

# Department of Anesthesiology and Pain Management

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Friday, June 8, 2018

UT Southwestern Medical Center  
Pickens Biomedical Building  
Fourteenth Floor  
6001 Forest Park Road  
Dallas, Texas

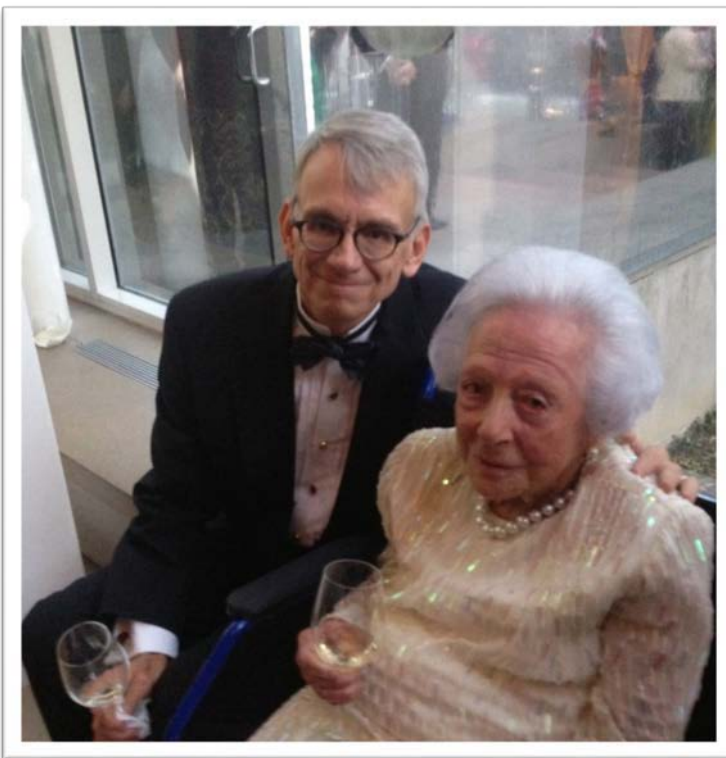
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# THE MARGARET MILAM McDERMOTT CHAIR OF ANESTHESIOLOGY SEAL

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In April 1966, the Board of Regents of the University of Texas announced the endowment of a Chair of Anesthesiology at Southwestern Medical School by Mr. & Mrs. Eugene McDermott, naming the Chair in honor of Mrs. McDermott. The departmental seal was designed by M.T. Jenkins (circa 1966) to commemorate the establishment of the Margaret Milam McDermott Chair of Anesthesiology.



In the form of the eternal circle, the seal has the initials of UTSMS Dallas at the top. The key in the center symbolizes the key role that anesthesiology plays in the relief of surgical pain. The kidney shape in the hand grip of the key symbolizes the department's dedication to fluid balance in the surgical patient. The locking device of the key is shaped like a shamrock symbolizing the Irish heritage of the McDermott Family. The lone star is the symbol of the state of Texas. On the left is the oriental poppy, the plant source of opium, symbolizing the pharmacologic relief of pain. On the right is the chondrodendron tomentosum, the plant source of curare, symbolizing surgical relaxation. The circle binds the alumni of the program into eternal union with the institution which trained them.

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# Commencement Program

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## Welcome

Charles W. Whitten, M.D. - Chairman

## Edward R. Johnson Outstanding Visiting Student Award – David Michael Preston

Presented by: Amy Woods, M.D.



*The Edward R. Johnson Visiting Medical Student Award is presented by the Department of Anesthesiology and Pain Management in recognition of a non-UT Southwestern medical student who embodies the qualities that are essential for distinguished training in Anesthesiology. The recipient of this award functioned in a highly professional manner on the Basics of Anesthesiology Medical Student Clerkship. The participation in this clerkship allowed our faculty and residents the opportunity to observe this individual's availability to be involved in the clinical environment, his affable personality, and ability to grasp the core aspects of our discipline. We are honored to acknowledge David Michael Preston as this year's Edward R. Johnson Outstanding Visiting Medical Student.*

## M.T. "Pepper" Jenkins Outstanding Medical Student Award – Madeline Cullins & Timothy Sheng

Presented by: Amy Woods, M.D.



*The M.T. "Pepper" Jenkins Award is presented by the Department of Anesthesiology and Pain Management in recognition of the UT Southwestern Medical Student who has demonstrated exceptional clinical performance to the faculty and staff. This award acknowledges a student with enthusiasm for the specialty of Anesthesiology. This year's recipients have distinguished themselves among UT Southwestern students and should be highly motivated, self-directed residents and future leaders in Anesthesiology. We are honored to acknowledge both Madeline Ann Cullins and Timothy Zhengji Sheng as this year's M.T. "Pepper" Jenkins Outstanding Medical Students.*

## Resident Award for Outstanding Medical Student Teaching – Colin Ehlenbach, M.D.

Presented by: Amy Woods, M.D.

