Child Care Resources Toolkit
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Introduction

The Child Care Resources Toolkit is intended to provide a resource for employees who may need assistance with finding available childcare services. We recognize that we are in unprecedented times as we must adjust to changes to our regular ways of life and work due to the coronavirus.

We have compiled a list of resources from various organizations that may help our employees during this time. We understand the decisions about childcare are not one size fits all and encourages everyone to research each option to make sure it is a good fit for you.

Benefits & Wellness Department

Legal Disclaimer

This Child Care Toolkit (the “Toolkit”) includes information about childcare, tutoring services and programs and is provided to members of the UT Southwestern community for informational purposes only. UT Southwestern has not performed background checks, medical screenings, or otherwise screened or vetted the qualifications or operations of any service providers or programs discussed in the Toolkit. The Toolkit does not constitute or imply UT Southwestern’s affiliation with any service or program, or the endorsement, recommendation, promotion, or solicitation to purchase or use any service or program. The information was obtained from sources believed to be reliable, but UT Southwestern cannot guarantee accuracy, completeness, or timeliness. THERE IS NO WARRANTY OF ANY KIND, EXPRESS OR IMPLIED, REGARDING THE SERVICES AND PROGRAMS DISCUSSED HEREIN.
ARE YOU READY TO SEND YOUR CHILDREN BACK TO SCHOOL?

Here is a checklist of questions parents can ask themselves while determining if their children are ready to go back to school.

Parents: Things to Think about

☐ How old are your children? Younger children can be isolated in a single classroom more easily than a middle school or high school students. Older children have other ways to socialize and can handle virtual learning better.

☐ If you had to quarantine for two weeks starting tomorrow, could you? Before sending kids back to school plan for the very likely scenario what if they have to be quarantine are you prepared.

☐ Can you afford not to send them to school? There is no perfect decision. Most families will make choices based on what they feel is right and makes sense for their families for this year.

What to Look for or Ask Your School

☐ Are the number of cases in the area low enough for schools to reopen?

☐ When and how will masks be required and how will the school support mask use?

☐ Will hand washing stations or hand sanitizer be available throughout the school and when will children be required to wash their hands?

☐ When and how will physical distancing be maintained throughout the school day?

☐ Will outdoor air supply rates (ventilation) be increased in school buildings, including classrooms, and how will the school verify that ventilation is adequate?

☐ Does the ventilation system use a filter with a rating of MERV 13 or higher for the air going into the classrooms and has it been inspected or replaced recently?

☐ Will portable air cleaners with HEPA filters be used in classrooms and other relevant spaces in the school?

☐ Will any physical barriers (e.g., Plexiglass) be installed in the school?

☐ Will de-densification strategies, like staggered arrival and dismissal times, be implemented?

☐ Will the school consider using alternative classroom and lunchroom spaces?

☐ How will the school limit the number of shared surfaces and what is the plan for regularly disinfecting surfaces throughout the entire school?

☐ How sill transportation to and from school change when school reopens?

☐ Who is the “point person” or person in charge of the COVID-19 response team/plan and how will they communicate changes in school policy to parents/students?

☐ What guidance for contact tracing, testing, and quarantine/isolation is in place in the event that my child’s teacher or another student in the class contracts COVID-19?

☐ How will parents, students, and staff be educated about symptoms and will temperature or other health checks be done on students, staff and teachers every day?

☐ Will students be allowed to participate in sports?

☐ Will recess be modified when schools reopen?

☐ What precautions will there be during physical education, indoor choir, band, or theater to make these activities safer?
What other policy changes are being considered to reduce COVID-19 transmission risk?

If a teacher or student has to stay home, what strategies are in place to support remote work or learning and make sure students don’t fall behind in their schoolwork?

