/18 UT Southwestern Medical Center, Dallas, TX – 7/18 – 6/22

Future Plans – Chronic Pain Fellowship, Northwestern University



## Ashley Lauren Jones, M.D.

University of Kansas School of Medicine, Kansas City, KS – 8/14 – 5/18 UT Southwestern Medical Center, Dallas, TX – 7/18 – 6/22

To all the faculty who have contributed to my training over the past four years: thank you for your commitment to resident education and investing your time into making me better. You've helped me become the physician I am today and I am eternally grateful.

Drs. Ambardekar, Wanat, Liang, Okoro: words will never be enough to express how thankful I am for all that you've done for the residency program over the past four years. Although the amount of work you put into your job may sometimes go unnoticed, I am in awe of your dedication to the residency and know it would not be the same without you. My experience at UTSW has been greatly impacted by your advocacy for residents and encouragement to pursue my goals.

Lastly, thank you to my family and friends for supporting me through this process. Thank you to my parents for always being a phone call away and continuing to cheer me on from afar. Lastly, thank you to my husband Jake for your daily motivation, listening and positivity, even when residency made me an emotional tornado. Love you!

Thank you all!

Future Plans - Cardiac Fellowship, Texas Heart Houston



#### Noah Philip Jouett, D.O., PhD

University of North Texas HSC College of Osteopathic Medicine, Ft Worth, TX – 8/11 – 5/18 Medical City Weatherford, Weatherford, TX – 7/18 – 6/19 UT Southwestern Medical Center, Dallas, TX – 7/19 – 6/22

I have received an outstanding anesthesia education at UT Southwestern. My heartfelt thank-yous to the awesome faculty who have provided this education and for allowing me to participate in the care of their patients. I would be remiss if I didn't thank my family for being my support system during the challenges of residency. Most importantly, I would like to thank my wife and best friend, Nicole, for loving me and being so supportive of me during these 4 years.

Future Plans – Neuroanesthesia & Neuro Critical Care Fellowship, UTSW



#### Rachel Lea Kozinn, M.D.

University of Arizona College of Medicine, Phoenix, AZ – 8/14 – 5/18 UT Southwestern Medical Center, Dallas, TX – 7/18 – 6/22

Thank you to my closest family and friends for your support. To Scott Kaufman, thank you for everything that you do for me. You are my advocate, my voice of reason, the person that keeps me going - I love you. To Ami Motomochi, thank you for being my closest friend and confidant these past 4 years. I am so thankful we both matched here together. Lastly, I want to thank the VA Chronic Pain Faculty for my most beloved two months of residency. After my very first pain procedure, my jaw dropped with excitement, I turned to Dr. Chang and said, "This is it. I am doing a Pain Fellowship."

Future Plans – Chronic Pain Fellowship, Mayo Clinic Scottsdale



#### Claudia Lorente, M.D.

Texas A&M University System HSC College of Medicine, Bryan, TX – 8/13 – 5/18 UT Southwestern Medical Center, Dallas, TX – 7/18 – 6/22

To my husband and love of my life, Darin, thank you for your unwavering support; I would have not made it here without you by my side. Thanks to my children, Olivia and Connor, for being so understanding during the long work days and absent weekends, and for making me so happy with your unconditional love. To all the faculty and staff of the residency program, thank you for your teachings, guidance and support. To my fellow residents, each one of you enriched my life during these 4 years; I could have not imagined a more supportive class.