*This award is presented by the Department of Anesthesiology and Pain Management in recognition of a Resident who has consistently and meaningfully engaged our medical students. This resident was selected and identified by numerous medical students as having the most impact on their education.*

## James D. Griffin, M.D. Medical Student Teaching Award – Meghan Michael, M.D.

Presented by: James D. Griffin, M.D. & Kevin Klein, M.D.

*The James D. Griffin, M.D. Medical Student Teaching Award was established to recognize Dr. Griffin's ongoing dedication and commitment to teaching medical students in the Department of Anesthesiology and Pain Management. The award is presented annually to honor a faculty member who has exhibited excellence and dedication to our medical students' educational experience.*

## Introduction of Commencement Speaker

Presented by: Grace Bryant, M.D., Andrea Murray, M.D., & Stephen Sarmiento, M.D.



*Irina Gasanova, M.D., Ph.D. is a Professor in the Department of Anesthesiology and Pain Management at UT Southwestern Medical Center. Dr. Gasanova currently serves as the Medical Director of Perioperative Services and Chief of Operating Room and Out of Operating Room Anesthesiology Services at Parkland Health and Hospital System. She attended medical school at Azerbaijan Medical University. After completing her internship at North Oakland Medical Center, she subsequently completed her anesthesiology residency at SUNY Upstate Medical University. In 2009, she was the winner of the Dennis F. Landers, M.D., Ph.D Teaching Award, presented to a faculty member who exhibits true enthusiasm for teaching both inside and outside of the operating room. Dr. Gasanova is married to her husband Zaur and together they have a daughter Zaira who is currently a medical student.*

## Presentation of Certificates to Resident Graduates

Various Selected Faculty

## Presentation of Certificates to Fellow Graduates and Presentation of Fellow Faculty of the Year

Charles W. Whitten, M.D., Steven Hill, M.D., Shannon Klucsarits, M.D., Stephanie Jones, M.D. & Jeffrey W. Steiner, D.O.

## Presentation to Chief Residents

Charles W. Whitten, M.D., Catherine Barden, M.D., Lawrence Liang, M.D. & Alycia Wanat-Hawthorne, M.D.

## Outstanding Research Awards – Callie Ebeling, M.D. & Amanda Fox, M.D., M.P.H.

Charles W. Whitten, M.D.

## Mary Booth Steward, M.D. Memorial Award – Andrea Murray, M.D.

Charles W. Whitten, M.D., Catherine Barden, M.D & Caroline Cammack.

*Caroline Cammack, through The Whit Cammack Foundation, has generously established a new award in memory of her mother, Mary Booth Steward, M.D. As the first resident to graduate from the Department of Anesthesiology and Pain Management at UT Southwestern Medical Center, Dr. Steward set an extraordinary standard for all subsequent residents who would train in this program. She completed her residency in the mid-1950s and epitomized this new program that defined the legacy of its founder, M.T. "Pepper" Jenkins, M.D. She subsequently went on to serve the community of Abilene, TX while being the first anesthesiologist ever to represent the Department of Anesthesiology and Pain Management. With this honor, we will recognize a graduating resident who best demonstrates many of the intangible, humanistic qualities which were a trademark of Dr. Steward: compassion, professionalism, patient ownership and empathy.*

## Outstanding Resident Award – Grace Bryant, M.D.

Catherine Barden, M.D., Lawrence Liang, M.D. & Alycia Wanat-Hawthorne, M.D.

*This award is presented annually to the Outstanding Graduate Resident in Anesthesiology. This graduating resident clearly distinguished himself/herself both in and out of the operating room; while adhering to the 6 competency areas as prescribed by the Accreditation Council for Graduate Medical Education (ACGME). These are: Professionalism, Patient Care, Systems-Based Practice, Practice-Based Learning and Improvement, Interpersonal and Communication Skills and Medical Knowledge. This year the faculty would like to recognize the 2017-2018 resident they feel best met these goals and objectives.*

## Presentation of Dennis F. Landers, M.D., Ph.D. Teaching Award – Nathaniel Loo, M.D.

Asif Khan, M.D., Jennifer Kim, M.D., Le Nguyen, M.D. & Mihir Parikh, M.D.

*This award is presented on behalf of the residents in recognition of the faculty member who has four or less years of experience in practice with UT Southwestern, Department of Anesthesiology and Pain Management and who they believe has consistently demonstrated a true enthusiasm for clinical teaching both in and out of the operating room. The recipient will receive a \$3,000 addition to their education fund. The residents would like to acknowledge and congratulate the recipient of the 2017-2018 Dennis F. Landers, MD, PhD Teaching Award.*

## Faculty of the Year – Alycia Wanat-Hawthorne, M.D.

Presented by: Grace Bryant, M.D., Andrea Murray, M.D., & Stephen Sarmiento, M.D.