Plan for Your Child to Go Back to School

- Check in with your child each morning for signs of illness. If your child has a temperature of 100.4 degrees or higher, they should not go to school.
- Make sure your child does not have a sore throat or other signs of illness, like a cough, diarrhea, severe headache, vomiting, or body aches.
- If your child has had close contact to a COVID-19 case, they should not go to school. Follow guidance on what to do when someone has known exposure.
- Identify your school point person(s) to contact if your child gets sick.
- Be familiar with local COVID-19 testing sites in the event you or your child develops symptoms. These may include sites with free testing available.
- Make sure your child is up to date with all recommended vaccines, including for flu. All school-aged children should get an influenza flu vaccine every season, with rare exceptions. This is especially important this year because we do not yet know if being sick with COVID-19 at the same time as the flu will result in more severe illness.
- Review and practice proper hand washing techniques at home, especially before and after eating, sneezing, coughing, and adjusting a face cover. Make hand washing fun and explain to your child why it’s important.
- Be familiar with how your school will make water available during the day. Consider packing a water bottle.
- Develop daily routines before and after school—for example, things to pack for school in the morning (like hand sanitizer and an additional (back up) cloth face covering) and things to do when you return home (like washing hands immediately and washing worn cloth face coverings).
- Talk to your school administrators and teachers about their plans for physical education and physical activity (e.g., recess). Safer options include being outdoors when possible, reducing the number of people in an indoor space, and encouraging students to stay at least 6 feet apart.
- How will the school limit the number of shared surfaces and what is the plan for regularly disinfecting surfaces throughout the entire school?
- Ask how your school plans to help ensure that students are following practices to reduce the spread of COVID-19.
- Label your child’s cloth face coverings clearly in a permanent marker so that they are not confused with those of other children. Don’t touch the face covering if you do not wash your hands.
- Try to attend school activities and meetings. Schools may offer more of these virtually.
Another school year begins for tens of thousands of North Texas students but this time they'll be learning in-person with less stringent COVID-19 protocols.

**Will my child have to wear a mask to school?**

Please go to your district’s web page for the most up to date information.

Debate continues over whether kids, teachers should be required to wear masks in Texas schools. The debate over mask mandates in schools has once again been reignited after the CDC recommended to have all students and teachers mask up.

**Will schools require students to be vaccinated?**

While the Texas Department of State Health Services does have the authority to set immunization requirements for schools, Gov. Abbott banned state agencies and organizations that receive state funds from requiring proof of the COVID-19 vaccine. Still, Dr. Kaplan said anyone who is eligible to get vaccinated should. "We do have a safe and effective vaccine so your best bet is to get vaccinated if you can. And we are also hopeful that vaccines for children between the ages of 5-12 will become available as early as September," he said. Both Pfizer and Moderna are in the process of testing their vaccines on school-aged children and are expected to apply for FDA approval by September.  

What are the current COVID-19 safety protocols for my school district?

Allen ISD

**Mask Requirements:** Please check with your district web site for the most update information.

All students in Allen ISD will return to in-person learning on Aug. 11. The district hopes to find a balance between health, safety and learning to help students achieve success for the year.

Arlington ISD

**Mask Requirements:** Please check with your district web site for the most update information.

Arlington ISD’s first day of school is Aug. 16.

**Virtual Learning:** A virtual learning option for Pre-K through sixth grade is being offered at this time. Please visit your ISD website for detailed information.

Carrollton-Farmers Branch ISD

**Mask Requirements:** Please check with your district web site for the most update information.

**Virtual Learning:** In addition to in-person learning, Carrollton-Farmers Branch ISD is offering a temporary online option beginning on August 23rd through the end of the first grading period ending on October 15th. The CFBISD Online Option will be offered to students in Kindergarten through 6th grade, where COVID-19 vaccinations are not yet available. This temporary learning solution allows students to engage in online learning utilizing CFBISD instructional resources in kindergarten through 6th grade. Instruction will follow the standard grade level CFBISD Scope and Sequence. This model does not
resemble last year's online virtual learning where students directly interacted with a live teacher. Parents must complete an on-line application at www.enrollcfb.com for their student to apply for the CFBISD Online Option. The application window will open on Thursday, August 12th at noon and close by Sunday, August 15th at 11:59 p.m. NOTE: Acceptance into the Online Option is based on availability at each grade level. CFBISD will welcome all students back to campuses on Aug. 10. Plexiglas dividers have been removed but daily cleaning and the use of hand sanitizer will continue. Some field trips will resume.

**Dallas ISD**

**Mask Requirements:** Please check with your district web site for the most update information.

The largest school district in North Texas has three different school calendars. Five of its campuses start on Aug. 2. Those campuses have a redesigned calendar that includes extra classroom time to help deal with learning loss due to the pandemic. Dozens more campuses will open on Aug. 9, but a majority of Dallas ISDs students will start on Aug. 16. As cases continue to rise in Dallas County and the health department moved the risk level to red, Superintendent Dr. Michael Hinojosa said this was important to keep the district's students, staff, and families safe. It’s also offering COVID-19 rapid testing to students and staff.

