



RISE programs support the mission and values of Children’s Health by promoting resilience, integrated ethics, and staff support through education and research, and by enhancing the ethical climate, creating moral spaces, addressing secondary traumatization, and mitigating burnout.

The RISE team currently offers the following services to team members, including UTSW faculty and students affiliated with Children’s Health:

- Consults for team members experiencing moral distress, clinical conflict, and/or caregiver grief
- Facilitated staff support group sessions centered around the evolving impact of COVID-19, racism, and social injustice
- Confidential one-on-one or group support following a work-related adverse, unanticipated, or traumatic event
- Mindfulness sessions (individual or group), "refresh" sessions, and resilience-based education
- Partnership with our Clinical Resilience Specialist to support stakeholders across the organization as they work to identify and mitigate system barriers to resilience
- Conflict transformation training
- Education and/or facilitated discussions on the ethical dimensions of clinical care, burnout and resilience, and staff support

Access RISE support by contacting RISE@childrens.com or reaching out to the RISE representative on call in the Children’s Web Directory!

**The RISE Committee is a subcommittee of the Quality and Patient Safety Committee and is established and operates as a “medical peer review committee,” “medical committee,” and “professional review body,” as such terms are defined by state and federal law, and is authorized to engage in quality and medical peer review activities.*