*This award is presented on behalf of the residents in recognition of the faculty member they believe best demonstrates true enthusiasm for clinical teaching both in and out of the operating room; and most consistently exemplifies the best of teaching, role modeling, and mentoring. The recipient will receive a \$5,000 addition to their education fund. The residents would like to acknowledge and congratulate the recipient of the 2017-2018 Faculty of the Year Award.*



## 2017 – 2018 Residents



## Oluwafunmilayo Adebayo-Adonis, M.D.



Meharry Medical College School of Medicine, Nashville, TN – 8/09 – 5/13  
Ohio State University Wexner Medical Center, Columbus, OH – 7/13 – 6/15  
UT Southwestern Medical Center, Dallas, TX – 7/15 – 8/18

*"For I know the plans I have for you, declares the Lord, plans to prosper you and not to harm you, plans to give you a hope and a future"--Jeremiah 29:11*

*I would love to thank God for literally ordering my steps. Who would have thought I'd be in Dallas, a new city, in a new specialty, but God saw it fit to bring me here. I appreciate all of the love and support I've received from my family and friends. I am truly grateful to my husband, Dr. Michel Adonis, who came all the way down here to meet me. I am overjoyed at the life we've started for ourselves. I would also like to thank all of the faculty members who have been integral to my learning with a special shout out to Dr. Green! You will forever live in my heart. Thank you to my friends and the great times we've had here. Lastly, I am most grateful for Mr. Elijah Adonis who will make his debut here soon. So blessed to be your mama!*



## Kelechi Brenda Anyaehie, M.D., M.P.H.

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University of Texas Medical School at San Antonio, San Antonio, TX – 8/10 – 5/14  
UT Southwestern Medical Center, Dallas, TX – 7/14 – 7/18

*First and foremost I would like to thank God for allowing me to successfully make it through these last 4 years. To all the faculty and staff that have been a part of my journey and made valuable contributions to my education and residency experience, I truly appreciate all that you have done for me. To all my fellow classmates, good luck to you and all of your future endeavors. I would also like to thank my loving husband, mother, siblings and mother in law for being there for me and supporting me through this entire journey. To my energetic and ever so happy son, thank you for being patient with me and giving me the motivation to continue every day. Last but not least, to my father, my guardian angel, I know you are looking down and I hope I have made you proud. Love Brenda*

## James Robert Brann II, M.D.

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University of Texas Medical Branch School of Medicine, Galveston, TX – 8/10 – 5/14  
UT Southwestern Medical Center, Dallas, TX – 7/14 – 6/18

*To the faculty, administration, and staff—thank you for the endless hours of teaching and support. Words cannot express the gratitude I have for all of you. I am not sure what you saw in me 4 years ago but I am forever grateful. To my mentor Dr. Matchett—Many times we have met over coffee to talk about residency, life and just in general how I was doing. You have always been an anesthesiologist I wish to emulate, as you are an intelligent, highly motivated family man who is well respected by his peers. Thank you for the years of advice and confidence. To Mom, Dad, Sarah, and Matt—thank you for always being there for me no matter what, and always believing in me so I could accomplish my dream. Finally, to Lauren—Without you, I wouldn't be where I am today. You're my better half, my rock, and always have my back, even if it made your plans impossible. You are my motivation to be the best I can be. Thank you so all so much.*



## Grace Wilkowski Bryant, M.D.

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UT Southwestern Medical Center, Dallas, TX – 8/10 – 5/14  
UT Southwestern Medical Center, Dallas, TX – 7/14 – 6/18

*Thank you to the faculty for your dedication to teaching and taking care of our patients. Thank you to my mother and father for your tireless efforts and unconditional love. Thanks to my husband, sisters, and family for your love and support.*

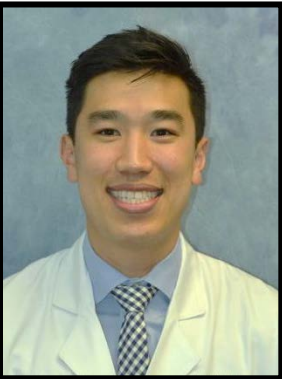


## Ivan Nicholas Chew, M.D.

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University of Texas Medical School at Houston, Houston, TX – 8/10 – 5/14  
UT Southwestern Medical Center, Dallas, TX – 7/14 – 6/18

*This journey would not have been possible without the support of my family. To my parents, thank you for your sacrifices, encouraging me in my pursuits, and inspiring me to follow my dreams. I always know that you believe in me and want the best for me. I would also like to thank my wife for her unconditional love and support. You have stood steadfastly by my side through the countless early mornings and long nights. You are my rock and the love of my life. Finally, I would like to thank my daughter for being my greatest inspiration and joy.*





## Nabila Choudhury, M.D.

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UT Southwestern Medical Center, Dallas, TX – 8/08 – 5/12  
UT Southwestern Medical Center, Dallas, TX – 7/12 – 6/13  
University of Oklahoma Health Science Center, Oklahoma City, OK – 7/13 – 6/14  
UT Southwestern Medical Center, Dallas, TX – 7/14 – 6/18

*To faculty and staff, thank you for the opportunity to train under your guidance and strive to become a better physician. To my friends and family, thank you for your support throughout the years.*



