Preventive Cardiology Update 2013

October 5, 2013

UT Southwestern Medical Center
T. Boone Pickens Biomedical Building, 14th Floor
6001 Forest Park Road, Dallas, TX 75390

Register on-line at utsouthwestern.edu/preventivecardiologysymposium

Course Director
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Dallas, TX

Preventive Cardiology Update 2013

Saturday
October 5, 2013

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14th Floor
6001 Forest Park Road
Dallas, TX 75390

Sponsored by
UT Southwestern Medical Center
Department of Internal Medicine and the
Office of Continuing Medical Education

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E D u c a t i o n a l  P r o g r a m s  f o r  2 0 1 3

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OLAPZI T
Preventive Cardiology Update 2013

Who Should Attend
This course is designed for primary care physicians, cardiologists, endocrinologists, physician assistants, nurses, and nurse practitioners who are interested in learning about the most recent evidence regarding the prevention of cardiovascular disease and its complications.

Purpose and Content
Cardiovascular disease remains the number one cause of death in the United States, killing 800,000 Americans and 40,000 Texans each year. Modifying cardiovascular risk factors has an effective means of reducing morbidity rates in this illness over the past several decades. However, new data are constantly emerging as to the optimal methods of improving risk factors and specific targets of therapy. Incorporating these data into practice requires not only knowledge of changing guidelines, but also practical recommendations and algorithms for implementing these advances. All practitioners who take care of patients with cardiovascular disease, or who are at risk for cardiovascular disease must be familiar with the operational management of its risk factors in a constantly evolving field in order to improve patient care.

The format of this symposium will be a series of lectures given by experts in the field on a variety of topics, presented in a balanced, unbiased manner. There will also be case discussions with questions to foster an understanding of the practical clinical approaches to management of these conditions including guideline recommendations, and appropriate lifestyle and pharmacologic therapies.

Educational Objectives
Upon completion of the activity, participants should be able to:

- Describe the trends in risk factors for heart disease and stroke in the US and Texas
- Create a comprehensive care plan for cardiovascular risk reduction in patients with diabetes
- State how to incorporate new and emerging scientific evidence in the management of dyslipidemia
- Apply evidence-based strategies to evaluate and treat patients with resistant hypertension
- Perform screening for diabetes and genetic causes of very high LDL cholesterol
- Discuss interventions and tools to assist in lifestyle counseling
- Determine effective weight loss strategies for patients at cardiometabolic risk

Accreditation
The University of Texas Southwestern Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing education for physicians.

Credit Designation
The University of Texas Southwestern Medical Center designates this live activity for a maximum of 4.75 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

UT Southwestern University Hospitals is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited provider by the American Nurses Credentialing Center’s Commission on Accreditation.

This activity provides 4.5 contact hours.

Conflict of Interest
It is UT Southwestern’s policy that participants in CME activities should be made aware of any affiliation or financial interest that may affect the speaker’s presentation(s). Each speaker has completed and signed a conflict of interest statement. The faculty members’ relationships will be disclosed in the course syllabus.

Discussion of Off-Label Use
Because this course is meant to educate physicians with what is currently in use and what may be available in the future, there may be “off-label” use discussed in the presentations. Speakers have been requested to inform the audience when off-label use is being discussed.

Registration
The registration fee entitles the participant admission to the conference, all course materials, breakfast, lunch and refreshments breaks during the meeting.

Enrollment is confirmed upon receipt of registration fee. We are unable to process any registration without payment. Please register early. We cannot guarantee course materials on site to anyone registering later than September 23, 2013.

Refund Policy
A $50 handling fee will be deducted from cancellation refunds. For a full refund, requests must be received by mail or fax prior to September 23, 2013. A 50% refund request must be received by mail or fax prior to September 23, 2013.

No refunds will be made thereafter.

Cancellation Policy
The Office of Continuing Medical Education reserves the right to limit registration and cancel courses, no less than one week prior to the course, should circumstances make this necessary.