Future Plans – Pediatric Fellowship, UTSW Children's Medical Center



#### Amanda Motomochi, M.D.

Texas Tech University School of Medicine, Lubbock, TX – 8/14 – 5/18 UT Southwestern Medical Center, Dallas, TX – 7/18 – 6/22

Future Plans - Pediatric Fellowship, UTSW Children's Medical Center



#### Michelle V.L. Nguyen, M.D.

UT Southwestern Medical Center, Dallas, TX – 8/11 – 5/15 Einstein Medical Center, Philadelphia, PA – 7/15 – 6/17 Children's Hospital Los Angeles, Los Angeles, CA – 7/17 – 6/19 UT Southwestern Medical Center, Dallas, TX – 7/19 – 6/22

Future Plans – Pediatric Fellowship, Baylor College of Medicine, Texas Children's Hospital

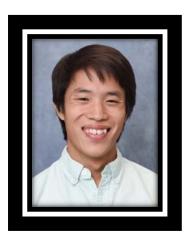


## Sagar Patel, M.D.

University of Texas Medical School at Houston, Houston, TX – 8/14 – 5/18 UT Southwestern Medical Center, Dallas, TX – 7/18 – 6/22

What a journey! I can't believe these 4 years have gone by and we are full blown anesthesiologists. I couldn't have done it without my amazing co-residents and outstanding faculty at all of the hospitals. I truly feel blessed and this accomplishment was only possible with the support of my loved ones. I'm going to miss UTSW, but I know we're all well trained and equipped to tackle any obstacle in the future.

Future Plans - Obstetric Fellowship, Harvard, Brigham & Women's Hospital



#### David Quang-Nam Pham, M.D.

University of Colorado School of Medicine, Denver, CO – 8/14 – 5/18 UT Southwestern Medical Center, Dallas, TX – 7/18 – 6/22

As I begin a new chapter in my life, I want to acknowledge and thank all of the people who have helped me to where I am today. To all the faculty and administration, as well as my fellow co-residents, I cannot thank you enough for providing such a wonderful residency program to learn and grow in. I also want to thank my parents for providing me with such a strong foundation and my brother, James, for helping me get settled in Dallas. To Albus and Pig, thank you for all the laughs. And finally, to my loving wife Gaylan and my beautiful daughter Eleanor, thank you for continuing to be my inspiration.

Future Plans - Academic Medicine, UTSW



#### David Preston, D.O.

University of North Texas HSC College of Osteopathic Medicine, Ft Worth, TX – 8/14 – 5/18 UT Southwestern Medical Center, Dallas, TX – 7/18 – 6/22

I couldn't be more thankful for the past four years - that by God's grace I've gotten to be around some of the most invested faculty and talented co-residents who have celebrated the highs, commiserated during the lows, and constantly pushed me to be better. Mom and Dad, Meg and Lydia, your constant encouragement from day one is why I'm here today. And finally, Chels, your support has meant the world to me. The way you've tirelessly loved me and the kids has been an incredible gift, and there's not a chance any of this could've happened without you.

Future Plans – Cardiac Fellowship, UT Houston

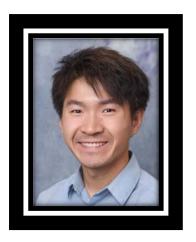


#### Austin Jeffrey Pucylowski, M.D.

Indiana University School of Medicine, Indianapolis, IN – 8/14 – 5/18 UT Southwestern Medical Center, Dallas, TX – 7/18 – 6/22

I would like to thank all the faculty members who made my training possible. It was a great four years. I would like to thank my parents for all the support they have given for the last eight years. And finally, I would like to thank my wife, Shayda, for being by my side through this process and beyond.

Future Plans - Cardiac Fellowship, UTSW



#### Jim Zhengji Sheng, M.D.

UT Southwestern Medical Center, Dallas, TX – 8/14 – 5/18 UT Southwestern Medical Center, Dallas, TX – 7/18 – 6/22

Firstly, thank you to all the faculty and staff I have worked with throughout my eight years at UT Southwestern. Many of you are the reason why I chose anesthesiology as a specialty, and I truly appreciate your mentorship and all the food you have bought for me. Then, thank you to my medical school and residency colleagues, who have been by my side through this long journey and my transition into a grey-haired anesthesiologist. I wish you all the best. Finally, the biggest thank you to my family, friends and loved ones who have stuck with me through thick-and-thin (by choice, of course). Your encouragement and all the non-medicine related companionship helped me through the hardest times, even if I could not always be there with you! All love.