## Callie Gittemeier Ebeling, M.D.

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University of Texas Medical School at Houston, Houston, TX – 8/10 – 5/14  
University of Texas Medical School at Houston, Houston, TX – 7/14 – 6/15  
UT Southwestern Medical Center, Dallas, TX – 7/15 – 6/18

*Thank you to everyone in the Department of Anesthesia for making my experience at UT Southwestern so memorable. I am thankful that I have gotten to work with so many amazing faculty members and that I have had the opportunity to learn from the very best. Your dedication to teaching and patient care will impact me for the rest of my career. Thank you to my mom and dad for always cheering me on, supporting me, and loving me - I wouldn't have made it to this point without you! Thank you to my husband for being a constant source of love and support through all of residency - for always listening to me, being patient, and making me laugh!*



## Ahmed Sherif Embabi, M.D.

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University of Texas Medical School at Houston, Houston, TX – 8/10 – 5/14  
UT Southwestern Medical Center, Dallas, TX – 7/14 – 6/18

*To everyone that has carried me through the last 8 years of medical training, I could not be more grateful. To my faculty, you have given me the knowledge and confidence I require for a long and successful career. To my classmates, we have survived as a team and will carry that connection together forever. To my closest friends, you have seen me through tough times and great times, and have constantly enriched both. To my parents and little sister, you have been my rocks throughout my life and any success I have will always be shared between us all.*



## Shannon Patrick Garitty, M.D.

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University of Arizona College of Medicine, Glendale, AZ – 8/09 - 5/13  
Phoenix Integrated Surgical Residency, Phoenix, AZ – 7/13 – 6/15  
UT Southwestern Medical Center, Dallas, TX – 7/15 – 7/18

*Thank you to my amazing wife and wonderful son for all of their love and support throughout the residency experience. Thank you as well to all of my family and friends for their love and support. Thank you to all the faculty and staff for their guidance and for making my education and residency experience possible. Finally, thank you to my fellow classmates, I wish you all the best in your future endeavors.*



## Joseph A. Graham, M.B., B.Ch.

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Trinity College Dublin School of Medicine, Dublin, Ireland – 8/09 – 5/14  
UT Southwestern Medical Center, Dallas, TX – 7/14 – 6/18

*I would like to thank all of the faculty and my classmates for the support that was given throughout my tenure at UT. I am in your debt and will always look fondly upon my time in Dallas. I would also like to offer a special gratitude to my parents and Uncle Eugene who are present today. Your love and support was invaluable to me and something that I will forever cherish.*

## Hooman Heravi, M.D.

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UT Southwestern Medical Center, Dallas, TX – 8/10 – 5/14  
UT Southwestern Medical Center, Dallas, TX – 7/14 – 6/18

*The successful completion of my residency was made possible through invaluable support of my fellow classmates, tireless guidance of dedicated faculty, and exemplary assistance of staff at our anesthesia department.*

*My sincerest thanks are extended to my academic advisor, Dr. Irina Gasanova, and my mentor, Dr. Charles Whitten, for their selfless dedication to both my personal and academic development.*

*I would also like to thank Dr. Kevin Gingrich whose commitment to teaching and respect for knowledge have greatly influenced my way of thinking and shaped my interest in an academic career.*

*My special thanks go to my loving and caring wife, Samaneh, for her endless emotional support, unflinching encouragement, and unconditional love.*

## Ray K Hwong, M.D.

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UT Southwestern Medical Center, Dallas, TX – 8/08 – 5/12  
UT Southwestern Medical Center, Dallas, TX – 7/12 – 6/15  
UT Southwestern Medical Center, Dallas, TX – 7/15 – 6/18

*To the faculty and staff who made my residency experience possible, I appreciate all that you have done for me. To my friends and fellow co-residents, may you be exceptional in the places you venture and remember the bonds established in these years. To my father and late mother, thank you for all that you have done and for bearing with me all this time. To my lovely wife and child, thank you for supporting me through residency's ups and downs; I look forward to this next phase of our lives together.*

## Aveline Pascual Jerome, M.D.

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University of Texas Medical Branch School of Medicine, Galveston, TX – 8/10 – 5/14  
UT Southwestern Medical Center, Dallas, TX – 7/14 – 8/18

*From the bottom of my heart, I want to thank all the faculty and staff for helping me through residency and life outside of residency. You all are so understanding and compassionate. I would not have been able to raise my family and complete this program without you. Thank you to my co-residents, friends, and family for keeping me sane, believing in me, lifting me up when I was sad, and being there when I needed you. Thank you to my daughter Jubilee and my son Orion for being patient when I had to be away for work and study though my heart was always with you. And most importantly, thank you to my husband Sol for being the awesome default parent and my steadfast, rational, faithful better half. Our family would not have survived without you.*





## Gene Wook-Jihn Lee, M.D.

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University of Wisconsin School of Medicine and Public Health, Madison, WI – 8/10 – 5/14  
Presence Saint Francis Hospital, Evanston, IL – 7/14 – 6/15  
UT Southwestern Medical Center, Dallas, TX – 7/15 – 6/18

