

DUTY HOUR POLICY

In accordance with the Program Requirements for Residency Education in General Surgery (IV.G), the Department of Surgery will expect residents to abide by the following guidelines:

- Residents will not be scheduled for duty in the hospital more than 80 hours per week, averaged over a four-week period.
- Residents must have at least 10 hours of rest out of the hospital between duty periods.
- Residents will have the opportunity to spend at least one full day (continuous 24-hour period) in seven free of hospital duties, averaged over a 28 day period (1-28 of each month)
- In-hospital call will be no more frequent than every third night and will not last longer than 24 hours.
- Residents will not admit any new patients after being on call for 24 hours; however, residents will be allowed to remain in the hospital for up to 6 additional hours (total of 30 hours) to provide for patients already under their care or to attend required conferences.
- In general, call from home (beeper call) should be no more frequent than every third night, unless specifically authorized by the Program Director. Residents who are called in from home will count time in the hospital towards the 80-hour weekly limit.
- Any moonlighting activity in a sponsoring/affiliated hospital (Zale-Lipshy Hospital, Parkland Hospital, VA Medical Center, St. Paul Medical Center, Children's Hospital) will be counted towards the 80-hour weekly limit.