



Leaders in Clinical Excellence Awards

Last day for LCE nominations

Nominations for the ninth annual [Leaders in Clinical Excellence Awards](#) are **due today**.

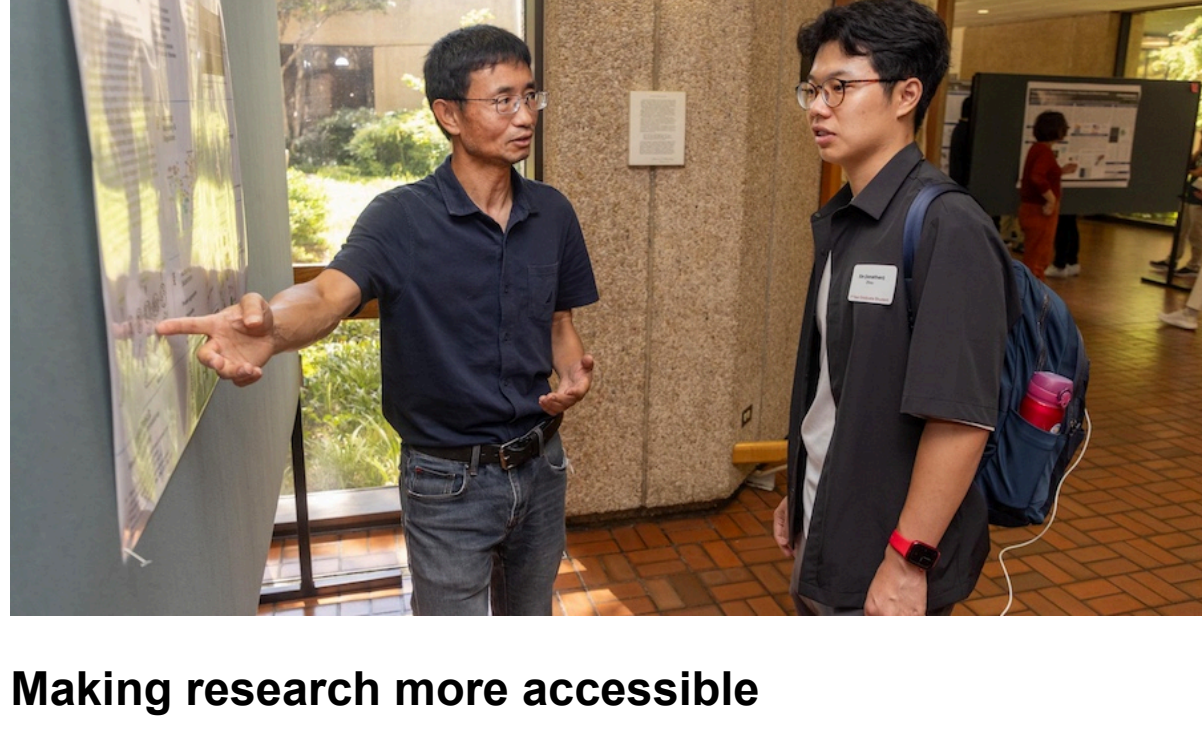
If you haven't already, please submit your recommendations for one or more of the seven award categories:

- [The Patricia and William L. Watson Jr., M.D. Award for Excellence in Clinical Medicine](#)
- [Rising Star](#)
- [Institutional Service](#)
- [Mentoring](#)
- [Patient and Family Recognition](#)
- [Program Development](#)
- [The President's Award for Humanism in Clinical Care](#)

Entries will be accepted through **11:59 p.m. today**. Please visit the [Clinical Faculty Awards site](#) to review the eligibility requirements and to submit nominations online.

Honorees will be celebrated during an all-campus ceremony on Wednesday, Nov. 4.

[Recognize a colleague!](#)



Making research more accessible

The UT Southwestern Health Sciences Digital Library and Learning Center has developed accessible academic poster templates that align with federal accessibility requirements.

Designed with features such as high-contrast color schemes and structured reading order, the templates enable researchers to present their work more inclusively without sacrificing visual rigor. The initiative not only ensures compliance but also signals a broader shift toward universal design as a baseline standard in academic publishing.

[Download the template](#)



Leading With Purpose: Meet Nancy Palacios

Before becoming a nurse leader at UT Southwestern, **Nancy Palacios, D.N.P., APRN, FNP-BC, NE-BC**, spent her childhood translating conversations between Spanish and English for her family. Those early experiences taught her that communication is as much about trust and compassion as it is about language.

