Summer Stock 2005 Available

A compilation of the classroom activities developed by the participants in the STARS Summer Research Program for Teachers is available free of charge. The activities range in level of applicability from middle school science to Advanced Placement classes. You may obtain a FREE copy of Summer Stock 2005 by contacting the STARS office.

Spring & Summer 2005 STARS Events

A wide variety of educational opportunities is offered for free in the state of Texas. STARS symposia consist of a series of lectures given by scientists and physicians currently doing research at UT Southwestern Medical Center at Dallas and affiliated institutions. The science-symposia and inservice sessions are excellent resources for teachers to learn about cutting-edge research in the biomedical sciences, to discover new classroom activities, and to obtain professional development credit at the same time. If you wish to attend any upcoming events, please pre-register by calling 214-648-9505 or visiting our online registration page at www.utsouthwestern.edu/stars.

Mini-Symposium: HIV Update - Mar. 7, 2005

What's new in the treatment and care of HIV/AIDS? Join STARS as we explore the latest developments in this exciting and critical field.

Mini-Symposium: Simple Models for Women Problems - Jan. 10, 2005

What is a model? It is something simple that resembles something more complicated. Scientists make a model of a disease to learn about it and test treatments. They want to learn as much as possible about it before attempting to diagnose and treat patients with the disease. There are many different ways to model a disease, and for our first event of the Spring semester, we looked at two simple models used for human heart disease. Pradeep Mammen, M.D., Assistant Professor of Internal Medicine - Cardiology, began the evening with a talk on The Cardioprotective Role of Myoglobin in the Heart, which discussed the use of tissues outside the body to protect heart tissue during surgeries. Following that, Philip Keiser, M.D., Associate Professor of Molecular Genetics, focused on the use of Drosophila (fruit flies) in research entitled, What Flies Tell Us About Heart Disease.

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What’s the Inside?
Three years ago, Dr. Shane Lowe, a third-year medical student at UT Southwestern, participated in the Greater Dallas Chamber's 2005 Job Shadowing Program. They came to UT Southwestern to learn about careers in science and medicine. The students visited the electron and scanning microscope lab with Mr. George Lawton and Mr. Tom Januszewski; the Plastic Surgery Lab with Dr. Spencer Brown; the Physical Medicine and Rehabilitation Lab with Ms. Kristin Harder. The students also learned about Emergency Medical Technology with Mr. Austin Beard and about Nursing in Children's Medical Center of Dallas' Pediatric ICU with Ms. Donna Rahn. During lunch the students got the chance to visit with a couple of 4th year medical students, Ms. Amy Powers and Ms. Lynndsey Cox, about what it's like to be in medical school. STARS is pleased to support such an academically motivating educational activity dedicated to giving kids an up-close look at the world of work.

The mission of the Greater Dallas Chamber's Job Shadowing Program is to impact the future of workforce and economic development in this region by reaching out to today's students and tomorrow's workforce and bridging the gap between education and the business community. On Friday, February 11, 2005, forty-five 9th graders from W.W. Samuell High School in Dallas participated in the Greater Dallas Chamber's 2005 Job Shadowing Program. They came to UT Southwestern to learn about physics at the University of Texas Southwestern to learn about physics at the University of Texas Southwestern.

Missed it or Want to See it Again?
If you missed a STARS Basic Science Symposium / Mini-Symposium or want to share it with your students and/or colleagues, you can order a FREE video of the event(s). Just give us a call or email.

