



**UH- St Paul and Zale Lipshy  
Intravenous Contrast Administration**

**Pre-Medication of Contrast-Allergic  
Patients**

**APPENDIX E  
Policy No: 4-421  
Reviewed: 4/07**

**RADIOLOGY POLICY & PROCEDURE MANUAL**

**Pre-Medication of Contrast-Allergic Patients  
APPENDIX E**

**POLICY STATEMENT:**

Any patient receiving exams requiring ionic or non-ionic contrast will need to be pre-medicated if an allergy to x-ray contrast is indicated.

**PROCEDURE:**

1. The patient's physician will be responsible for ordering the prescription as specified below:
  - 50 mg Prednisone PO every 6 hours times 3 doses with the last dose taken 1 hour prior to exam.
  - 50 mg Benadryl PO to be taken upon arrival in the Radiology Department.

NOTE: Benadryl is known to cause drowsiness so a family member or another individual to drive the patient home when the procedure is complete should accompany the patient.

Reviewed: April 2006