Future Plans - Critical Care Fellowship, UT Houston



#### Timothy R. Shutter, M.D.

Texas A&M University System HSC College of Medicine, Bryan, TX – 8/14 – 5/18 UT Southwestern Medical Center, Dallas, TX – 7/18 – 6/22

Thanks to all faculty and staff at UT Southwestern for an excellent four years! A special thanks to my wife and family for the support over the last eight years during medical school and residency!

Future Plans - Critical Care Fellowship, Vanderbilt



### Stephen M. Topper, M.D., PhD

Tulane University School of Medicine, New Orleans, LA – 8/14 – 5/18 UT Southwestern Medical Center, Dallas, TX – 7/18 – 6/22

Future Plans - Private Practice, Las Colinas



#### Madeline Cullins Vernon, M.D.

UT Southwestern Medical Center, Dallas, TX – 8/14 – 5/18 UT Southwestern Medical Center, Dallas, TX – 7/18 – 6/22

Thank you to the faculty for your dedication to my education and training, starting from medical school and now through fellowship. I greatly appreciate your guidance in helping me grow professionally and personally. Thank you to my family, my parents, and to my husband, Andrew, for your endless support. To my co-residents, thanks for your willingness to swap calls and to swap stories in the LRC. And thank you Rebecca, Aretha, and the many others who ushered us through residency, making it happen behind the scenes.

Future Plans - Pediatric Fellowship, UTSW Children's Medical Center



#### Richard Florentine Villegas, M.D.

University of Santo Tomas, Manila, Philippines – 8/04 – 5/08 University of Nevada, Las Vegas, NV – 7/10 – 6/14 Medical College of Wisconsin, Milwaukee, WI – 7/14 – 12/14 University of California, San Diego, CA – 7/16 – 6/19 UT Southwestern Medical Center, Dallas, TX – 7/19 – 6/22

I want to thank Dr. Ambardekar for your mentorship all throughout residency and assistance with our burn research. I am super excited to be able to continue the project while I am at Wash U. Dr. Hardman and Dr. McDonagh, I appreciate your help with the greening the OR initiative. I plan to continue spreading environmental awareness in the Midwest. Thanks to Dr. Olomu for teaching me about peds anesthesia and investing for my future. I got to thank Dr. Iyer for opening my eyes to peds pain. Lastly, thank you to Dr. Proshad Efune for guiding me through training and always being an inspiration. Can't wait to be a part of the elite peds club!! #PICU #PedsAnes

Future Plans – Pediatric Fellowship, St Louis Children's Hospital, Washington University



#### Juliana Watson, M.D.

Ludwig Maximiliams University, München, Munich, Germany – 10/06 – 5/13 University of Oklahoma College of Medicine, Oklahoma City, OK – 7/13 – 9/17 UT Southwestern Medical Center, Dallas, TX – 7/18 – 6/22

To all the faculty and staff who made my education and residency experience possible, I appreciate everything you have done for me. To my fellow classmates, may you persevere in the next phase of your life and may we always remember the memories we shared while at UT Southwestern. I would also like to thank my parents, family and friends for the constant love and support. And finally, thank you to, Tom, the love of my life and my best friend.

Future Plans - Private Practice, DFW







## 2021 – 2022 Anesthesiology Fellowship Graduates

## Adult Cardiothoracic Anesthesiology Fellows



Arthur R. Mielke, Jr., M.D.

Uniformed Services UHS FE Hebert School of Medicine, Bethesda, MD – 8/05 – 5/09 National Capital Consortium, Bethesda, MD – 7/09 – 6/14 Brooke Army Medical Center, San Antonio, TX – 7/14 – 6/21 UT Southwestern Medical Center – Adult Cardiothoracic, Dallas, TX – 8/21 – 7/22



Jason Evan Smith, M.D.

