



Office of Institutional Equity & Access

# DIGITAL RESOURCE GUIDE

# 2023

**SEXUAL ASSAULT  
AWARENESS MONTH**

CONNECTING COMMUNITIES. ENVISIONING EQUITY.



# WHAT IS SAAM?

## ORIGINS OF SEXUAL ASSAULT AWARENESS MONTH



Sexual Assault Awareness Month (SAAM) is an annual campaign to raise public awareness about sexual assault and educate communities and individuals on how to prevent sexual violence. It is observed every April.

As early as 1976, Take Back the Night marches rallied women in organized protest against rape and sexual assault. These marches protested the violence and fear that women encountered walking the streets at night. Over time, these events coordinated into a movement across the United States and Europe. Because of this movement, broader activities to raise awareness of violence against women began to occur.

In the early 1980s, activists began to raise awareness of violence against women and domestic violence during the month of October. In the late 1980s, the National Coalition Against Sexual Assault (NCASA) informally polled state sexual assault coalitions to determine the preferred date for a national Sexual Assault Awareness Week. A week in April was selected.

By the late 1990s, many advocates began coordinating activities and events throughout the month of April, advancing the idea of a nationally recognized month for sexual violence awareness and prevention activities. SAAM was first observed nationally in April 2001.



### WHAT IS SEXUAL ASSAULT?

Sexual assault refers to any act that meets the definition of rape, fondling, incest, or statutory rape. Sexual assault is an issue that transcends stereotypical boundaries: sexual assaults can happen anywhere, including the workplace.



### WHY IS IT A WORKPLACE ISSUE?

It is critical that every member of the UT Southwestern community understands the meaning of sexual assault, how to properly report any known or suspected instances of sexual assault, and how to support those who may have experienced sexual assault.

# LOCAL COMMUNITY RESOURCES

The logo for Dallas Rape Crisis Center (darcc) features the lowercase letters "darcc" in a teal, sans-serif font.

Dallas Rape Crisis Center (Dallas, TX)  
24-hour Crisis Hotline: 972-641-7273

Services provided include: 24-hour crisis hotline, 24-hour walk-in crisis intervention, medical accompaniment, counseling services, law enforcement/judicial accompaniment, case management, and community education/prevention programs.

The logo for Brighter Tomorrows features a stylized teal letter "B" followed by the words "BRIGHTER TOMORROWS" in a teal, sans-serif font. Below the text is a small teal ribbon icon and the tagline "EMPOWERING SURVIVORS OF DOMESTIC AND SEXUAL VIOLENCE".

Brighter Tomorrows (Irving, TX)  
24-Hour Crisis Hotline: 972-262-8383

Brighter Tomorrows provides services to survivors of domestic violence and sexual assault. Services provided include: 24-hour crisis hotline; crisis intervention and advocacy; accompaniment to hospitals, law enforcement offices, prosecutors' offices and courts; SART and SANE programs.

The logo for Courtney's SAFE Place features the words "Courtney's" and "Place" in a teal, serif font, with "SAFE" in a teal, sans-serif font. A teal ribbon icon is positioned between "SAFE" and "Place".

Courtney's Safe Place (Plano, TX)  
1-800-886-7273

Courtney's SAFE Place is a free clinic that provides forensic exams, evidence collection, and advocacy for people who have experienced sexual assault within the last 120 hours. Referrals for counseling, legal services, follow up medical care, and shelter are also available.

The logo for The Turning Point features the words "THE TURNING POINT" in a teal, sans-serif font. Below the text is a teal ribbon icon and the tagline "SERVING SURVIVORS OF SEXUAL VIOLENCE".

The Turning Point (Plano, TX)  
24-hour Crisis Hotline: 1-800-886-7273

Services provided include: 24-hour crisis hotline, hospital advocacy & accompaniment, legal advocacy, counseling services, community education/prevention programs, and SANE/SART programs. Counseling services include individual counseling, Women Survivor Processing Group, Friends and Family Support Group, and Trauma Sensitive Yoga.

The logo for Parkland features a stylized teal graphic of a building or structure above the word "Parkland" in a teal, sans-serif font.