Location
UT Southwestern Medical Center
T. Boone Pickens Biomedical Building-16th Floor
6011 Forest Park Road
Dallas, TX 75390

Parking
Parking is available in the parking garage entered from 6011 Forest Park, located adjacent to the T. Boone Pickens Biomedical Building. The garage entrance is to the right of the front building entrance. The garage elevators will take you to the third floor.

Additional Information
For additional information, please call the Office of Continuing Medical Education, 214-648-3318, 1-800-688-6878, or email cmecalendar@utsouthwestern.edu

To obtain information on other UT Southwestern programs, you can access the Office of Continuing Medical Education’s monthly calendar, and your name, medical specialty, and current email address to cmecalendar@utsouthwestern.edu

For a free email subscription of The Office of Continuing Medical Education’s monthly calendar, and your name, medical specialty, and current email address to cmecalendar@utsouthwestern.edu

Program Accessibility
We accommodate people with disabilities. Please call 214-648-3318 for more information, or mark the space indicated on the registration form. To excuse accommodation, please register as soon as possible.

The University of Texas Southwestern Medical Center is committed to providing programs and activities to all persons regardless of race, color, national origin, religion, sex, age, veteran status, or disability.

UT Southwestern is an equal opportunity institution.

Agenda
Saturday, October 5, 2013

7:45 am Registration & Continental Breakfast

8:15 am Introduction - State of the “Heart” in the US and Texas 2013
- Amit Khera, M.D., M.Sc, F.A.C.C.

8:30 am Creating and Implementing a Comprehensive Diabetes Care Plan
- Israel Hartman, M.D., F.A.C.E.

9:15 am Generics, New Studies, Failed Paradigms - Where are We with Lipid Management in 2013?
- Anand Rohatgi, M.D., M.S.C.S, F.A.C.C.

10:00 am Break

10:15 am How to Evaluate and Treat Patients with Resistant Hypertension
- Wanpen Vongpatanasin, M.D.

11:00 am Managing Patients with Very High LDL - Looking Beneath the Surface, Looking Towards New Options
(Lecture and case based discussion)
- Amit Khera, M.D., M.Sc, F.A.C.C.

11:45 am Lunch

12:45 pm Promotion of Improved Eating and Regular Exercise
- Susan Rodder, R.D., L.D., M.S.

1:15 pm Novel and Effective Strategies for Obesity Management
- Kevin Hwang, M.D., M.P.H.

2:00 pm Wrap Up

2:15 pm Adjourn

Preventive Cardiology Update 2013

REGISTRATION FORM

October 5, 2013

Register on-line at utsouthwestern.edu/preventivecardiologysymposium

Name:

Address:

City: State: Zip Code:

Last Four Digits of SS#:

Business Phone:

Fax:

Email:

Specialty:

Degree:

Email Address:

ADA Statement
Please indicate preferred method to receive notification of confirmation: [ ] Email [ ] Fax [ ] Mail

Parking Instructions:

Check to receive a free monthly email calendar of upcoming CME activities

I certify that I have read and agree to the following:

I wish to receive information about the courses I have registered for.

Method of Payment:

[ ] MasterCard [ ] Visa [ ] American Express [ ] Check [ ] Other

Card Number:

Exp. Date:

Signature of Cardholder:

Cardholder’s Name:

Billing Address of Cardholder:

City: State: Zip Code:

[ ] Check

If paying by check make checks payable to UT Southwestern/CME

Fax completed registration form to 214-861-3404

Mail completed registration form to: UT Southwestern Office of Continuing Medical Education

3333 Harry Hines Blvd. – Dallas, Texas 75390-0929

Security Code:

[ ] Refund Policy

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ADA Statement

[ ] Please check this box if you require assistance because of a disability to make this program accessible to you.

Someone from our office will be in touch with you.

Telephone:

Date:

City:

State:

Zip Code:

FAX:

Email:

Mail:

Office of Continuing Medical Education
Preventive Cardiology Update 2013

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Purpose and Content
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The format of this symposium will be a series of lectures given by experts in the field on a variety of topics, presented in a balanced, unbiased manner. There will also be case discussions with questions to foster an understanding of the practical clinical approaches to management of these conditions including guideline recommendations, and appropriate lifestyle and pharmacologic therapies.