*Dear faculty and my fellow residents, I want to thank you for the good you have done me. I leave a different man than when I started working here.*



## John M. McGrimley, M.D., M.S.

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University of Arkansas for Medical Sciences College of Medicine, Little Rock, AR – 8/10 – 5/14  
UT Southwestern Medical Center, Dallas, TX – 7/14 – 6/18

*I'd like to thank the faculty and staff for all the guidance and help over the past four years. I'd also like to thank all my friends and family who have given support from both near and far. And especially to my wife, for her unconditional love, her dedication to our family and her unending encouragement throughout residency. Here's to the next chapter!*



## Zahid M. Merchant, M.D.

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University of Missouri-Kansas City School of Medicine, Kansas City, MO – 8/08 – 5/14  
UT Southwestern Medical Center, Dallas, TX – 7/14 – 6/18

*This has been a long and exciting journey! I would like to take this time to express my deepest gratitude to the most important people in my life who have made this journey easier by helping me overcome every obstacle on the way, no matter how big or small. I would like to thank my father, Munir, for instilling morals of hard work and dedication; I would like to thank my mother, Munira, for instilling her compassion and caring demeanor; I would like to thank my brother, Akeel, for being a part of this journey with me through the ups and downs. I would also like to thank Paisley, my other half. I could have never made it without the support and love from God, my family, friends, classmates, and esteemed faculty of UTSW. Thank you for a great four years. Here's to moving on to bigger things!*

## Andrea Joy Murray, M.D.

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University of Kentucky College of Medicine, Lexington, KY – 8/03 – 5/07  
University of Tennessee at Memphis, Memphis, TN – 7/07 – 6/11  
Christ Community Health Services, Memphis, TN – 7/11 – 6/15  
UT Southwestern Medical Center, Dallas, TX – 7/15 – 6/18

*First and foremost, I want to thank Jesus Christ, for without Him I am nothing! I am truly thankful that God saw fit to order my steps to UTSW Department of Anesthesiology. He has encouraged me, sustained me, and walked with me every step of the way and for that I am incredibly grateful. Dad, thank you for loving me relentlessly, encouraging me consistently, always being in my corner, and believing in me even when I doubted myself. Mom, 18 years later, you remain my greatest inspiration and role model, I love you! Iman, thank you for pushing me to pursue my dream of becoming an Anesthesiologist despite my fears, your memory motivates me to conquer all my fears! To my tribe, my family, friends, and sisters, who are constant and unwavering in your love for me, thank you for not merely celebrating with me on the mountaintops, but sitting with me in the valleys as well. You all are unrivaled!*

*To the UTSW faculty and staff, my words are inadequate to express my gratitude to you for your investment in me over these past three years. Thank you for the countless hours you spent teaching me, challenging me, supporting me, and imparting wisdom to me. Your impact on my life is a lasting one! To my co-residents, you are more than colleagues, you are my friends. I would not have made it through without you. I can't wait to see what the future holds for each of you! To the Anesthesia Techs, I didn't say thank you enough. There is no way I could leave you out. You too, have made me a better Anesthesiologist, thank you for your support, your pearls of wisdom, for lightening my load, and for always having my back; I have learned much from you, thank you! Finally, to my patients, thank you for allowing me the privilege of caring for you in your most vulnerable moments, it was truly an honor. I would not be here were it not for your confidence, patience, and trust. Thank you!*





## Stephen Andrew Sarmiento, M.D.

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Georgetown University School of Medicine, Washington, DC – 8/10 – 5/14  
UT Southwestern Medical Center, Dallas, TX – 7/14 – 6/18

*I would like to thank all the wonderful members of the Department of Anesthesiology and Pain Management who have made the past four years such an unforgettable time. Thank you to my co-chiefs who endured all the ups and downs of the past year together. Finally, thank you to my parents for always being there throughout this journey.*



## Stephen William Sawyer, M.D., M.P.H.

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University of Oklahoma College of Medicine, Oklahoma City, OK – 8/09 – 5/14  
UT Southwestern Medical Center, Dallas, TX – 7/14 – 6/18

*To all the faculty and staff of the Department of Anesthesiology and Pain Management, thank you for all you have done for me throughout my time at UTSW. The lessons you taught me both in and out of the OR will be invaluable as I embark on the next phase of my career. To my fellow classmates, I wish you all the best in all of your future endeavors, both personally and professionally, and I am honored to call you all my colleagues. To mom and dad, thank you for all of your support through this long and difficult journey. I can honestly say that without you I would never have made it this far and, I am forever grateful for all that you have done for me. And finally, to my wife, Brooke, the woman of my dreams and mother to our son, I cannot begin to thank you for being by my side through this long and difficult journey. Without you, this accomplishment would not be possible. Everett and I are blessed to have you in our lives. I love you!*



## Benjamin Russell Sessions, M.D.

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University of Arkansas for Medical Sciences College of Medicine, Little Rock, AR – 8/10 – 5/14  
UT Southwestern Medical Center, Dallas, TX – 7/14 – 6/18