Victim Intervention Program (VIP)/Rape Crisis Center  
Parkland Hospital (Dallas, TX)  
24-hour Sexual Assault and Domestic Violence Crisis Hotline: 214-590-0430

Services provided include: crisis intervention, advocacy services, 24/7 hospital response (to Parkland patients who are victims of abuse and violence), professional counseling, education and community outreach. The services of licensed counselors and experienced staff are free to Dallas County residents.

# SAAM NEWS

TUESDAY

**04**

## **National SAAM Day of Action** **Wear Teal All Day** *Social media everywhere*

Each year on the first Tuesday of April, supporters bring awareness to Sexual Assault Awareness Month by wearing teal. Share a selfie of your teal look on social media.

FRIDAY

**14**

## **Meet the UT Southwestern Title IX Team** **Student Center**

Meet the team! Join Title IX in the Sanders Lounge of the Bryan Williams, M.D. Student Center from 12-2pm for resources, swag, sweets and information. Drop by to say hi and get a sexual assault awareness ribbon pin and show your support.

WEDNESDAY

**26**

## **Denim Day All Day** *Social media everywhere*

Denim Day is a campaign on a Wednesday in April in honor of SAAM. The campaign began after a ruling by the Italian Supreme Court where a rape conviction was overturned because the justices felt that since the victim was wearing tight jeans she must have helped the person who raped her remove her jeans, thereby implying consent. The following day, the women in the Italian Parliament came to work wearing jeans in solidarity with the victim. Please wear denim and share photos.



**Connecting Communities. Envisioning Equity.**

# CONNECTING COMMUNITIES. ENVISIONING EQUITY.

CONVERSATIONS ON ADVOCACY IN THE COMMUNITY



**PHILLIP CLARK**

Assistant District Attorney



**AMY DERRICK**

Assistant District Attorney



**JENN BETTS-WILLIAMS**

Advocacy Program Manager



**ANNISSA VALENCIA**

UT Southwestern Police Department



**JIA WU**

UT Southwestern Police

Join the Title IX team throughout the month of April as we sit down with various community partners to analyze and discuss touch-points and resources with which a survivor of sexual assault interacts. These virtual discussions will feature experts in the areas of law enforcement, forensic nursing, advocacy, mental health, and Title IX. All faculty, employees, staff, students, and residents are welcome to join and learn more.

# SUPPORTING SURVIVORS

Often the first person a survivor discloses to is a friend, family member, loved one, or peer. The following are supportive ways to respond to someone who's disclosed that they are a survivor of sexual misconduct. It is important to take care of your needs as well. Supporting a survivor can take an emotional toll. Make sure you take the time to take care of yourself and process your feelings.