R. Franklin University of Medicine & Science, Chicago, IL – 8/13 – 5/17 Medical College of Wisconsin, Milwaukee, WI – 7/17 – 6/21 UT Southwestern Medical Center – Adult Cardiothoracic, Dallas, TX – 8/21 – 7/22

## Obstetric Anesthesiology Fellows



Hannah White Burcham, M.D.

University of Texas Medical School at Houston, Houston, TX – 8/13 – 5/17 University of Oklahoma Health Sciences Center, Oklahoma City, OK – 7/17 – 6/21 UT Southwestern Medical Center – Obstetric, Dallas, TX – 8/21 – 7/22



Sannoor Surani Syed, M.D.

St. George's University School of Medicine, St. George, Grenada – 8/13 – 5/17 Elmhurst Hospital Center, Elmhurst, NY – 7/17 – 6/18 Boston Medical Center, Boston, MA – 7/18 – 6/21 UT Southwestern Medical Center – Obstetric, Dallas, TX – 8/21 – 7/22

#### Pain Medicine Fellows



Beric E. Berlioz, M.D.

State University of New York at Buffalo School of Medicine, Buffalo, NY – 8/13 – 5/17 Mayo Clinic, Jacksonville, FL – 7/17 – 6/21 UT Southwestern Medical Center – Pain Medicine, Dallas, TX – 8/21 – 7/22



## Rosemary De La Cruz, M.D.

Universidad Iberoamericana School of Medicine, Santo Domingo, Dominican Republic – 9/08 – 8/13 Mount Sinai Hospital, Chicago, IL – 7/17 – 6/18 Drexel University at Hahnemann University Hospital, Philadelphia, PA – 7/18 – 6/19 Cooper University Hospital, Camden, NJ – 7/19 – 6/21 UT Southwestern Medical Center – Pain Medicine, Dallas, TX – 8/21 – 7/22



#### Jonathan M. Le, M.D.

American University of the Caribbean, Cupecoy, Netherlands Antilles – 8/13 – 5/17 University Texas Houston McGovern Medical School, Houston, TX – 7/17 – 6/21 UT Southwestern Medical Center – Pain Medicine, Dallas, TX – 8/21 – 7/22





#### Maranatha Rose McLean, M.D.

University of Texas Medical Branch School of Medicine, Galveston, TX - 8/11 - 5/15 University of Texas Medical Branch School of Medicine, Galveston, TX - 7/17 - 6/18 Westchester Medical Center, Valhalla, NY - 7/18 - 6/21 UT Southwestern Medical Center – Pediatric, Dallas, TX - 8/21 - 7/22



#### Daniel Ruiz, M.D.

Baylor College of Medicine, Houston, TX – 8/12 – 5/17 University of Texas Medical Branch School of Medicine, Galveston, TX – 7/17 – 6/21 UT Southwestern Medical Center – Pediatric, Dallas, TX – 8/21 – 7/22



#### Angela Kay Shields, M.D.

University of Texas Medical Branch School of Medicine, Galveston, TX – 8/13 – 5/17 University of Nebraska Medical Center, Omaha, NE – 7/17 – 6/21 UT Southwestern Medical Center – Pediatric, Dallas, TX – 8/21 – 7/22



#### Pauline Karen Wong, D.O.

AT Still University of Health Science, Mesa, AZ – 8/13 – 5/17 Riverside University Health System, Moreno Valley, CA – 8/17 – 7/21 UT Southwestern Medical Center – Pediatric, Dallas, TX – 8/21 – 7/22

#### **Pediatric Cardiothoracic Fellow**



## Ingrid Moreno Duarte, M.D.

Universidad de los Andes, Bogota, Columbia – 1/05 – 12/10
Metro West Medical Center, Framingham, MA – 7/14 – 6/15
Tufts Medical Center, Boston, MA – 7/15 – 6/18
Duke University Medical Center, Durham, NC – 7/18 – 6/19
Duke University Medical Center, Durham, NC – 7/19 – 6/20
UT Southwestern Medical Center – Pediatric, Dallas, TX – 7/20 – 6/21
UT Southwestern Medical Center – Pediatric Cardiothoracic, Dallas, TX – 8/21 – 7/22

## **Anesthesiology Critical Care Fellow**



Jake Rice, M.D.