**Virtual Learning:** At this time, Dallas ISD is offering temporary virtual learning options for students 11 and under as of August 16. This is only for students who have not yet returned to school and students who have not yet enrolled will be given priority. Please see your ISD website for detailed information.

**Denton ISD**

**Mask Requirements:** Please check with your district web site for the most update information.

**Virtual Learning:** At this time, virtual learning will be provided only to qualifying students who completed the application process in the spring. Currently, this option is not available to high school students and the district cannot add any additional elementary or middle school students. Please go to your district’s web page for additional information.
All other students will return to campuses on Aug. 12.

**Duncanville ISD**

**Mask Requirements:** Please check with your district web site for the most update information.

Duncanville ISD in southern Dallas County is also starting school on Aug. 2. All students will be learning in-person. Duncanville’s superintendent said teachers will focus on identifying COVID-19 learning slides and getting students caught up. The district said thousands of its employees are fully vaccinated against COVID-19. Anyone 12 and older is eligible for a free COVID-19 vaccine.

**Fort Worth ISD**

**Mask Requirements:** Please check with your district web site for the most update information.

Learning will be 100% in-person in Fort Worth beginning on Aug. 16.

**Virtual Learning:** Will offer a temporary virtual learning as an option this fall for students in Kindergarten through sixth grade who have a “documented medical condition that could make them vulnerable to COVID-19. Please visit the Fort Worth ISD website for more details information.

**Frisco ISD**

**Mask Requirements:** Please check with your district web site for the most update information.

Students in Frisco will return to school on campus on Aug. 12. Unlike last year, **Virtual learning** will be an option for grades EC-6 at least through the first nine weeks of school, the district said, and will be "reevaluated and extended as necessary" until a vaccine is authorized for children under the age of 12. Once a vaccine becomes widely available for children under 12, the district said online instruction will no longer be offered. The district said an online option will not be offered to students in grades 7-12, since the COVID-19 vaccine is authorized for those age 12 and older. Students who enroll in the online learning option will have a two-day delay to the start of the school year and will begin online classes Monday, Aug. 16, according to the district.
Families interested in the online option should enroll no later than Thursday, Aug. 5. Click here to go to Frisco ISD's website for instructions on how to enroll, and more information on the plan. Frisco ISD said it will do its best to accommodate parents’ requests for social distancing and at the same time will work to ensure no one is treated differently because of their choice to wear or not wear a mask. Students and staff with a confirmed case of COVID-19 will be asked to quarantine for 10 days but those who are exposed to the virus no longer need to quarantine.

**Garland ISD**

**Mask Requirements:** Please check with your district web site for the most update information.

Garland ISD is also offering rapid testing to symptomatic students as part of its COVID-19 protocols when it welcomes back all of its students for in-person learning on Aug. 2. The district will continue to keep track of COVID-19 cases and post them online. Fully vaccinated students and staff will not have to quarantine if they are exposed to COVID-19. Plexiglass dividers have been removed from classrooms and the cafeteria but are available if parents request them. Like many other districts,

**Grand Prairie ISD**

**Mask Requirements:** Please check with your district web site for the most update information.

Grand Prairie ISD students will return to only in-person learning on Aug. 11. Other activities like choir concerts, athletic events, art shows and awards ceremonies will also begin to return this school year. The district will encourage frequent hand washing and social distancing when possible.

**Grapevine/Colleyville**

**Mask Requirements:** Please check with your district web site for the most update information.

2021-2022 COVID-19 Protocols
2021-2022 COVID-19 Protocols - PDF
School Begins August 18th. Several factors were taken into consideration when developing the health and safety protocols for the 2021-2022 school year. While the State authorized school districts to offer remote learning last school year, the legislature did not adopt legislation that would provide funding for students in remote learning. Furthermore, as of Friday, August 6, the Texas Education Agency has provided no updated guidance for the 2021-2022 school year. We will continue to monitor guidance from the Centers for Disease Control and Prevention, Department of State Health Services, Tarrant County Public Health, Texas Education Agency, as well as national, state and local leaders and will amend our protocols as necessary.

