



Information Resources (IR) gets a new name

A familiar department is changing its name. Effective Sept. 1, Information Resources (IR) will become Information Technology Services (ITS), reflecting the breadth of services and support provided to UT Southwestern.

The transition will take place in phases, and users will gradually see the ITS name appear on websites, SharePoint sites, technology applications, communications, policies, documentation, forms, email signatures, and other departmental materials.

ITS remains committed to serving as a trusted partner and delivering secure, reliable, and innovative technology solutions that help faculty, staff, learners, and trainees advance UT Southwestern's mission.

Questions? Contact the [IR Culture and Engagement team](#).



UT SOUTHWESTERN EMPLOYEE ADVISORY COUNCIL

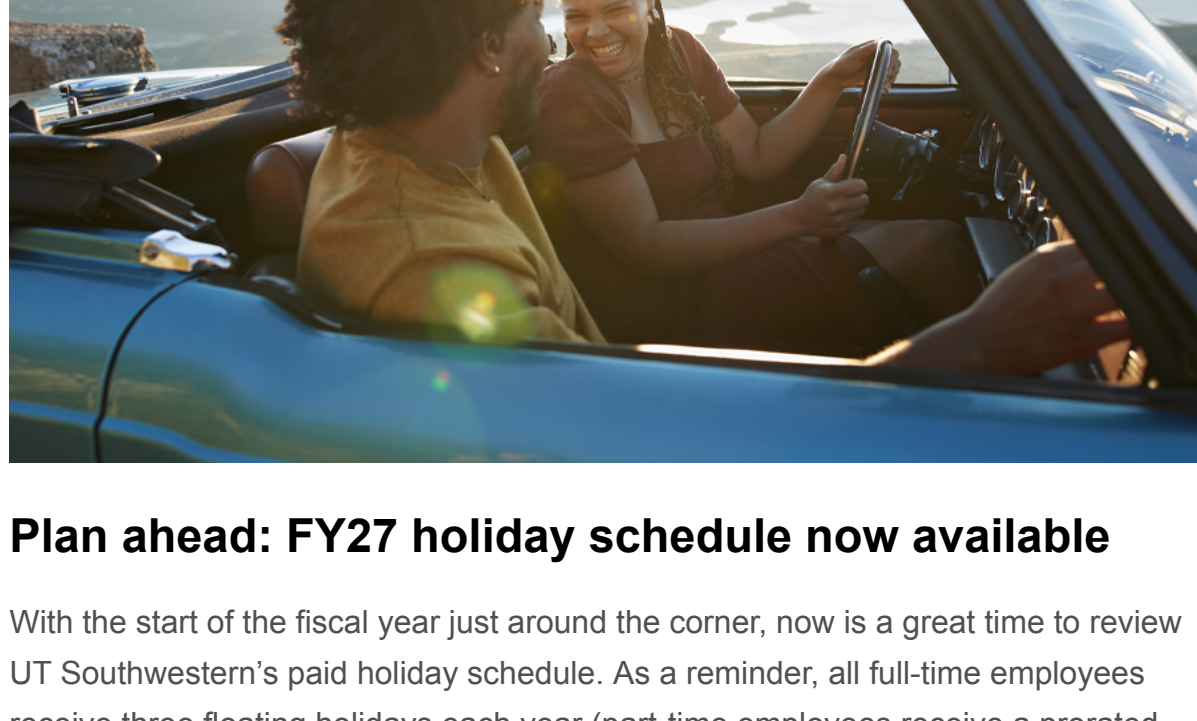
Voting for EAC representatives now open

The nominations are in, and now it's time to cast your vote for colleagues who will represent your district on the Employee Advisory Council (EAC) in FY27.

The EAC is a peer-nominated group that helps enhance communication, promote employee engagement, and build community. Council members represent five different districts across UT Southwestern and partner with UTSW President **Daniel K. Podolsky, M.D.**, to provide perspectives on topics important to the campus community.

To learn more, visit the [EAC SharePoint](#). Vote for your candidate through **Aug. 21**.

[Cast your ballot!](#)

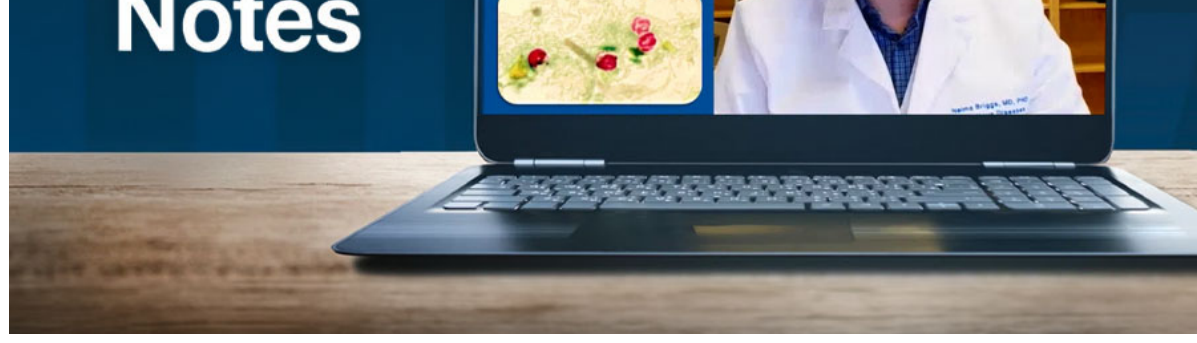


Plan ahead: FY27 holiday schedule now available

With the start of the fiscal year just around the corner, now is a great time to review UT Southwestern's paid holiday schedule. As a reminder, all full-time employees receive three floating holidays each year (part-time employees receive a prorated amount). These will be loaded on Sept. 1 and available for immediate use, with supervisor preapproval.