UT Southwestern Medical Center, Dallas, TX – 8/13 – 5/17 UT Southwestern Medical Center, Dallas, TX – 7/17 – 6/20 UT Southwestern Medical Center – Critical Care, Dallas, TX – 7/20 – 6/22

## Regional Anesthesiology and Acute Pain Medicine Fellow



Adam Lee Chadwick, M.D.

University of Florida College of Medicine, Gainesville, FL – 8/13 – 5/17 University of Florida Health Shands Hospital, Gainesville, FL – 7/17 – 6/21 UT Southwestern Medical Center – Regional & Acute Pain Medicine, Dallas, TX – 8/21 – 7/22



# Congratulations Anesthesiology Fellowship Graduates

#### Lessons Learned Along My Journey. . .

- 4 "There is no education like adversity." Benjamin Disraeli
- 4 "A heart is not judged by how much you love but by much you are loved by others." Wizard of Oz
- 🖊 "Everything that irritates us about others can lead us to an understanding of ourselves." Carl Jung
- "What you leave behind is not what is engraved in stone monuments, but what is woven into the lives of others." Pericles
  - 🖶 "The greatest glory in living lies not in never failing, but in rising every time we fall."- Nelson Mandela
- 🖊 "It takes twenty years to build a reputation and five minutes to ruin it. If you think about that you do things differently."- Warren Buffett
  - 🖶 "Change is the law of life. And those who look only to the past or present are certain to miss the future." John F. Kennedy
    - 😃 "He who is not courageous enough to take risks will accomplish nothing in life."- Muhammad Ali
      - When what we are, is what we want to be, that's happiness. Malcolm Forbes
      - Intelligence plus character that is the goal of true education. Martin Luther King, Jr.
        - # "Grief is the price we pay for love." Queen Elizabeth II
      - "Management is doing things right; leadership is doing the right thing". Peter F. Drucker
        - Surround yourself with people and ideas you respect Abraham Lincoln
      - Give thanks every day for having the opportunity to be a physician. Charles W. Whitten
- 🖶 Tell your patients, when the situation presents itself, that it is a privilege to be their physician. Jerry Kennett, MD (My parent's cardiologist)
  - A win/lose solution rather than a win/win is rarely successful. Thomas Jefferson
  - They may forget what you said, but they will never forget how you made them feel. Carl Buechner.
    - Perceptions are truths until proven otherwise.
    - If your heart and your head are talking to you differently, go with your heart.
      - Life is people, not stuff.
      - Make each day your masterpiece. John Wooden
      - You should make sure any speech you give is coming from the heart.
    - Seek first to understand, then to be understood. attributed to the Prayer of St. Francis of Assisi
      - The main ingredient of stardom is the rest of the team. John Wooden
        - Feedback is the breakfast of champions. Willis Tate
      - 🖶 🛮 It is what you learn after you know it all that counts. John Wooden
        - The unexamined life is not worth living. Socrates
        - The price of greatness is responsibility. Winston Churchill
  - Opportunity is missed by most people because it is dressed in overalls and looks like work. Thomas Edison
    - # If you want to stay in one place, you have to run ahead. Alice in Wonderland
    - The great thing about dreams is that sometimes you get to live them out. Payne Stewart
      - If I have seen further it is by standing on the shoulders of giants. Isaac Newton
      - 😃 "Other people go to an office. I get to coach. I know I've been blessed." Jim Valvano
- A man does what he must- in spite of personal consequences, in spite of obstacles and dangers and pressures- and that is the basis of all human morality. John F. Kennedy (Profiles in Courage)
  - # "Success is liking yourself, liking what you do, and liking how you do it." Maya Angelou
  - # "When people talk listen completely. Most people never listen." Ernest Hemingway



Best Wishes on your Journey,

Charles W. Witten my