Educational Objectives
Upon completion of the activity participants should be able to link the educational objectives to Core Competencies and:

• Describe the trends in risk factors for heart disease and stroke in the US and Texas
• Create a comprehensive care plan for cardiovascular risk reduction in patients with diabetes
• State how to incorporate new and emerging scientific evidence in the management of dyslipidemia
• Apply evidence based strategies to evaluate and treat patients with resistant hypertension
• Explain screening for and genetic causes of very high LDL cholesterol
• Discuss interventions and tools to assist in lifestyle counseling
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Registration
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Enrollment is confirmed upon receipt of registration fee. We are unable to process any registration without payment. Please register early. We cannot guarantee course materials on site to anyone registering later than September 12, 2013.

Refund Policy
A $10 handling fee will be deducted from cancellation refunds. For a full refund, requests must be received by mail or fax prior to September 23, 2013. A 50% refund request must be received by mail or fax prior to September 23, 2013. No refunds will be made thereafter.

Cancellation Policy
The Office of Continuing Medical Education reserves the right to limit registration and cancel courses, no less than one week prior to the course, should circumstances make this necessary.

Location
UT Southwestern Medical Center
T. Boone Pickens Biomedical Building-16th Floor
6001 Forest Park Road
Dallas, TX 75390

Pricing
Parking
Parking is available in the parking garage entered from 6001 Forest Park, located adjacent to the T. Boone Pickens Biomedical Building. The garage entrance is to the right of the front building entrance. The garage elevators will take you to the third floor.

Additional Information
For additional information, please call The Office of Continuing Medical Education, 214-648-3138, 1-800-688-8678, or email cmeregistrations@utsouthwestern.edu.

CME Application
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Refund Policy
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Location
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T. Boone Pickens Biomedical Building-14th Floor
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Preventive Cardiology Update 2013 Agenda
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1:00 pm Novel and Effective Strategies for Obesity Management - Kevin Hwang, M.D., M.P.H.
2:00 pm Wrap Up
2:15 pm Adjourn

Preventive Cardiology Update 2013 Registration Form
October 5, 2013

Register on-line at utsouthwestern.edu/preventivecardiologysymposium

Name ____________________________ Address ____________________________ City________ State __ Zip Code ______
Last Four Digits of SSN __ UT Southwestern Alumni
Business Phone Fax ____________________________

Degree ____________________________ Speciality ____________________________ Email Address ____________________________

Please indicate preferred method to receive notification of CME activities.

Method of Payment:
☑ Mastercard ☑ Visa ☑ American Express
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Billing Address of Cardholder:
City ____________________________ State __ Zip Code ____________

☑ Check: $500.00 check must accompany payment to: UT Southwestern/CME
Card # ____________________________ Exp. Date ____________________________ Security Code ____________________________
Billing Address of Cardholder:
City ____________________________ State __ Zip Code ____________

☑ Electronic Funds Transfer (EFT)
Account # ____________________________ Exp. Date ____________________________ Security Code ____________________________
Billing Address of Cardholder:
City ____________________________ State __ Zip Code ____________

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Billing Address of Cardholder:
City ____________________________ State __ Zip Code ____________

☑ Check: $500.00 check must accompany payment to: UT Southwestern/CME
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Billing Address of Cardholder:
City ____________________________ State __ Zip Code ____________

☑ Check: $500.00 check must accompany payment to: UT Southwestern/CME
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Billing Address of Cardholder:
City ____________________________ State __ Zip Code ____________

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☑ Mastercard ☑ Visa ☑ American Express
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City ____________________________ State __ Zip Code ____________

☑ Check: $500.00 check must accompany payment to: UT Southwestern/CME
Card # ____________________________ Exp. Date ____________________________ Security Code ____________________________
Billing Address of Cardholder:
City ____________________________ State __ Zip Code ____________

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