*I would like to thank all of my family and friends who have helped me get to this point. I would especially like to thank my wonderful wife, Devin, who has been a constant source of love and support as well has a fantastic mother our beautiful son, Isaac. Finally, I need to thank my mother and father, my in-laws Debbie and Joe, & Kandie and Ethan who have all played a key role whether as emergency baby-sitters, meal providers, or hosts for a much needed pool day to blow off some steam.*



## Tristyn Veronique St. Thomas-Achoja, M.D.

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Meharry Medical College School of Medicine, Nashville, TN – 8/10 – 5/14  
UT Southwestern Medical Center, Dallas, TX – 7/14 – 7/18

*I would like to give thanks to God for being my strength and carrying me through this journey.*

*I would also like to thank my parents, my husband, Ruke, family and friends for their constant love and support. I could not have made it this far without you all! I am grateful for each and every one of you.*

*To all of the faculty, in particular Drs. Barden and Wanat-Hawthorne, and staff who made my education and residency experience possible, I appreciate everything you have done for me.*

*To my fellow classmates, may you persevere in the next phase of your life and may we always remember the memories we shared while at UT Southwestern.*



## Michael Panganiban Tulio, M.D.

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University of Texas Medical School at San Antonio, San Antonio, TX – 7/10 – 5/14  
Harbor-UCLA Medical Center, Los Angeles, CA – 7/14 – 6/15  
UT Southwestern Medical Center, Dallas, TX – 7/15 – 6/18

*I would not have made it where I am today without the people in my life that constantly and unconditionally believe in me. Because of you, I can go into the world and use the things I've learned to help countless others who are in need. To all the faculty, staff, and co-residents, thank you for helping me to develop these skills and experiences that will shape how I will affect the world. Mom and Dad, you have been the guiding beacon in my life, challenging me to understand something greater than myself. Phil, Patrick, and Hailey, you constantly remind me what it means to fight for brothers, sisters, and family. Sochi, thank you for comforting me on a daily basis. And last but not least, to Thanh, who has been by my side through it all, thank you for putting up with me. I could not have asked for a better best friend and partner in crime.*



## Willis Taylor Williams, M.D.

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University of Cincinnati, Cincinnati, OH – 8/06 – 5/10  
Yale University, New Haven, CT – 7/10 – 4/14  
UT Southwestern Medical Center, Dallas, TX – 3/15 – 3/18



**CONGRATULATIONS!**

**RESIDENCY CLASS OF 2018**

# 2017 – 2018 Fellows

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## Stephen Alcos, D.O.

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Midwestern University (Arizona College of Osteopathic Medicine), Glendale, AZ – 7/09 - 5/13  
Nova Southeastern University (Larkin Community Hospital), Miami, FL – 7/13 – 6/17  
UT Southwestern Medical Center – Pediatric, Dallas, TX – 8/17 – 7/18

*To all the faculty and staff who made my education and fellowship experience possible, I appreciate everything you have done for me. To my family and friends, thank you for the constant love and support. To my parents, thank you for raising me to be the person I am today. And finally, to my wife, Alexandra, thank you for being my rock and better half.*



## Justin Matthew Anderson, M.D., M.P.H.

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University of Oklahoma Health Science Center, Oklahoma City, OK – 8/06 – 12/08  
University of Oklahoma College of Medicine, Oklahoma City, OK – 8/09 – 5/13  
University of Oklahoma, Oklahoma City, OK – 7/13 – 6/17  
UT Southwestern Medical Center – Pain Medicine, Dallas, TX – 7/17 – 6/18

*To all the pain faculty, thank you for making it a great year. It has truly been a pleasure working with you all. Thank you to Rebecca Davis for all the assistance in navigating through fellowship. And lastly I want to thank my wife for all her hard work in providing so much support and for sways keeping our (growing) family on track throughout both residency and now fellowship.*



## Justin Blinn, M.D.

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University of Tennessee Health Science Center, Memphis, TN – 7/07 - 5/11  
Penn State Milton S. Hershey Medical Center, Hershey, PA – 7/11 – 9/13  
UT Medical Branch, Galveston, TX – 7/14 – 6/17  
UT Southwestern Medical Center – Adult Cardiothoracic, Dallas, TX – 8/17 – 7/18

## Travis James Boud, D.O.

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Arizona College of Osteopathic Medicine of Midwestern University, Glendale, AZ – 8/09 – 5/13  
UT Southwestern Medical Center, Dallas, TX – 7/13 – 6/17  
UT Southwestern Medical Center – Adult Cardiothoracic, Dallas, TX – 8/17 – 7/18

