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“Ethical Issues in Growth Attenuation Therapy”

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Wednesday, November 4, 2009
12:00 Noon to 1:00 PM
Moore Auditorium, Children's Medical Center

TARGET AUDIENCE: This program is appropriate for physicians, faculty, residents, fellows, trainees, nurses, medical and nursing students, and other health care professionals.

PURPOSE & CONTENT: Growth attenuation with high dose estrogen has been proposed as a viable and medically beneficial therapy for children with severe neurological delay. The purpose of this presentation is to review the ethical implications of this therapy in this population.

METHOD: Informal presentation of medical and ethical literature with discussion questions raised by presenters and audience.

OBJECTIVES: At the conclusion of this activity, the participants should be able to:

- Describe the physiologic rationale of the use of high dose estrogen therapy to attenuate growth in prepubertal children
- Identify the medical risks involved in growth attenuation therapy
- Identify the ethical arguments for and against the use of such therapy in children with severe neurological delay

ACCREDITATION: This activity has been planned and implemented in accordance with the Essential Areas & Policies of the Accreditation Council for Continuing Medical Education through joint sponsorship of The University of Texas Southwestern Medical Center and Children's Medical Center. The University of Texas Southwestern Medical Center is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation: The University of Texas Southwestern Medical Center designates this educational activity for a maximum of **1 AMA PRA Category 1 Credit(s)**[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity. The presentation, **“Ethical Issues in Growth Attenuation Therapy”** has been designated by The University of Texas Southwestern Medical Center for 1 hour in medical ethics and/or professional responsibility.

OFF LABEL USES: Because this course is meant to educate physicians with what is currently in use and what may be available in the future, there may be “off-label” uses discussed in the presentations. Speakers have been requested to inform the audience when off-label use is discussed.

DISCLOSURE: It is the policy of ACCME that participants in CME activities should be made aware of any affiliation or financial interest that may affect the speaker's presentations. Each speaker has completed and signed a conflict of interest statement. The faculty members' relationships will be disclosed in the handout.

COURSE DIRECTOR: James A. Thomas, MD, Associate Professor, Department of Pediatrics, University of Texas Southwestern Medical Center.