

# HERNIA SONOGRAM

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## Recommended Transducer(s):

GE 700: M12IL Linear, LA39 Linear, 546L Linear.

Acuson Sequoia: 15L8w Linear, 8L5 Linear.

GE Logiq 9: M12 Linear.

## Images:

Transverse	With measurement of mass and fascial defect (if seen). With and without Valsava.
Sagittal	With measurement of mass and fascial defect (if seen). With and without Valsalva

## Notes:

- In obese patients, it may be necessary to start with a lower frequency transducer (6 MHz or lower) for an overview of the fascial planes.
- Fat/omental herniation generally looks very similar as the surrounding subcutaneous fat. A transducer with the highest frequency may be needed to appreciate the subtle difference. Movement during Valsava maneuver can be helpful to detect the hernia. Use the "clip store" to document it.