

Name:

Fellowship Year (circle): 1 2 3 4

Date: ___/___/___
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**Individual Development Plan
Fellowship in Neonatal-Perinatal Medicine
University of Texas Southwestern Medical Center at Dallas**

Goals:

1. Short term – needs for improving current performance
2. Long term – identification of career options and resources to achieve them

Self-Assessment

Area	Below Expectations	Meets Expectations	Barriers to Success
I. Patient Care			
Gathering essential and accurate information on patients	<input type="checkbox"/>	<input type="checkbox"/>	
Performing a complete history and physical exam of the patient	<input type="checkbox"/>	<input type="checkbox"/>	
Ordering appropriate diagnostic studies	<input type="checkbox"/>	<input type="checkbox"/>	
Counseling parents on disease processes	<input type="checkbox"/>	<input type="checkbox"/>	
Performing procedures (i.e. PICC, UAC, intubation, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	
II. Medical Knowledge			
Understanding the physiological basis of diseases	<input type="checkbox"/>	<input type="checkbox"/>	
Up-to-date on current management recommendations	<input type="checkbox"/>	<input type="checkbox"/>	
Interpreting radiological studies (head ultrasounds, plain films, etc)	<input type="checkbox"/>	<input type="checkbox"/>	
III. Practice/Systems-Based Learning			
Understanding of cost awareness and risk-benefit analysis	<input type="checkbox"/>	<input type="checkbox"/>	
Evaluating quality of a study	<input type="checkbox"/>	<input type="checkbox"/>	
IV. Interpersonal/Communication Skills			
Performance as an instructor	<input type="checkbox"/>	<input type="checkbox"/>	
Leading a health care team	<input type="checkbox"/>	<input type="checkbox"/>	
Ability to give a conference presentation	<input type="checkbox"/>	<input type="checkbox"/>	
V. Professionalism			
Understanding ethical issues of care	<input type="checkbox"/>	<input type="checkbox"/>	
Time management	<input type="checkbox"/>	<input type="checkbox"/>	
Integrating personal and professional goals	<input type="checkbox"/>	<input type="checkbox"/>	
Managing stress	<input type="checkbox"/>	<input type="checkbox"/>	
VI. Research			
Selection of a mentor (1 st year)	<input type="checkbox"/>	<input type="checkbox"/>	
Selection of a project (1 st year)	<input type="checkbox"/>	<input type="checkbox"/>	
Understanding the research background	<input type="checkbox"/>	<input type="checkbox"/>	
Acquiring skills to completing study	<input type="checkbox"/>	<input type="checkbox"/>	
Progress in completion of study	<input type="checkbox"/>	<input type="checkbox"/>	
Source of funding for research	<input type="checkbox"/>	<input type="checkbox"/>	

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Fellowship Goal Worksheet
(Please provide at least 3 short- and long-term goals)

Short-Range Goals (for current academic fellowship year):

Goal	Means to accomplish goal

Long-Range Goals:

What is your career track?

- Physician Research Scientist
- Physician Educator Scientist
- Clinical Subspecialist
- Research Scientist
- Other _____
- Undecided

Goal	Means to accomplish goal

Other professional goals

- Certifications
- Advanced degrees
- Residency
- Additional fellowship
- Courses:

Certifications

NRP certification: expires ___ / ___ (month/year)

PALS certification: expires ___ / ___ (month/year)

Do you have a Texas State License (required for ABP eligibility)? ___ yes ___ no

Do you have an Institutional Training Permit? ___ yes ___ no ___ n/a

Texas State Jurisprudence Exam (if applicable):

- Passed
- Plan to take in _____ (year)

Texas State License Application:

- Completed
- In process
- Not started

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American Board of Pediatrics Examination Result

___ Passed ___ (year)

___ Plan to (re)take in ___ (year)

Areas requiring most attention (Circle):

Physiologic/Behavior/ Developmental	Nutritional/ Gastrointestinal	Endocrine/ Metabolism	Body Fluids/Renal/ Urogenital
Lymphoreticular/ Hematologic	Connective Tissue/ Skin	Musculoskeletal/ Sports Medicine	CNS/ Neurologic
EENT	Pulmonary	Cardiac	Infectious Disease/ Allergy/Immunology
Fetus and Newborn/ Genetics, Dysmorphology	Adolescent Medicine/ Gynecology	Critical Care/ Emergency Care/Poisoning	Miscellaneous

Resources to be used to improve above areas:

- 1.
- 2.
- 3.

Subspecialty In-training Examination Results

Year	Score	Mean
1		
2		
3		
4		

Areas requiring most attention (Circle):

Asphyxia and resuscitation	Basic principles of pharmacology	Bilirubin	Cardiovascular	Development and Behavior
Endocrine/Metabolic	Experimental Design/Statistics	HEENT	GI	Genetics/Dysmorphism
Health Services Delivery, Ethics, Counseling	Heme/Onc	Immunology	Infectious Disease	Maternal-Fetal Medicine
Neurology	Nutrition	Respiratory	Skin Disorders	Water/Salt/Renal

Resources to be used to improve above areas:

- 1.
- 2.
- 3.

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ABP Scholarly Activity Worksheet

Define anticipated focus area of scholarly activity:

- Biomedical research (laboratory, clinical)
- Meta-analysis of literature
- Systemic review of clinical practice
- Critical analysis of public policy relevant to subspecialty
- Curriculum development project with assessment component
- Other: _____

Anticipated work product of scholarly activity above:

- Peer reviewed publication
- In-depth manuscript describing completed project
- Thesis or dissertation written in connection with the pursuit of advanced degree
- Extramural grant application that has either been accepted or favorably reviews
- Progress report for projects of exceptional complexity, such as a multi-year clinical trial

Abstract of Scholarly Activity

Title of project:

Mentor(s):

Background:

Hypothesis:

Methods:

Summary of results to date:

Projected activities/outcomes over next 12 months:

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Scholarship oversight committee

Members: (at least 3 members including one outside of NPM)

NPM:

Outside the division: (specify dept and division):

Date of next research presentation followed by SOC meeting:

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Application for a Position after Fellowship

Preparation:

CV	
Teaching portfolio	
Visa: prolongation/change	
Letters of recommendation	

Consider:

State License application	
DEA/DPS application/transfer (if moving to other state)	
Consider lawyer (contract, visa, medicolegal liability)	

Priority (list 1 to 5) Worksheet

Professional	
Personal	
Family	

Interview season:

Start & finish	
Best months vs. research & clinical time	

Job scoring grid (1)

Location	Interview date	Professional	Personal	Family	Overall

(1) Collate from each interview using Appendix H. WORKSHEET FOR PRACTICE EVALUATION, available at: <http://www.nature.com/jp/journal/v22/n1s/index.html>