

## REHABILITATION COUNSELING

• clinical nutrition • emergency

medicine education • health care sciences • physical therapy • physician

assistant studies • prosthetics-orthotics • radiation therapy



## REHABILITATION COUNSELING

### ■ DEGREE AND CERTIFICATE OFFERED

Master of Rehabilitation Counseling  
Post-Master Certificate in Rehabilitation  
Counseling

### ■ ACTING CHAIR

Gerald Casenave, Ph.D.

### ■ CO-CHAIRS, GRADUATE PROGRAM

Gerald Casenave, Ph.D.  
Cheryl H. Silver, Ph.D.

## FACULTY

### ■ PROFESSORS

#### **C. Munro Cullum**

Ph.D., UT Austin, 1986

#### **Charles McConnell**

Ph.D., University of Southern California, 1970

#### **Cheryl H. Silver**

Ph.D., UT Austin, 1986

### ■ ASSOCIATE PROFESSORS

#### **Gerald Casenave**

Ph.D., UT Southwestern Medical Center, 1990

#### **Mary B. Turner**

Ph.D., UT Southwestern Medical Center, 1991

### ■ ASSISTANT PROFESSORS

#### **Robert Drake**

M.S., UT Southwestern Medical Center, 2001

#### **Pauline Weatherford**

M.S., UT Southwestern Medical Center, 2001



Gerald Casenave, Ph.D.  
Acting Chair, Graduate Program

### ■ FACULTY ASSOCIATE

#### **Lindsey C. Rose**

M.S., UT Southwestern Medical Center, 2010

### ■ SPECIAL FACULTY

#### **Robert J. Gatchel**

Ph.D., University of Wisconsin, 1973

#### **Michael Gottlieb, Clinical Professor**

Ph.D., Texas Tech University, 1972

#### **Martin Lumpkin, Clinical Professor**

Ph.D., Texas Tech University, 1971

#### **Paul Silver, Clinical Associate Professor**

Ph.D., Virginia Commonwealth University, 1987

#### **Ted Asay, Clinical Assistant Professor**

Ph.D., Brigham Young University, 1984

#### **Dana Bernstein,**

#### **Clinical Assistant Professor**

Ph.D., University of North Texas, 2004

#### **Robin Binnig, Clinical Assistant Professor**

Ph.D., UT Southwestern Medical Center, 1998

**Karen Brewer-Mixon,**  
**Clinical Associate Professor**  
Ph.D., UT Southwestern Medical Center, 1994

**Carlos W. Davis,**  
**Clinical Assistant Professor**  
Ph.D., University of Georgia, 1978

**Kimberly Roaten,**  
**Clinical Assistant Professor**  
Ph.D., UT Southwestern Medical Center, 2008

**Jacqueline Stephens,**  
**Clinical Assistant Professor**  
Ph.D., University of North Texas, 1983

**Jean-Claude Wakim,**  
**Clinical Assistant Professor**  
Ph.D., UT Southwestern Medical Center, 1993

**Emily W. Touchstone,**  
**Clinical Instructor**  
Ph.D., University of Texas at Dallas, 1999

**CERTIFICATE IN REHABILITATION  
COUNSELING**

The Certificate in Rehabilitation Counseling at UT Southwestern School of Health Professions is designed for working professionals who want to become eligible to take the Certified Rehabilitation Counselor Examination. The certificate Program is a 14-hour/five-course plan designed for individuals who already have a master's degree in counseling, but lack specific rehabilitation-oriented courses that are required in order to become a Certified Rehabilitation Counselor. The evening courses are taught one night a week, with two courses in the fall semester, two in the spring semester, and one in the summer semester.

**FALL**

| <b>COURSE</b>   | <b>HOURS</b> |
|---|--------------|
| MRC 5335 Counseling Theory<br>and Techniques                          | 3            |
| MRC 5332 Occupational Information, Job<br>Analysis, and Job Placement | 3            |

**SPRING**

|  |   |
|--|---|
| MRC 5311 Profession of Rehabilitation<br>Counseling (Case Management<br>& Rehabilitation Services) | 3 |
|--|---|

|   |   |
|---|---|
| MRC 5203 Medical and Psychological<br>Aspects of Disability | 2 |
|---|---|