Mark your Calendars!
Fall 2005

- Sept. 12, 2005 Monday 5:30 pm - 8:00 pm Mini-Symposium: Viruses & Organelles
  Lecture Hall, D1.502
- Oct. 8, 2005 Saturday 9:00 am - 3:00 pm Basic Science Symposium: Imaging: Structure & Function
  Lecture Hall, D1.502
- Nov. 7, 2005 Monday 5:30 pm - 8:00 pm Mini-Symposium: Hearts Gone Bad
  Lecture Hall, D1.502
- Dec. 3, 2005 Saturday 9:00 am - 3:00 pm Teacher Inservice: Wildlife CSI
  Meeting Room, D1.200
  Limited Enrollment

Other Important Dates to Remember
- Jan. 20, 2006 Friday Deadline to submit requests for Science Fair Judges
- Feb. 3, 2006 @ 4pm Friday Application Deadline for the Summer Research Program
- June 5, 2006 Monday Summer Research Program Begins
- July 28, 2006 Monday Summer Research Program Ends

All events are held on the UT Southwestern South Campus at 5323 Harry Hines Blvd, Dallas, TX 75390. For directions, call the STARS office or visit the STARS web page.
The program is open to all secondary Texas teachers and Dallas Independent School District juniors.

Applications for the 2006 Summer Research Program will be available in December and will be due on February 3, 2006, at 4 pm.

Bruce Boehme of the Zion Lutheran School, Dallas. Host: James Richardson, D.V.M., Ph.D., Pathology

“AAfter the summer STARS experience, I now have a much greater empathy for my students who may experience feelings on having no clue as to what is being presented. I will be more aware of these situations and adjust my teaching accordingly.”

Nathan Dunn of Cross Timbers Middle School, Grapevine-Colleyville. Host: Ralph Shohet, M.D., Internal Medicine

“The STARS Program has been an overwhelmingly positive experience for me on both a professional and personal level. I learned things I didn’t even know I didn’t know. Working in a professional lab setting is a needed divergence from teaching middle school science. It was refreshing working on your own schedule, dictated by the tasks you needed to accomplish each day and not the timed rigid monotony of a bell. It was also encouraging to learn something for the sake of broadening one’s knowledge and experience and not necessarily for the purpose of attending a workshop and then implementing it into your instruction. I believe that teachers who totally immerse themselves in education workshops, who experience little outside their area of focus and interact with few individuals outside their chosen profession, are minimally effective in their classroom. While their resumes may boast of superior educational accomplishments, they have grown little as human beings and have not nurtured the most human of their qualities, the pursuit of life-long learning. Every new experience we have, every new relationship we nurture, positive or negative, allows us to grow, change, develop and make ourselves a better person. My experience in the STARS program has fulfilled all of these objectives. I’ve been frustrated, overjoyed, angry, excited, relaxed, engaged, challenged, confused, certain, empty, and enriched, sometimes all in the course of one day. The STARS program really reminds me of what it’s like to be a student again, full of that unknown dread, yet full of excitement to conquer it, each day. The exceptional individuals I was able to work alongside in my lab helped me through all of my trials and celebrated my accomplishments with me throughout this enlightening journey. Even if I hadn’t learned a significant body of new scientific knowledge through this experience, STARS made me better by introducing me to such a wonderful bunch of people. At times I didn’t think I was good enough to take on all the challenges STARS threw at me, but in hind sight, I believe that was the best part. Being extended, challenged and seeing how much better you can be, isn’t that really the point of life, striving to better oneself? I believe so and the STARS program helped reinforce this belief. I would definitely participate in STARS every year if they would allow me the opportunity. I can’t wait to share the “real” science with my students!”

Sandy Eberle of Central Junior High School, Hurst-Euless-Bedford. Host: Shuxin Li, M.D., Ph.D., Neurology

“The STARS program has been a refreshing change of pace for me this summer. I never realized all the effort that goes into doing research, along with all of the pitfalls that arise along the way. It is a slow process and many times you do not even realize that what you stumbled upon was in fact just what you were looking for. One thing that has stuck out in my mind since the moment I set upon UT Southwestern’s campus was just the feeling of intelligence and intense pressure to be the first group to discover your particular area of study. It is amazing to me how so many individuals of this high of caliber can fit into a relatively small square footage of land. It has been most impressive to me to be a part of this program and to see all the inter-workings in the scientific community. This experience will lend me to bring such a wealth of information back to my students - especially the understanding of where they are coming from and realizing that there is so much out there that I don’t understand. This experience has been extremely humbling, but so wonderful at the same time. It is astonishing to find that everyone here has been extremely generous, friendly, and willing to share and explain anything you need. Thank you for allowing me to be a part of this program!”

