

Healthy Relationships

Training of Facilitators (TOF)

Training Information

Dates:

June 9-12, 2009 (Tuesday - Friday)

Times:

8:15 a.m. - 5:00 p.m. (Tuesday - Friday)

Registrants acknowledge that a certificate of completion is dependent on full participation of all four days.

Training Site:

Mills Jarrett Complex
1751 Calhoun St
Columbia, South Carolina 29201

Registration Deadline:

May 22, 2009

Course limited to 20 participants

Registration Contact:

Avery Gillett, AED Ctr. on AIDS & Community Health
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Washington, DC 20009
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E-mail: agillett@aed.org

Who Should Attend?

Agencies funded to provide Healthy Relationships. We strongly recommend that the selection of staff to attend this HR Training of Facilitators (TOF) follow the following guidelines:

- **Group facilitators** (or any staff) who will facilitate the HR sessions.
- **Program managers**

Training Overview

Goal of This Course:

This four-day course prepares facilitators from community based agencies, AIDS service agencies, and health departments to implement Healthy Relationships successfully with people living with HIV/AIDS in their community.

Training Objectives:

At the end of the four-day training, trainees will be able to:

- Describe the five core elements of Healthy Relationships;
- Identify at least five skills needed to successfully facilitate small group-level interventions;
- Identify the components of each of the five sessions and their purpose;
- Identify and select 15 culturally appropriate movie clips and educational videos for use in Healthy Relationships' sessions;
- Identify the five coping skills used throughout the intervention;
- Demonstrate skills in performing the four-step process for facilitating the clips; and
- Identify at least three data sources in conducting each of the following: formative evaluation, process monitoring and process evaluation.

Course Trainers:

- Al Dawson, MA - Dallas PTC
- Venus Dukes, MS - Dallas PTC

Healthy Relationships

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Healthy Relationships Training of Facilitators: A small group-level intervention with people living with HIV

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Training Site: Mills Jarrett Complex
1751 Calhoun St, Columbia, South Carolina. 29201

Course Trainers: Al Dawson, and Venus Dukes

Local contact: James Harris (803) 898.0480
South Carolina Department of Health and
Environmental Control

AGENDA

Each day will begin at 8:30 a.m. and will adjourn at 5:00 p.m. Registrants acknowledge that a certificate of completion is dependent on full participation of all four days of the training.

Day 1

- Introductions and Housekeeping
- Introduction to HR
- Core Elements and Key Characteristics
- Five Session Overview
- Pre-Implementation
- Group Facilitation Skills
- **Lunch (on your own)**
- Preparing to Implement
- Session One Trainer Demonstration (Demo)
- Session One Q&A

Day 2

- Review Day 1 / Preview Day 2
- Practice: Risk Continuum Banner
- Five Coping Skills
- Session Two Introduction
- Session Two Trainer Demo
- **Lunch (on your own)**
- Session Two Q&A
- Assignments of Trainee Performances
- Trainee Performance Practice

Day 3

- Review Day 2 / Preview Day 3
- Facilitation of Clips- Training Video
- Session Three Introduction
- Trainee Performances
- Session Three Q&A
- **Lunch (on your own)**
- Session Four Introduction
- Trainee Performances
- Demo: Risk Continuum Banner
- Trainee Performance
- Session Four Q&A

Day 4

- Review Day 3 / Preview Day 4
- Session Five Introduction
- Demo: Condom Demo / Practice
- Session Five Trainee Performances
- **Lunch (on your own)**
- Session Five Q&A
- Tailoring, Especially Video Clips
- "Essence" of Video Clips
- Writing and Using Set-the-Scene Descriptions
- Maintenance and Management / Next Steps
- Course Evaluations