**REMAIN CALM**

**AVOID JUDGEMENT**

**BE AN EMPATHETIC LISTENER**

**EMPOWER THE SURVIVOR**

**GET HELP**

**MIRROR THEIR LANGUAGE**

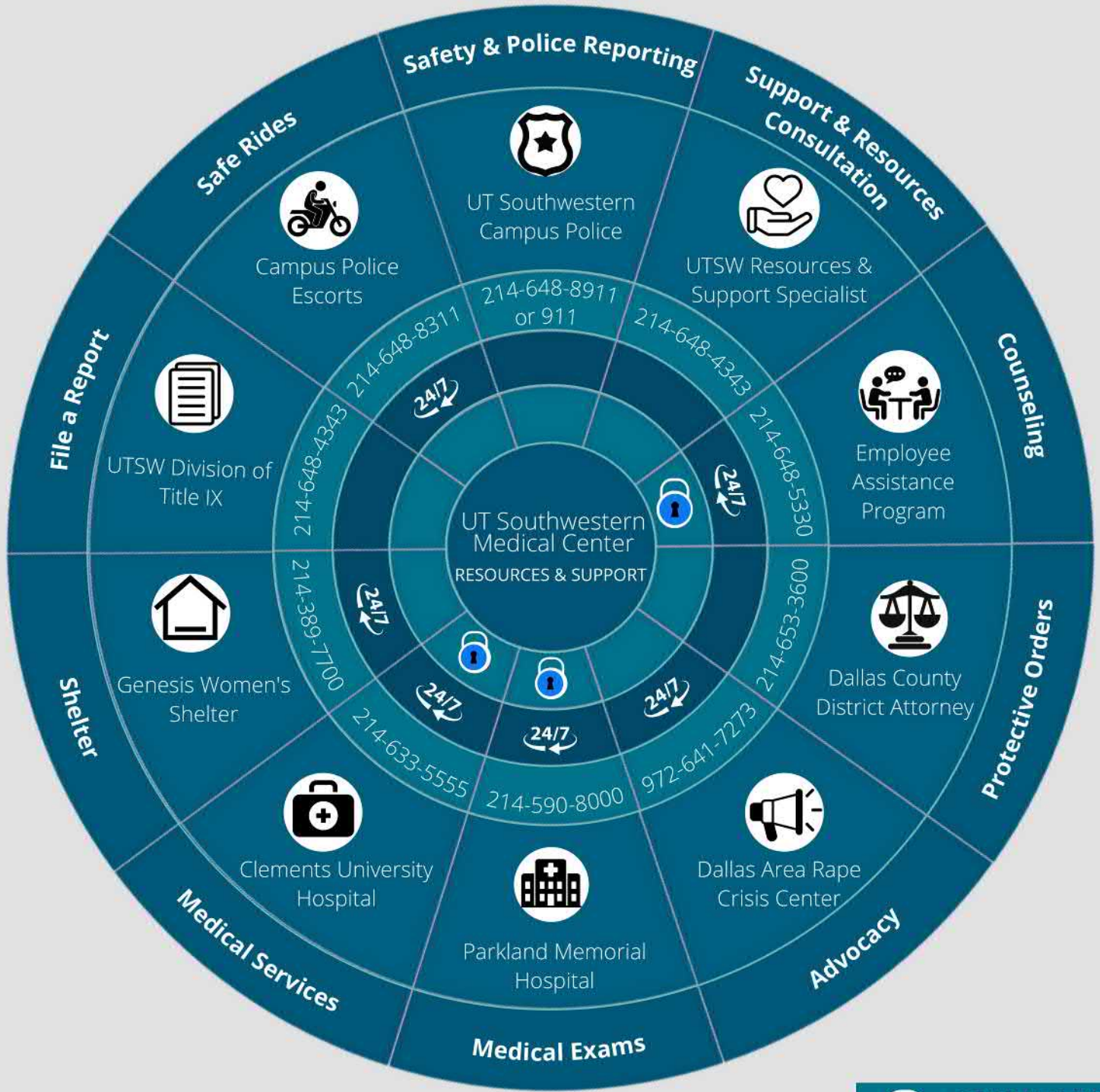
The Title IX Office at UT Southwestern offers resources and support to members of its community who may have experienced sexual assault. A member of UT Southwestern's Title IX Office is available to meet with individuals who may have experienced sexual assault in a confidential manner and will work with the survivor to determine how the institution can best support the survivor.

Please call 214-648-4343 or email [TitleIX@utsouthwestern.edu](mailto:TitleIX@utsouthwestern.edu).

## TITLE IX SUPPORT & RESOURCES



# LOCAL COMMUNITY RESOURCES



 **CONFIDENTIAL RESOURCE**

 **AVAILABLE**

# NATIONAL RESOURCES

**RAINN**

National Sexual Assault Hotline  
24-hour hotline: 1-800-656-HOPE (4673)

Calls are routed to a local RAINN affiliate organization based on the first six digits of the caller's phone number. Cell phone callers have the option to enter the ZIP code of their current location to more accurately locate the nearest sexual assault service provider.



Texas Association Against Sexual Assault (TAASA)  
512-474-7190

The Texas Association Against Sexual Assault is committed to ending sexual violence in Texas through education, prevention, and advocacy. In the meantime, we desire to support survivors on their paths to hope, healing, and justice. TAASA is the voice of the sexual assault movement in Texas. We are a unifying force bringing together parties.



State of Texas Crime Victims' Compensation: 1-800-983-9933

National Center for Victims of Crime: 202-467-8700

Legal Aid for Survivors of Sexual Assault (LASSA): 1-800-991-5153

VictimConnect Resource Center: 855-4-VICTIM (842846)

National Domestic Violence Hotline 1-800-787-7233

Americans Overseas Domestic Violence Crisis Center and the  
Sexual Assault Support for Americans Abroad Program:  
1-866-USWOMEN (897-6636)





Office of Institutional Equity & Access

To report a Title IX Concern



[Titleix@utsouthwestern.edu](mailto:Titleix@utsouthwestern.edu)



214.648.4343

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