**SUMMER**

|   |           |
|---|-----------|
| MRC 5343 Social and Cultural Issues in<br>Rehabilitation Counseling | 3         |
| <i>Total</i>  | <i>14</i> |

**MASTER IN REHABILITATION COUNSELING**

■ **OBJECTIVES**

The program leading to the Master of Rehabilitation Counseling offers the opportunity for students to learn the concepts and skills needed in vocational and adjustment counseling for people with disabilities. Rehabilitation counseling specialists work in a variety of settings, often helping those with physical and psychosocial disabilities achieve their highest level of adjustment. They are involved in client/consumer assessment, counseling and guidance, obtaining medical and training services, and placement in the work environment. Many rehabilitation counselors are employed with state and federal rehabilitation agencies, rehabilitation centers, employment services, prisons, hospitals, clinics, welfare offices, educational facilities, and in research settings. The program offers opportunities for interested students to specialize in counseling individuals with disabilities related to chronic pain, brain injury, dementia, epilepsy, cancer, and psychiatric disorders. Opportunities for specialization in neuropsychological assessment also exist.

An administrative link between this Program and the Clinical Psychology doctoral Program gives students access to certain faculty, and to psychology course work.

■ **ACCREDITATION**

The Rehabilitation Counseling Program is accredited by the Council on Rehabilitation Education. A special effort has been made to offer, whenever possible, course work in areas of study relative to certification as a rehabilitation counselor and to certification as a psychological associate and/or a licensed professional counselor in the state of Texas.

## FACILITIES

In addition to the Medical Center's campus facilities, students may elect various internship experiences within special facilities in the Dallas area. For example, students may see clients/consumers from the Texas Department of Assistive and Rehabilitative Services and the Parkland Health & Hospital System.

The Rehabilitation Counseling Program maintains space and equipment to teach counseling and assessment skills. The Department also operates the University Rehabilitation Service (URS), a comprehensive vocational rehabilitation facility that provides a locus for the practicum and internship phases of the Program. It provides a range of rehabilitation diagnostic and treatment services to people with disabilities in the Dallas/Fort Worth area. These include psychological evaluation, neuropsychological evaluation, psychological counseling, psychosocial skills training, and supported employment services.

As a university-based rehabilitation facility, the URS also serves as a clinical training facility for advanced students in rehabilitation counseling and a research facility for developing, implementing, and studying the effectiveness of various innovative rehabilitation evaluation protocols and behavior change/counseling modalities. In addition, a pediatric neuropsychology service provides training and research opportunities.

Practicum and internship students provide services under the supervision of faculty and are involved in seminars and case conferences on a regular basis. The program facilitates the professional practice of rehabilitation counseling on this campus and enhances the integration of service, teaching, and research. It also offers opportunities to create links with various Departments of UT Southwestern Medical School and UT Southwestern School of Health Professions.

## REQUIREMENTS FOR ADMISSION

There are two minimum requirements that must be met to be considered for admission to this program:

- 1) A bachelor's degree or its equivalent from an accredited U.S. institution or proof of equivalent training at a foreign university;
- 2) Satisfactory grades (generally a minimum overall grade-point average of 3.0) in undergraduate and graduate course work.

In addition, the applicant must submit the score on the Graduate Record Examination General Test and request that the GRE scores be sent directly to the Admissions Office. The code number for UT Southwestern Medical Center is 6686.

Applicants must have taken the GRE within five years preceding the expected date of enrollment. GRE scores older than five years will not be accepted unless the applicant has recently been engaged in graduate study at this or another university.

Applicants should have an undergraduate major in the behavioral sciences, such as psychology, sociology, or gerontology; education and business administration also are acceptable. The applicant is required to demonstrate proficiency in basic statistics prior to admission. Individual exceptions will be judged by the department.

The Admissions Committee uses a number of criteria in evaluating applicants:

- 1) High-order intellectual abilities, with particular emphasis on those skills necessary for counseling and psychological practice;
- 2) Good academic background in psychology, counseling, and rehabilitation-related courses;
- 3) Personal suitability for a career in rehabilitation counseling as evidenced by ability to relate to others, warmth, empathy, and a sincere interest in psychological processes;
- 4) Motivations, expectations, and career aspirations congruent with the nature of this Program;

- 5) Successful experience in rehabilitation, counseling, and/or psychology-related activities.