Aurora Everett of Richardson High School, Richardson. Host: Jeffrey Elliott, M.D., Neurology

“My summer experience in Dr. Elliott’s lab this summer was extremely rewarding. I have learned more science information and applications in these two months than in most of my undergraduate science work. I am excited about passing on this enthusiasm to my biology students this year and for years to come.”

Kathy Hall of Liberty Christian School, Dallas. Host: Skip Garner, Ph.D., McDermott Center for Biomedical Research/Biochemistry/Internal Medicine

“When asked the typical back-to-school question, “What did you do on your summer vacation?” I have a very different answer this year. I spent my summer gaining a renewed vision for the relevance of what I teach by participating in the STARS biomedical research program for teachers at UT Southwestern Medical Center! It has been a challenging yet very rewarding experience. I have used brain cells I didn’t know I had while practicing so many of the thinking skills and-

(continued on other side)
scientific practices I work so hard to instill in my students during the school year. I even had to use calculus to analyze the data I collected with a high-performance liquid chromatography (HPLC) apparatus. Remember that old, “When will I ever use this,” question? What a thrill it was to find myself surrounded by scientists working to develop new technologies and strategies to impact society in so many ways: drug discovery; cancer research (in partnership with NASA); cardiac disease research; digital optical chemistry with quantum dots; biodefense webportals; and holographic television to name just a few. I highly recommend the STARS program to any teacher looking for a new challenge and a new vision of the importance of teaching the principles of science in the middle school or high school classroom.”

“STARS gave me the opportunity to learn about scientific research through lab, clinic, and seminar experiences. I am grateful to Dr. Mayo and Iorna Handem for teaching me so much and allowing me to participate in their research on Primary Biliary Cirrhosis. In the years to come, I want to pass on my experiences to my students and encourage them to seek out scientific research projects.”

“It was amazing to have the opportunity to work in an area of science I didn’t even think I would enjoy, but I loved it. The STARS Program afforded me the chance to rekindle an enthusiasm and excitement for science. A very rewarding experience indeed!”

“The STARS summer research program has offered me the opportunity to experience real scientific research and discovery. It has been exciting to follow the steps of the research process from the operating room to the laboratory, gaining a better understanding of the time and dedication it takes to achieve meaningful medical or scientific advancement.”

“It has been a goal of mine to return to a laboratory setting since graduating from college. Fortunately, the STARS program has given me this opportunity. My summer long research internship has allowed me to further my education in science with hands on research. I was trained in everyday laboratory tasks as well as precise techniques in genetics and molecular biology. This knowledge allowed me to be a biomedical researcher for eight weeks. The STARS program resulted in an abundance of fascination as well as engaging learning. It is important for science teachers to stay interested and up to date with science. This experience did that and more for me as a professional. I would highly recommend this experience for any science teacher for the purposes of learning and enrichment. Now I fully understand what goes on in a biomedical research lab and what it takes to be a research scientist. I hope to inspire my students about biomedical research to the same degree as this research experience inspired me.”

2005 Summer Research Program for Students Participants

STARS PARTICIPANTS
Anthonia Anyanwu
Ana Castro
Sabina Khan
Haley Marshall
Stephanie Pagan
Christopher Riley
Alexandra Robinson
Senada Softic
Jessica Wagner
Allan Wang

OTHER STUDENT PARTICIPANTS
Michelle Attah
Hunter Banks
Chris Booth
Justine Lin
Ian McCoy
Perini Shah
Michael Shay
Jessie Wang

SCHOOLS
Carter High School
Townview - Health Professions High School
WT White High School
Townview - Talented & Gifted Magnet
Townview - Talented & Gifted Magnet
Skyline Center
Booker T. Washington High School for the Performing & Visual Arts
Townview - Health Professions High School
Booker T. Washington High School for the Performing & Visual Arts
WT White High School

SCHOOLS
TAMS
St. Marks
Jesuit College Preparatory of Dallas
Greenhill School
Highland Park High School
Plano Senior High School
St. Marks
MIT

HOSTS
Dolores Peterson, M.D., Ph.D.
Wei Ke Tao, M.D.
Christine Garcia, M.D., Ph.D.
Ravi Sarode, M.D.
Dana Hardin, M.D.
Jim Thornton, M.D.
Robert Toto, M.D.
Dawen Zhao, M.D., Ph.D.
Diana Tomchick, Ph.D.