**Irving ISD**

**Mask Requirements:** Please check with your district web site for the most update information.

School starts on Aug. 16 in Irving and all students will return to the classroom. According to the district’s website, the COVID Response for the 2021-2022 School Year is currently being updated.

**Lancaster ISD**

**Mask Requirements:** Please check with your district web site for the most update information.

**Virtual learning:** Lancaster ISD is activating WEBO Learning to ensure the safety of their students from the spread of COVID-19. Please view [Lancaster ISD website](#) for details.

**Lewisville ISD**

**Mask Requirements:** Please check with your district web site for the most update information.

The first day of school for Lewisville ISD students is Aug. 11 and all will return to in-person learning. The district said this year will be more like a traditional school year with most school operations returning to normal. Desk shields will only be available upon request. Increased cleaning and contact tracing will continue but students who are exposed to COVID-19 will not be required to quarantine. The district is asking parents to
hold off on having lunch with their elementary and middle schoolers until vaccines are available for children younger than 12.

**McKinney ISD**

**Mask Requirements:** Please check with your district web site for the most update information.

Aug. 12 is the first day of school for students in McKinney. The schools will work to make sure no student is treated differently because they choose to wear or not wear a mask. Social distancing and hand washing will continue but the district will no longer maintain a COVID-19 dashboard. Those exposed to COVID-19 will not be required to quarantine.

**Mesquite ISD**

**Mask Requirements:** Please check with your district web site for the most update information.

All students return to class in-person on Aug. 11. Mesquite ISD is encouraging everyone to get a COVID-19 vaccine, continue practicing social distancing and stay home when feeling ill. The district will continue to notify parents about positive COVID-19 cases and quarantines will be handled by school nurses on a case-by-case basis. Things like field trips, special guests and extracurricular activities will be returning this year.

**Plano ISD**

**Mask Requirements:** Please check with your district web site for the most update information.

The proposed plan calls for continued hand washing and campus cleaning but there will be no restrictions on campus visitors this year. Parents will still be notified if there is a positive COVID-19 case on campus. All in-person classes begin on Aug. 11 in Plano.

**Virtual Learning:** In order to address the needs and concerns of our families with children enrolled in grades PreK through 6, who are not yet able to be vaccinated, the district will be offering a temporary online, asynchronous learning option for parents who are seeking an alternative to in-person learning. Plano ISD will offer a parent-led
temporary virtual option at the start of the 2021-22 school year for parents who are seeking an alternative to in-person learning.

Richardson ISD

**Mask Requirements:** Please check with your district web site for the most update information.

Richardson is still finalizing its back-to-school plan for the 2021-2022 school year, which begins on Aug. 17. Then, it will look to the CDC and local health authorities for guidance on how to keep students safe.

**Virtual Learning:** Superintendent Jeannie Stone announced the virtual learning in an update Monday, allowing parents to select the option until Aug. 13. Until a vaccine is widely available for people under age 12, RISD is temporarily offering a Virtual Classroom Option for elementary students in grades K-6. The window for elementary parents to select the virtual classroom option will be Tuesday, August 10 at noon through Friday, August 13.

The district is hosting vaccine events and encouraging everyone who is eligible to be vaccinated to the rising COVID-19 cases and hospitalizations.

COVID-19 Vaccines for Children and Teens

Although fewer children have been infected with COVID-19 compared to adults, children can:

- Be infected with the virus that causes COVID-19
- Get sick from COVID-19
- Spread COVID-19 to others

CDC recommends everyone 12 years and older should get a COVID-19 vaccination to help protect against COVID-19. Widespread vaccination is a critical tool to help stop the pandemic. People who are fully vaccinated can resume activities that they did prior to the pandemic. Learn more about what you and your child or teen can do when you have been fully vaccinated. Children 12 years and older are able to get the Pfizer-BioNTech COVID-19 Vaccine.

Find a COVID-19 Vaccine for Your Child

Employees and the general public can easily sign up online for vaccinations here on campus, and the vaccines are widely available at retail pharmacies and other outlets throughout the region. If your friends or family members need a vaccination, we offer immediate first-dose appointments on West Campus. You can also go to the CDC's easy-to-use vaccine finder at vaccines.gov/search, or call 800-232-0233 to locate a site close to where you live. If you continue to have questions or concerns regarding the vaccine, visit our Vaccine FAQ page for more information.