*I would like to thank my amazing wife, Chels, for her constant support during both Residency and Fellowship. I couldn't have done it without her. Jack man, for giving me a "beeg hug" every day when I came home (I usually needed it, but always appreciated it). Ravi Joshi, as CT Fellowship Director, for a huge contribution to our education. Alycia Wanat-Hawthorne for being an awesome "most despicable master" (yes, that makes me her Minion) and always having my back. Suzanne Dellaria for always watching out for us; Lisa Morse for keeping it "dilly dilly;" Daisuke Nonaka for being willing to stay late for mock orals (I've almost forgiven you for making me use dopamine); Isaac Lynch (who I haven't forgiven for making me use a bronchial blocker during a lung transplant); Ashley Yager, because working with me was always (purposefully) exasperating. I would also like to thank, in no particular order: Marco Aguirre, Amanda Fox, Chen Shi, Sree Cheruku, Joe Webb, Norman Huang, Phil Greulich, and Steve Hill, all of who have made significant contribution to my education and clinical experience. A special shout out and thank you is due to Rebecca Davis and Kimberly King for putting up with me for a full year and helping regularly with everything from scheduling to reimbursements. Also, thank you to everyone in the Residency Program and all of the great attendings and co-residents I've worked with over the last five years. I apologize in advance, and retrospectively, to anyone I failed to mention by name.*



## Ripple Chokshi, M.D.

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University of Miami LM Miller School of Medicine, Miami, FL – 8/09 – 5/13  
Mount Sinai Beth Israel, New York, NY – 7/13 – 6/14  
UT Southwestern Medical Center, Dallas, TX – 7/14 – 8/17  
UT Southwestern Medical Center – Critical Care Medicine, Dallas, TX – 8/17 – 8/18

*I want to thank my family for always supporting me. I also want to thank all of the critical care faculty for their mentoring and encouragement. I've learned a lot this year. On to the next one!*

## Proshad Nemati Efune, M.D.

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UT Southwestern Medical School at Dallas, Dallas, TX – 8/05 – 5/09  
University of Pennsylvania - Pediatric Residency, Philadelphia, PA – 7/09 – 5/12  
UT Southwestern Medical Center, Dallas, TX – 7/12 – 6/15  
UT Southwestern Medical Center – Pediatric Critical Care Medicine, Dallas, TX – 7/15 – 6/17  
UT Southwestern Medical Center – Pediatric, Dallas, TX – 7/17 – 7/18

*It has been an incredibly long road and I'm so pleased to say this is my last graduation. Thank you to my parents for always knowing what I've needed and when I've needed it to help me make it through this journey, to my husband for running our household, taking care of me, and being everything our son could want in a father all without complaint, and to my son Rami for helping me realize what it means to live an absolutely fulfilled life. I also want to thank Dr. Whitten, Dr. Henry, Dr. Kimatian, and Dr. Steiner for their unwavering support during my non-traditional path. And lastly, to Dr. Szmuk, your mentorship and guidance have been more valuable than you can know.*

## Steve Jay Hong, M.D.

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University of Texas Medical School at Houston, Houston, TX – 8/09 – 5/13  
UT Southwestern Medical Center, Dallas, TX – 7/13 – 6/17  
UT Southwestern Medical Center – Pain Medicine, Dallas, TX – 7/17 – 6/18

## Thomas J. Hong, D.O.

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Touro University College of Osteopathic Medicine, Vallejo, CA – 8/09 – 6/13  
Maimonides Medical Center, Brooklyn, NY – 7/13 – 6/17  
UT Southwestern Medical Center – Pain Medicine, Dallas, TX – 7/17 – 6/18

*I would like to say thank you to the faculty and staff of the Anesthesiology and Pain Management department for making this short year a pleasant one. Your kindness, patience and mentorship will not be forgotten. I'm honored to consider myself a part of this incredible institution and the UT Southwestern family!*



## Alexa Courtney Kaminski, M.D.

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Florida State University College of Medicine, Tallahassee, FL – 8/09 – 5/13  
UT Southwestern Medical Center, Dallas, TX – 7/13 – 6/17  
UT Southwestern Medical Center – Obstetric, Dallas, TX – 8/17 – 7/18

*I would like to thank and share my gratitude for my parents who made every step of this journey possible. Thank you to Eric for supporting me every day of residency & fellowship. Lastly, I am very grateful to the faculty, colleagues and friends for the lessons, laughs and love shared over the past five years.*



## John Longanecker, D.O.

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University of North Texas HSC, College of Osteopathic Medicine, Ft Worth, TX – 7/07 - 5/11  
Texas Tech Health Science Center, Lubbock, TX – 7/11 – 6/15  
UT Southwestern Medical Center – Pediatric, Dallas, TX – 8/17 – 7/18

## Mary Ellen Thurman, D.O.

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University of North Texas HSC, College of Osteopathic Medicine, Ft Worth, TX – 7/09 - 5/13  
University of Arkansas for Medical Sciences College of Medicine, Little Rock, AR – 7/13 – 6/17  
UT Southwestern Medical Center – Pediatric, Dallas, TX – 8/17 – 7/18