In addition, in order to maximize inclusiveness, the committee will consider applicants whose backgrounds reflect socioeconomic hardship, successful prior careers in another field, and significant research or work experience.

Applicants are evaluated on a competitive basis. Efforts are made to assemble a group of students with the goal of producing professionals equipped to serve our changing communities effectively. All admissions are subject to approval of the Graduate Studies Committee.

The deadline for submitting completed applications is May 31; however, it is to the advantage of the applicant to apply earlier as classes may fill. Applications are accepted as early as the preceding November 1. Students are admitted to the Program only in the fall term.

CURRICULUM

The program is designed to offer students the opportunity to learn the relevant theory and basic skills important to the profession of rehabilitation counseling: 1) rehabilitation history; 2) psychological assessment; 3) counseling theory and techniques; 4) behavioral approaches to personality change; 5) personality dynamics and theory; 6) occupational information and vocational appraisal; 7) community organization and resources; 8) cultural diversity; and 9) family and group interventions.

Practicum and internship sites and research projects can be organized to enhance basic course work. Students can orient their training toward people with severe disabilities, including head injury, psychiatric illness, and developmental disabilities. Faculty members with neuropsychology expertise also help guide research projects and develop skills in these growing areas.

Limited substitution of elective courses may be made with prior permission of the Graduate Studies Committee. A minimum of 60 credit hours is required for a degree even if a student has

advanced standing. The order of courses is subject to change.

FIRST YEAR

| FALL     |   |       |
|----------|---|-------|
| COURSE   |   | HOURS |
| MRC 5310 | Introduction to Assessment  | 3     |
| MRC 5311 | The Profession of Rehabilitation Counseling: Issues and Practices | 3     |
| MRC 5212 | Psychopathology   | 2     |
| MRC 5236 | Counseling Techniques in Rehabilitation                           | 2     |
| HCS 5106 | Professional Development*   | 1     |
| Total    |   | 11    |

SPRING

|          |  |   |
|----------|--|---|
| MRC 5201 | Human Development  | 2 |
| MRC 5332 | Occupational Information, Vocational Analysis, and Placement | 3 |

\* HCS 5106 Professional Development is taken in the fall and spring semesters of the first year.

|          |   |    |
|----------|---|----|
| MRC 5233 | Techniques of Assessment and Evaluation           | 2  |
| MRC 5335 | Counseling Theory and Techniques                  | 3  |
| MRC 5337 | Research Methods and Techniques in Rehabilitation | 3  |
| Total    |   | 13 |

SUMMER

|          |   |    |
|----------|---|----|
| MRC 5202 | Counseling Family Systems                           | 2  |
| MRC 5203 | Medical and Psychological Aspects of Disability     | 2  |
| MRC 5338 | Theories and Methods of Cognitive Behavioral Therap | 3  |
| MRC 5098 | Thesis Research                                     | 3  |
| Total    |   | 10 |

SECOND YEAR

| FALL     |   |       |
|----------|---|-------|
| COURSE   |   | HOURS |
| MRC 5240 | Introduction to Group Counseling Techniques in Rehabilitation | 2     |
| MRC 5098 | Thesis Research   | 3     |
| MRC 5090 | Internship in Rehabilitation Counseling                       | 4     |
| Total    |   | 9     |

**SPRING**

|   |           |
|---|-----------|
| MRC 5343 Social and Cultural Issues<br>in Rehabilitation Counseling | 3         |
| MRC 5098 Thesis Research  | 3         |
| MRC 5090 Internship in Rehabilitation<br>Counseling                 | 4         |
| <i>Total</i>  | <i>10</i> |

**SUMMER**

|   |          |
|---|----------|
| MRC 5098 Thesis Research                            | 3        |
| MRC 5090 Internship in<br>Rehabilitation Counseling | 4        |
| <i>Total</i>  | <i>7</i> |

**GRADUATION REQUIREMENTS**

A candidate for the degree of Master of Rehabilitation Counseling at UT Southwestern School of Health Professions must meet all of the following requirements:

- 1) The student must demonstrate a high order of scholarly achievement in rehabilitation counseling, including appropriate professional competencies. The Program’s Student Progress Committee determines whether adequate mastery has been acquired.
- 2) The student must complete satisfactorily a minimum of 60 semester hours at UT Southwestern School of Health Professions.
- 3) The student must discharge all financial obligations to the Medical Center. In the event of nonpayment, one or more actions may be taken by the dean: a) readmission may be denied; b) the student’s grades and official transcript may be withheld; and c) the degree to which the student would otherwise be entitled may be withheld.
- 4) The student must maintain at least a 3.0 cumulative GPA (on a 4.0 scale), have no deficiencies, and have no incompletes.
- 5) The student must complete the academic requirements listed on his or her degree plan, including completion of any academic deficiencies in prerequisite courses, by the times stated in the student’s official letter of acceptance. The student is responsible for submitting official documentation of successful completion of the prerequisites to the Office of the Registrar.
- 6) The student must pay a graduation fee designated to partially offset the costs associated with diploma and diploma cover





production, regalia, and the commencement ceremony. All students completing a degree or certification must pay the fee whether they attend the commencement ceremony or not.

- 7) Admission to candidacy is typically granted at the end of the second semester of the first year in the Program. In order to be admitted to candidacy, a student must obtain a minimum GPA of 3.0 in course work. If this condition is not met, the student will not be recommended for admission to candidacy.
- 8) Each student must complete a field examination independent of course grades and internship evaluations. This examination is an important landmark in the student's education and must be completed in the required time frame.
- 9) A completed thesis must be submitted to the Department of Rehabilitation Counseling. The deadline for submission of the electronic thesis in any given semester will be announced and posted by the Graduate Studies Committee.

COURSE DESCRIPTIONS

MRC 5201 HUMAN DEVELOPMENT  
2 SEMESTER HOURS

This course provides the foundation for understanding normal child, adolescent, and adult development. Emphasis is placed on determinants of cognitive and personality factors that can impact the rehabilitation process.  
*Prerequisite:* Consent of instructor

MRC 5202 COUNSELING FAMILY SYSTEMS  
2 SEMESTER HOURS

This course provides a survey of important theories and models relating to interventions with families. Emphasis is placed on the family system and on the reciprocal interactions within the system that can affect the rehabilitation process.  
*Prerequisite:* Consent of instructor

MRC 5203 MEDICAL AND PSYCHOLOGICAL ASPECTS OF DISABILITY  
2 SEMESTER HOURS

This course is an introduction to medical and psychological terminology and practices in rehabilitation. It is a survey of body systems, basic

functions, therapeutic services, and restorative techniques. It also examines the psychological effects that illness has on function and that poor function has on the psychology of the individual.  
*Prerequisite:* Consent of instructor

MRC 5212 PSYCHOPATHOLOGY  
2 SEMESTER HOURS

This course outlines the etiological, emotional, and behavioral characteristics in syndromes of psychopathology. Included is a discussion of treatment and prognosis for independent functioning.  
*Prerequisites:* Consent of instructor and the Graduate Studies Committee

MRC 5233 TECHNIQUES OF ASSESSMENT AND EVALUATION  
2 SEMESTER HOURS

This course continues the study of group and individual tests of intelligence, aptitude, interest, and personality. Students may administer and score tests under supervision to gain experience in observational methods.  
*Prerequisites:* MRC 5310 or consent of instructor and the Graduate Studies Committee

MRC 5236 COUNSELING TECHNIQUES IN REHABILITATION  
2 SEMESTER HOURS

This course presents applied techniques and tape analysis of counseling skills used in exploring, understanding, and developing courses of action for rehabilitation client problems.  
*Prerequisite:* Consent of instructor

MRC 5240 INTRODUCTION TO GROUP COUNSELING TECHNIQUES IN REHABILITATION  
2 SEMESTER HOURS

This course introduces principles of group process and techniques of group counseling. The course offers students an opportunity to develop skills in group leadership, problem resolution, and vocational exploration.  
*Prerequisite:* MRC 5335 or consent of instructor

MRC 5310 INTRODUCTION TO ASSESSMENT  
3 SEMESTER HOURS

This course introduces the concepts of assessment and evaluation. It defines the elements of comprehensive evaluation for the purpose of

guiding the rehabilitation process. Clinical interviewing is taught, along with the use of mental-status examination and behavioral observation. Testing of intelligence and basic academic achievement is covered in this course.