Opportunities to vaccinate your children, ages 5 to 11

We know many of you are eager to provide your young children with protection from COVID-19. Our partners at Children’s Health are available to assist. They have agreed to not only vaccinate their qualifying patients but also children of our employees who are 5- to 11-years old. Vaccinations at Independence Hall, Specialty Center Dallas, and at Speese Conference Center, Children's Medical Center Plano will start Saturday, Nov. 13, and continue each Saturday and Sunday moving forward. Click the COVID-19 Vaccine Registration link to get started. Appointments are required. If you do not see an open time, please check back. Remember to bring your UT Southwestern badge to show proof of employment.

Prepare for your Child’s Vaccination Visit.
• Get tips for how to support your child before, during, and after the visit.
• Talk to your child before the visit about what to expect.
• Tell the doctor or nurse about any allergies your child may have.
• Comfort your child during the appointment.
• To prevent fainting and injuries related to fainting, your child should be seated or lying down during vaccination and for 15 minutes after the vaccine is given.
• After your child's COVID-19 vaccination, you will be asked to stay for 15–30 minutes so your child can be observed in case they have a severe allergic reaction and need immediate treatment.


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**Possible Side Effects**
Your child may have some side effects, which are normal signs that their body is building protection.

<table>
<thead>
<tr>
<th>On the arm where you got the shot:</th>
<th>Throughout the rest of your body:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pain</td>
<td>Tiredness</td>
</tr>
<tr>
<td>Redness</td>
<td>Headache</td>
</tr>
<tr>
<td>Swelling</td>
<td>Muscle pain</td>
</tr>
<tr>
<td></td>
<td>Chills</td>
</tr>
<tr>
<td></td>
<td>Fever</td>
</tr>
<tr>
<td></td>
<td>Nausea</td>
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</table>

These side effects may affect your child's ability to do daily activities, but they should go away in a few days. Some people have no side effects.

Ask your child's healthcare provider for advice on using a non-aspirin pain reliever and other steps you can take at home to comfort your child. It is
How can I Protect my Unvaccinated Child?

These are the best ways to protect your child, or a child you care for, who cannot get vaccinated yet:

- Get vaccinated yourself. COVID-19 vaccines reduce the risk of people getting and spreading COVID-19.

- If your child is 2 years and older, make sure that your child wears a mask in public settings and takes other actions to protect themselves.
  - To set an example, you also might choose to wear a mask.

- If your child is younger than 2 years or cannot wear a mask, limit visits with people who are not vaccinated or whose vaccination status is unknown and keep distance between your child and other people in public. Retrieved on 8/3/21 from https://www.cdc.gov/coronavirus/2019-ncov/your-health/about-covid-19/caring-for-children/families.html
Clean and disinfect frequently.

Wipe down surfaces people touch often.
Like light switches, remotes, door handles, phones, countertops, tables and toys. Put away toys that are hard to clean.

Child Care Resources

Bright Horizons Back-Up Care offers both child, and elder-care to all full-time (40 hours a week) and part time (30-39 hours a week) benefits-eligible employees. To access services, you must register in advance using the login information here:

- backup.brighthorizons.com
- Username: UTSWcare
- Password: UTSW123#

**Back-up Care / Virtual Tutoring**

Bright Horizons Backup Care for Adults, Children, and Seniors offers solutions for disruptions in family care, including providing a childcare center or in-home caregiver. Be sure to register in advance so you’re ready whenever you need care. In addition, Bright Horizons has a new back-up care feature that allows employees who don’t need back-up care to exchange each use for four hours of virtual tutoring.

[Click here for additional information](#)

Now available: Bright Horizons’ Enhanced Family Supports

Bright Horizons has expanded its offerings exclusively for UT Southwestern employees with [Enhanced Family Supports](#), which includes caregiver search tools, child care and tutoring resources, pet care, older adult care resources, and other enhancements. Additionally, Bright Horizons has added a new feature that allows employees who don’t need backup care to exchange each use for four hours of virtual tutoring.

For more information, [check out the website](#).