Visit the Your Time Away webpage to view the full list of holidays and get a head start on planning your time off.

[View the holiday schedule](#)



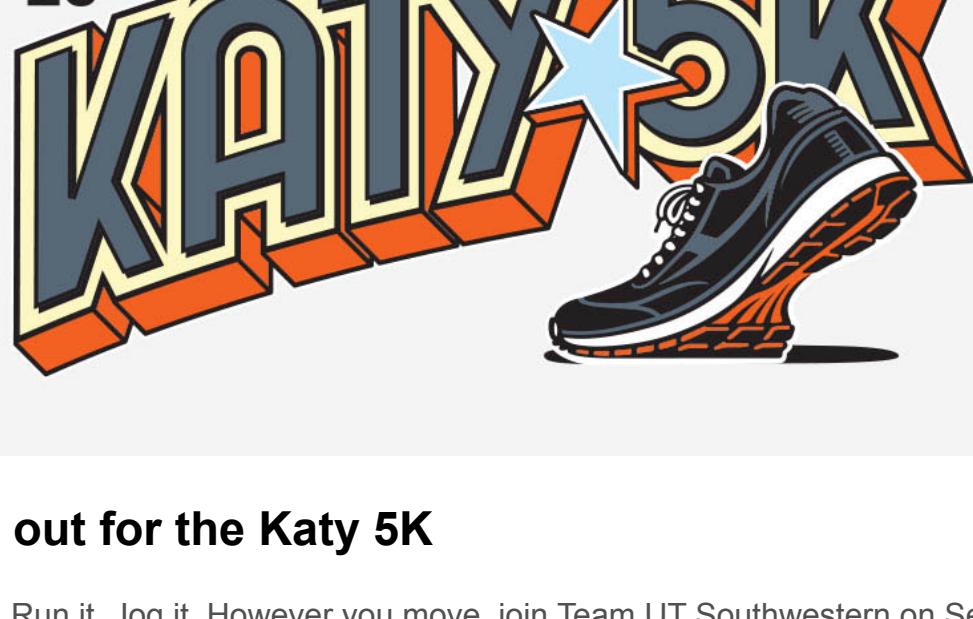
Protect yourself from cyclosporiasis and other GI illnesses

Cases of cyclosporiasis and cryptosporidiosis are on the rise across the U.S., including Texas, leaving many people wondering what these infections are, how they spread, and when symptoms might require medical attention.

While both parasites can cause weeks of diarrhea, stomach cramps, and dehydration, they come from different sources. One is often linked to fresh produce, while the other is commonly spread through swimming pools, splash pads, and other recreational water. Knowing the difference can help you protect yourself and your family.

UT Southwestern's **Neima Briggs, M.D., Ph.D.**, explains the symptoms to watch for, who is most at risk, when to call a doctor, and simple steps you can take to reduce your chances of getting sick.

[Understand the risks and symptoms](#)



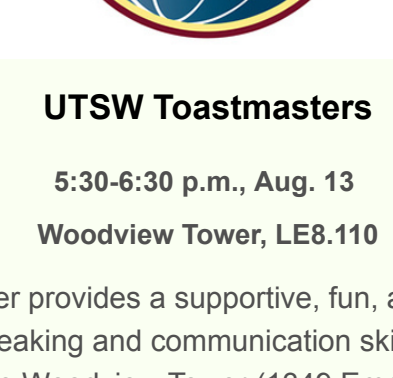
Step out for the Katy 5K

Walk it. Run it. Jog it. However you move, join Team UT Southwestern on Sept. 10 for an evening of fitness and fun. The event features a scenic course along the Katy Trail followed by food, music, and a postrace celebration.

As the Katy Trail's Official Fitness Partner, UTSW is pleased to provide our community with a \$5 discount. Register using the button below, and be sure to **use code "UTSW5" to get the discount** and be automatically added to Team UT Southwestern.

[Hit the trail with UTSW](#)

Insider Guide



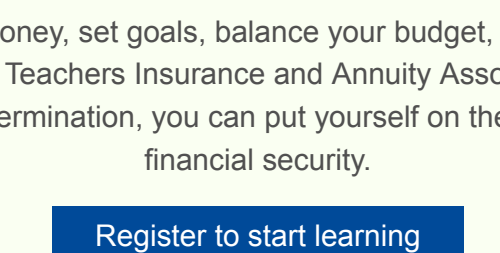
UTSW Toastmasters

5:30-6:30 p.m., Aug. 13

Woodview Tower, LE8.110

UTSW's Toastmasters chapter provides a supportive, fun, and self-paced environment for building important public speaking and communication skills. The club is for employees and students and meets in the Woodview Tower (1349 Empire Central Drive, Eighth Floor, Room LE8.110). To join or visit as a guest, please contact [Lisa Farmer](#).

[Get the details](#)



Take control of your financial life

10-11 a.m., Aug. 18

Virtual

Learn how to manage money, set goals, balance your budget, and use debt wisely. With key takeaways from this Teachers Insurance and Annuity Association of America (TIAA) session and a little determination, you can put yourself on the path to greater lifelong financial security.

[Register to start learning](#)

UTSW Events Calendar

Looking for your daily dose of happenings?

The UTSW Events Calendar is updated every day.

[View upcoming or trending events](#)

Share your *Insider* suggestions by sending them to utswinsider@utsouthwestern.edu.

Looking for an item in a past edition of this newsletter? Check out our [Insider archive](#).

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