*Prerequisite:* Consent of instructor

**MRC 5311 THE PROFESSION OF REHABILITATION COUNSELING: ISSUES AND PRACTICES**

**3 SEMESTER HOURS**

This course offers students an orientation to the field of rehabilitation counseling, including a survey of history, philosophy, counseling, and economics of the system. Students study the process of rehabilitation, the goals and objectives of the professional organizations, the code of ethics, the standards of preparation, and certification. Techniques of using community resources for rehabilitation service delivery such as counseling, evaluation, work adjustment, and job placement are surveyed.

*Prerequisite:* Consent of instructor

**MRC 5332 OCCUPATIONAL INFORMATION, VOCATIONAL ANALYSIS AND PLACEMENT**  
**3 SEMESTER HOURS**

Information presented in this course covers areas of vocational history and the structure of society; career and/or occupational choice processes and career development, or decision and exploration techniques; skills and physical- or emotional-demands analysis; job analysis, job modification, and placement; resources of occupational and/or educational information; and practice in communicating the world of work in group and individual counseling. Skill training and field experience in job placement techniques are emphasized.

*Prerequisite:* Consent of instructor

**MRC 5335 COUNSELING THEORY AND TECHNIQUES**

**3 SEMESTER HOURS**

This course studies historical and current approaches to individual counseling with application to the field of rehabilitation. Students have the opportunity to develop basic counseling skills used in exploring, understanding, and taking action on client problems.

*Prerequisites:* MRC 5236 or consent of instructor

**MRC 5337 RESEARCH METHODS AND TECHNIQUES IN REHABILITATION**

**3 SEMESTER HOURS**

This course reviews basic statistics and their application to behavioral sciences. Research design and methodology are presented, offering students the opportunity to develop individual research projects during the semester. Using research findings also is stressed.

*Prerequisite:* Consent of instructor

**MRC 5338 THEORIES AND METHODS OF COGNITIVE BEHAVIORAL THERAPY**

**3 SEMESTER HOURS**

This course includes a review of theories and methods of cognitive behavioral therapy and their applications to clinical problems.

*Prerequisites:* One graduate-level counseling course or consent of instructor

**MRC 5343 SOCIAL AND CULTURAL ISSUES IN REHABILITATION COUNSELING**

**3 SEMESTER HOURS**

Studies of change, ethnic groups, subcultures, sexism, and changing roles of women in American society are discussed. Emphasis is placed on concepts of social change, adaptation, and future trends in the American social structure. The impact of social issues on rehabilitation counseling practice also is emphasized.

*Prerequisite:* Consent of instructor

**MRC 5352 DIRECTED READINGS IN REHABILITATION**

**3 SEMESTER HOURS**

This course offers students the opportunity to pursue, under faculty guidance, academic work not available in other courses.

*Prerequisite:* Consent of instructor

**MRC 5391 INDEPENDENT STUDY**  
**3 SEMESTER HOURS**

This course offers an intensive study of a selected topic or problem in rehabilitation with critical reference to appropriate literature.

*Prerequisite:* Consent of the Graduate Studies Committee.

**MRC 5061 PRACTICUM IN REHABILITATION**

This practicum includes supervised individual interviewing and counseling, participation in case





conferences and client staffing, an introduction to case-management techniques, and the evaluation of vocational potential.

*Prerequisite:* Consent of instructor.

#### **MRC 5090 INTERNSHIP IN REHABILITATION COUNSELING**

Students are offered the opportunity to do supervised fieldwork in a selected rehabilitation facility. The internship experience may include counseling, case studies, contacts with community social agencies, and the vocational training and placement of clients with disabilities.

*Prerequisite:* Admission to candidacy.

#### **MRC 5093 SEMINAR IN REHABILITATION**

This course includes reading, reports, and discussion of special areas of rehabilitation. May be repeated for credit.

*Prerequisite:* Consent of instructor.

#### **MRC 5094 RESEARCH IN REHABILITATION**

This course offers students the opportunity to conduct laboratory or field research under supervision of a faculty member.

#### **MRC 5096 SPECIAL TOPICS**

Contemporary topics in rehabilitation counseling are presented by special arrangement. Students also may elect to conduct an in-depth investigation of an area of research or professional interest on an independent study basis.

#### **MRC 5098 THESIS RESEARCH**

Students are offered the opportunity to design and conduct a research project and write a scholarly thesis under the direct supervision of a faculty member in Rehabilitation Counseling.