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**College Nannies + Sitters + Tutors** is the nation’s most respected, complete and professional resource helping busy families raise smart, confident, well-adjusted kids. On Call Sitter Service, enrollment fee waived. Nanny Placement Service each location will work with you regarding nanny service fees.

[Website](#)
Dallas ISD and UT Southwestern partner to open a new kind of school

Next fall, the Medical District PK-8 Biomedical School will open its doors to the next generation of students. This partnership between Dallas ISD and UT Southwestern provides a unique educational opportunity for young children to be exposed to the biomedical sciences at an early age. Students will enjoy a curriculum immersed in science, technology, engineering, and mathematics (STEM). Questions about enrollment or other details about the school can be submitted through the DISD portal.

UTSW Support network for managing a special needs family

Navigating the health care work environment while caring for a family at home is a challenge. Doing so when you have a child with special needs can present more complexity. Juggling doctors or therapists' appointments around a busy and sometimes inflexible work schedule brings its own set of stressors. If this describes you, consider joining a support group of UTSW employees and faculty dealing with these same issues. The group’s next meeting is Nov. 5 and will provide a place to share common challenges and solutions.

Arlington Park Early Childhood Center

Arlington Park Early Childhood Center, the premier preschool for Dallas ISD offers:

- a small school environment for children ages 3 and 4. Only 6 classrooms at the school.
- a building constructed exclusively for pre-k instruction and equipped with state-of-the-art technology.
- a full day class. Classes are from 7:45 am to 3:15 pm. We also offer extended hours from 7:00 am to 6:00 pm.
- enrollment for families from around DFW. You do not have to live in the area to attend

UT Southwestern Employees are invited to participate in the many different scholarships and grants that can qualify families for free tuition. Children who are 3 or 4 years old on or before Sept. 1st and meet at least ONE of those requirements, qualify for free Pre-K.

Customer Service: 972-749-5500
Website: https://www.dallasisd.org/arlingtonparkec
Email: brosas-delgado@dallasisd.org
Address: 5606 Wayside Drive, Dallas, TX 75235
Contact Person: Belinda Rosas-Delgado
Willow Montessori Academy
We serve children from 6 weeks to 6 years old. Our hours of operation:
7:00am to 5:30pm - Monday-Friday

Special Discount for UTSW Employees: waived registration fee ($150)
Website: https://www.willowmontessoriacademy.com/
Address: 2404 Empire Central Dallas, TX  75235
Phone: 214.444.7009
Email: info@willowmontessoriacademy.com

Primrose School of Parkwood Hill
We are conveniently located on Parkwood Hill Boulevard, right down the street from Arcadia Trail Park South and Park Glen Elementary School. Unlike an ordinary daycare in Fort Worth, we provide your child with a robust early education and childcare experience.

Currently serving these age groups:
- Infants
- Early Preschool
- Pre-Kindergarten
- After School
- Toddler
- Preschool
- Kindergarten
- Summer Adventure

We serve children from 6 weeks – 12 Years. Our hours of operation: 6:30am – 6:30pm
Website: Primrose School of Parkwood Hill
Contact: Brianna
Address: 7451 Parkwood Hill Blvd, Ft Worth, TX  76137
Phone: 817.281.5322
Email: info@primroseparkwoodhill.com

My Texas Public School
My Texas Public School.org provides resources on the various Texas public schools, information, after school care and guidelines on getting your child ready to attend any Texas public school.

Website
Texas School for the Deaf
A place where students who are deaf or hard of hearing including those with additional disabilities, have the opportunity to learn, grow and belong in a culture that optimizes individual potential and provides accessible language and communication across the curriculum.

Website

Childcare Network
Childcare Network have very high standards of care, safety and education – plus a whole lot of fun, at a far more affordable price. They can help get your child ahead in life, while helping your budget too. The programs use a research-based curriculum that is individualized to every age, with planned activities that combine learning and fun to create happy, curious kids.

Website
Phone: 866-521-5437

Care.com
Find trusted caregivers for your needs through Care.com. They offer an array of service that enable families to find, manage and pay for care and provide employment opportunities for caregivers.

Website

Adventure Kids Playcare
Looking for a seasonal camp that will provide your child with fun engaging educational experiences through the seasons? Check out Adventure Kids Playcare they have Fall Semester, Winter Break, Spring Semester and Summer Camps. Half-Dy, Full-Day, and Flex Passes available.