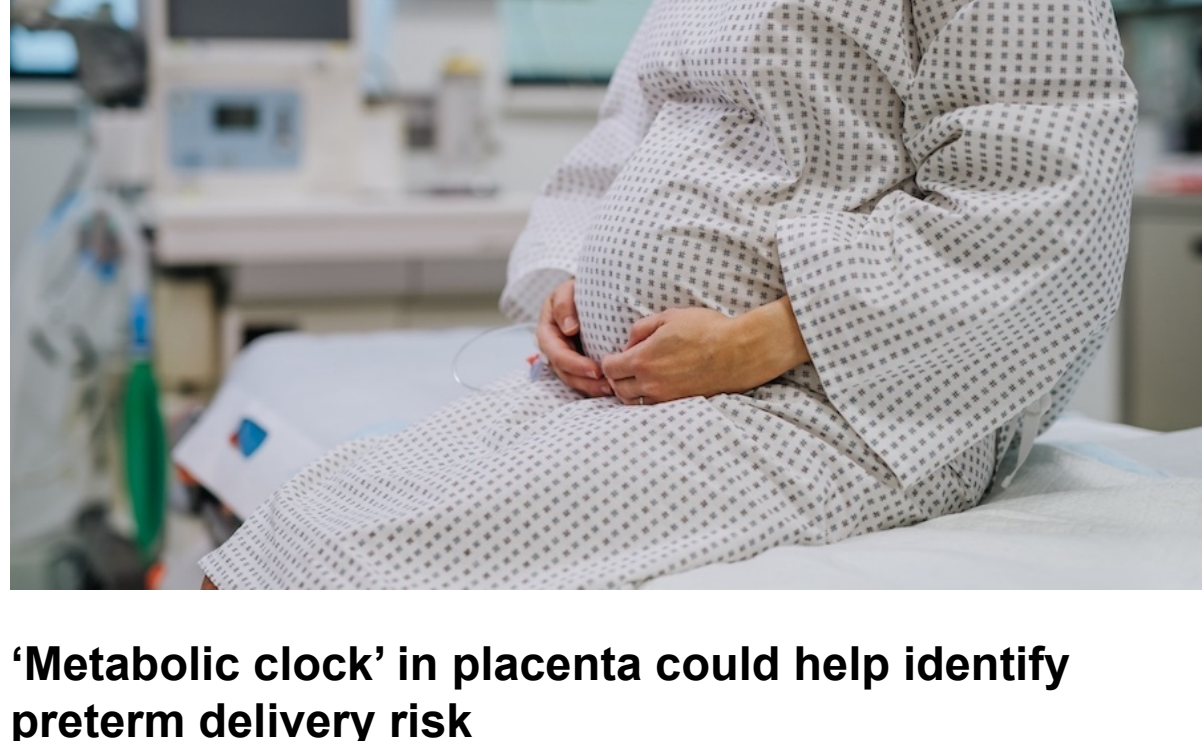
Today, as a Nurse Manager at Zale Lipshy Pavilion, Nancy leads with resilience, a commitment to lifelong learning, and a willingness to learn from those around her.

She believes many of the experiences that shaped her leadership began as challenges rather than instant successes.

"I truly believe it's OK to admit when something is hard, and to rely on others who may know more," she says. "I'm not afraid to admit I need help, and I need my team."

Learn more about Nancy's journey and leadership philosophy in the latest installment of the *Leading With Purpose* social media series.

[Get to know Nancy](#)



'Metabolic clock' in placenta could help identify preterm delivery risk

Can we better predict when a baby will be born?

A study co-led by UT Southwestern researchers including **Samir Parikh, M.D.**, Chair and Professor of Internal Medicine, suggests a key coenzyme in the placenta may act as a "metabolic clock" that helps determine when labor begins.

Researchers found levels of nicotinamide adenine dinucleotide (NAD⁺) declined near the time natural labor would typically occur, opening new avenues for understanding delivery timing and preterm birth risk.

The findings could one day help researchers better predict labor, identify pregnancies at risk for preterm birth, and develop new approaches to improve outcomes for mothers and babies.

[Learn how the clock works](#)

Insider Guide



Skyline Café brunch feast

11 a.m. to 2 p.m., July 15

T. Boone Pickens Biomedical Building, Skyline Café (ND.14)

Treat yourself to a brunch-inspired spread featuring eggs Benedict, crème anglaise French toast, chicken and waffles, creamy scrambled eggs, cinnamon roll overnight oats, and more. Cost is \$12.79 per plate, not including tax.

[Details](#)



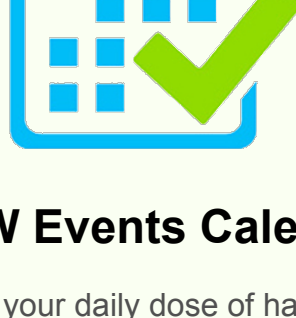
UTSW Walk with a Doc

9 to 10 a.m., July 18

Bachman Lake, 3500 W. Northwest Highway, Dallas

You're invited to join UTSW's monthly Walk with a Doc, a national fitness and learning program sponsored by the Department of Family and Community Medicine and Now-Forward. Follow on [Instagram](#) to stay updated on these monthly events!

[Sign up today](#)



UTSW Events Calendar

Looking for your daily dose of happenings?

The UTSW Events Calendar is updated every day.

[View upcoming or trending events](#)

Share your *Insider* suggestions by sending them to utswinsider@utsouthwestern.edu. Looking for an item in a past edition of this newsletter? Check out our [Insider archive](#).

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