*To all the faculty and staff who contributed to my fellowship education, I am forever grateful of everything I have learned. My collective experience at Children's Medical Center over the past year has provided me with an invaluable source of information that I will apply to my future career in Pediatric Anesthesiology. To my co-fellows, John, Proshad, and Steve, thanks for all your encouragement throughout the highs and lows of our journey together. I learned an incredible amount from each of you, and the memories we made over this short year won't be forgotten. Wishing you the best in your future careers/endeavors! I would also like to thank my parents, family and friends for their constant love, support and encouragement in helping me get through this final chapter of my education. And finally, thank you to Matt, for believing in me, strengthening my confidence, giving me grace, loving me unconditionally, and persistently challenging me to give my all and put forth my best effort, regardless of the circumstance before me.*



## Matthew Harry Lee Wilkerson, M.D.

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University of Texas Medical School at San Antonio, San Antonio, TX – 7/09 – 5/13  
University of Tennessee, Knoxville, TN – 7/13 – 6/17  
UT Southwestern Medical Center – Critical Care Medicine, Dallas, TX – 8/17 – 8/18

*Thanks to all the UTSW staff that made my fellowship such a great experience.*


# Congratulations!! Fellowship Class of 2018



# Lessons Learned Along My Journey. . .

## WHAT WILL MATTER

by Michael Josephson



Ready or not, some day it will all come to an end.  
There will be no more sunrises, no minutes, hours or days.  
All the things you collected, whether treasured or forgotten, will pass to someone else.  
Your wealth, fame and temporal power will shrivel to irrelevance.  
It will not matter what you owned or what you were owed.  
Your grudges, resentments, frustrations and jealousies will finally disappear.  
So too, your hopes, ambitions, plans and to-do lists will expire.  
The wins and losses that once seemed so important will fade away.  
It won't matter where you came from or what side of the tracks you lived on at the end.  
It won't matter whether you were beautiful or brilliant.  
Even your gender and skin color will be irrelevant.

So what will matter? How will the value of your days be measured?

What will matter is not what you bought but what you built,  
not what you got but what you gave.  
What will matter is not your success but your significance.  
What will matter is not what you learned but what you taught.  
What will matter is every act of integrity, compassion, courage or sacrifice that enriched,  
empowered or encouraged others to emulate your example.

What will matter is not your competence but your character.  
What will matter is not how many people you knew,  
but how many will feel a lasting loss when you're gone.  
What will matter is not your memories but the memories of those who loved you.  
What will matter is how long you will be remembered, by whom and for what.

Living a life that matters doesn't happen by accident.  
It's not a matter of circumstance but of choice.  
Choose to live a life that matters.

- *"Grief is the price we pay for love."* – Queen Elizabeth II
- *If you tell the truth, you never have to remember what you said.*
  - *When you are finished changing, you are finished.*
- *Ask yourself on a regular basis "What do I want my legacy to be."*
  - *Life is people, not stuff.*
- *The price of greatness is responsibility.* – Winston Churchill
  - *Make each day your masterpiece.*
- *A man has got to know his limitations.* – Dirty Harry
- *Feedback is the breakfast of champions.* – Willis Tate
- *The price of greatness is responsibility.* – Winston Churchill
- *One of the highest of human duties is the duty of encouragement.*
- *It is what you learn after you know it all that counts.* – John Wooden
- *Surround yourself with people and ideas you respect* – Abraham Lincoln
- *The main ingredient of stardom is the rest of the team.* – John Wooden
- *When what we are, is what we want to be, that's happiness.* Malcolm Forbes
- *If you want to stay in one place, you have to run ahead.* – Alice in Wonderland
- *Listening, not imitation, may be the sincerest form of flattery.* – Dr. Joyce Brothers
- *Give thanks every day for having the opportunity to be a physician.* – Charles W. Whitten
- *"Other people go to an office. I get to coach. I know I've been blessed."* – Jim Valvano
- *Keep away from people who try to belittle your ambitions. Small people always do that, but the really great make you believe that you, too, can become great,* – Mark Twain
- *Tell your patients, when the situation presents itself, that it is a privilege to be their physician.* Jerry Kennett, MD (My parent's cardiologist)
  - *"I would rather believe in people and be disappointed some of the time than never believe and be disappointed all the time."* – John Wooden
- *Golf is the closest game to the game we call life. You get bad breaks from good shots; you get good breaks from bad shots—but you have to play the ball where it lies. The breaks will even themselves up in the long run, if the run is long enough.* – Bobby Jones
- *Good leadership exudes from a combination of knowledge in the hand, experience in the gut and feelings in the heart.*
- *"You will never reach your destination if you stop and throw stones at every dog that barks."* – Winston S. Churchill
  - *Seek first to understand, then to be understood.* – attributed to the Prayer of St. Francis of Assisi
  - *The more glass half-full people you associate with, the more successful and happy you will be.*
  - *"Management is doing things right; leadership is doing the right thing".* – Peter F. Drucker
    - *Not until we are lost do we begin to understand ourselves.* – Henry David Thoreau
  - *The great thing about dreams is that sometimes you get to live them out.* – Payne Stewart

Best Wishes on your Journey,

Charles W. Whitten, MD