Website
Tutoring Services

UT Southwestern has added a number of tutoring services to our Employee Discount Program for the use of UT Southwestern employees.

Via its virtual tutoring center, Get Ahead Virtual Learning provides support for your student's educational needs. From homework help to supplemental practice, Get Ahead aims to guide students to success. The company’s instructors have the skills to ensure understanding, and each session is interactive.

Discount

A free, no-obligation, 1-hour math session and 30-minute reading session.

Grades 3-8
Math: $150 a month
Reading: $150 a month
Math and Reading: $250 a month
Math high school: $250 a month

Business Information
Website
Customer Service | 630-529-6284
Amanda Flowers | Email

Grade Potential Tutoring offers solutions for pre-K through college and beyond and offers an online Live Learning Platform to adhere to health safety protocols during COVID-19.

UTSW Discount

- $100 off discounted packages
- Packages from 12 hours to 144 hours to meet your tutoring needs

Website
Customer Service | 214-328-8867
Cindy Martell | Email
| **Huntington Learning Center** | Huntington is the oldest provider of supplemental educational services for primary and secondary students in the U.S. The company’s certified teachers provide individualized tutoring at all levels in reading, writing, math, science, ACT, SAT, PSAT, ISEE, AP Exams and more.  
**UTSW Discounts**  
• Academic evaluation for $75 (regularly $195)  
• 10% discount on tutoring services  
Business Information  
Website  
Customer Service | 214-363-9500  
Renee Roth | [Email](mailto:renee.roth@huntington.com) |
| **Star Tutoring Centers** | Star Sessions from Star Tutoring Centers is a novel approach to tutoring that combines academics with Executive Functioning (e.g., organization, planning, time management, self-regulation (focus), study skills development.  
The company can customize the program for your child following a four-step model:  
1. Getting organized  
2. Making a study plan  
3. Tutoring on academics  
4. Wrapping up  
Star Tutoring Centers can help with all grades / subjects and prepare students for standardized tests like the ISEE, SAT or ACT.  
**UTSW Discounts**  
• Free first standard session  
• 10% off all other services  
Website  
For a free consultation, call 214-444-3431  
Customer Service | 214-444-3431  
Sam Barnes | [Email](mailto:sam.barnes@StarTutoringCenters.com) |
### Tutoring for students in kindergarten through 12th grade

- Virtual live tutoring and on-site tutoring
- Small groups with Max Focus
- Homework/assignment support
- SAT/ACT prep
- Foundation building/Remedial tutoring
- Background-checked, seasoned teachers
- Advanced English, math, writing and more
- STEM programs

#### UTSW Discounts

- 10% off on all programs
- Free first week on Sylvan (either online or on-site)
- Free initial assessment

#### Locations

- Sylvan Learning of Southlake 601 E. Southlake Blvd., #200, Southlake, TX 76092
- Sylvan Learning of North Dallas 10455 N. Central Expressway, #111, Dallas, TX 75231
- Sylvan Learning of Arlington 6501 S. Cooper St., #141, Arlington, TX 76001
- Sylvan Learning of Cedar Hill 415 E. Pleasant Run Road, #125, Cedar Hill, TX 75104

[Website](#)

Customer Service | 817-416-6827

Frank Kesh | [Email](#)

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### Varsity Tutors

Varsity Tutors is a live learning platform that connects students with personalized instructions to accelerate academic achievement and foster enrichment in over 3,000 subjects. To date, students have accessed more than 1 million hours of live one-on-one instruction through the platform and through the company’s free online learning tools and mobile applications.
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<tr>
<th><strong>UTSW Discount</strong></th>
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<tr>
<td>25% off group courses and package of one-on-one tutoring</td>
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<td>To receive the UTSW discount, go to Varsity Tutors, and enter referral code “UTSWMC” or call 800-810-1773 and mention UT Southwestern Medical Center.</td>
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For more than 35 years, students and their families have trusted The Princeton Review to help them get into their dream schools. The company’s mission is to provide personalized, innovative, best-in-class private tutoring, test prep, and admission products and services to help students overcome obstacles and achieve their academic goals.

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<td>First month free for Homework Help subscription service</td>
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<td>Cancel at any time; there is no contract commitment.</td>
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