HOSTED BY
Rebecca Gruchalla, M.D., Ph.D.
Joseph Albañesí, Ph.D.
Victor Lin, Ph.D.
Mala Mahendroo, Ph.D.
Spencer Brown, Ph.D.
Gail Tomlinson, M.D., Ph.D.
John Minna, M.D.
Kristen Lynch, Ph.D.
STARS Participates in Greater Dallas Chamber’s 2005 Job Shadowing Program

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Spring & Summer 2005 STARS Events– Continued from Page 1

Summer Basic Science Symposium: Nutrition: Facts, Fads, & Fallacies - June 13, 2005

The morning session of our summer symposium looked at our molecular responses to food intake. Our first talk was given by Jennifer Cuthbert, M.D., Professor of Internal Medicine - Digestive & Liver Diseases, entitled, Digesting the Food Triangle: What Happens to What We Eat? Our second presentation was on the Basic Biochemistry of Nutrition by Julian “Bill” Peterson, Assistant Professor of Clinical Nutrition, and ended with a talk some Fad Diets by Bernadette Latson, M.S., RD/LD, C.D.E., Assistant Professor of the Training Program (MSTP). The afternoon session, which focused on outside influences to eating began with a look at some Fast Diets by Bernadette Latson, M.S., RD/LD, C.D.E., Assistant Professor of Clinical Nutrition, and ended with a talk by Stephanie Sentiff, M.D., Associate Professor of Psychiatry, on Eating Disorders.

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Check Out his website to learn more about his project and get your students involved in this scientific adventure by learning about his journey, trying to answer his weekly questions, and submitting questions for him to answer during his stay in Antarctica. (http://www.utsouthwestern.edu/stars)
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STARS Notes
September 2005
Volume X, Number 2

Joel Goodman, Ph.D., Professor of Pharmacology
STARS Coordinator
Patricia Bleigh, Program Coordinator

Dr. Goodman teaches in the medical, graduate, and allied health schools, and since 2000, he has been the director of the sophomore medical pharmacology course. Goodman said he was thrilled to accept the position of STARS Coordinator because “biomedical science is moving very quickly now and UT Southwestern has enormous potential to help primary and secondary school students, through their teachers, master the basics as well as the most recent developments in this exciting and critical field.” Dr. Goodman is looking forward to listening to teachers and students and beginning new initiatives to enrich science education further.

Outside of UT Southwestern, Dr. Goodman plays classical piano. In 2000 he was a participant in the Van Cliburn International Competition for Outstanding Amateurs. He has played in many talent and variety shows on campus, and he and his wife Bobbi held several duo-piano recitals in the Dallas-Fort Worth area in the 1980’s and 1990’s.

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Dr. Goodman’s devotion and contributions to education began in 1983 when he established a summer research apprenticeship program for minority high school students and teachers. After over 15 years of growing this program, it became an integral part of STARS.

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Mini-Symposium: HIV Update - Mar. 7, 2005
Our next event was an update on HIV. We focused the evening on the basics of virus infection, persistence, and new therapy. David Margolis, M.D., Associate Professor of Internal Medicine - Cardiology, began the evening with a talk on The Cardioprotective Role of Myoglobin in the Heart, which discussed the use of tissues as models. Our second talk of the evening was HIV Biology & Disease: A Persistent Foe. Requires A Continued Response by David Margolis, M.D., Associate Professor of Internal Medicine & Medical-Director of Cardiology.

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