Med/Peds Residency Program
Consider your future.

Realize your potential.

— Your training extends to the entire community

— Residency teaches you how to be a learner for life

— The care you give is a reflection of who you are

— What you believe about yourself as a physician will evolve

— Strangers can become family and a new city can become home
Dear colleague,

Thank you for your interest in the combined Internal Medicine/Pediatrics (Med/Peds) Residency Program at UT Southwestern Medical Center. We’re excited to launch this new program and train the next generation of well-rounded physicians. In the rapidly evolving world of medicine, the skills of Med/Peds doctors are more critical than ever. We’re seeking residents who will join us on this journey—to radically improve the way care is designed, coordinated, and delivered, and to develop one of the best Med/Peds residency programs in the country.

You’ll blaze an exciting new trail with us while building on the foundation of two exceptional, well-established categorical training programs in internal medicine and pediatrics. The full array of educational opportunities in each categorical program is available to you, including research, medical education, global health, quality improvement, and advocacy.

Through clinical training at three world-class institutions—William P. Clements Jr. University Hospital, Parkland Health & Hospital System, and Children’s Health™ Children’s Medical Center—you’ll develop the skills needed to provide the highest-quality, compassionate care to a diverse patient population throughout the lifespan.

We don’t believe in a one-size-fits-all curriculum. With UT Southwestern’s rich training environment and a faculty dedicated to supporting your unique interests and passions, the individualized training options are limitless. Whether your career goals include primary care, hospitalist medicine, global health, transitional medicine, or subspecialty care from birth to geriatrics, our program is well-equipped to support your journey.

We look forward to training and guiding tomorrow’s Med/Peds physicians, scholars, advocates, educators, and leaders, and we hope you’ll join us.

Jennifer Walsh, M.D.
Internal Medicine/Pediatrics Residency Program Director—UT Southwestern
Your training extends to the entire community

In the Med/Peds Residency Program at UT Southwestern, you’ll gain experience treating a diverse patient population with a range of pathologies—and you’ll do it at some of the best medical institutions in the country. Your time will be spent at three nationally recognized institutions located within a two-mile radius.

William P. Clements Jr. University Hospital
- State-of-the-art facility opened December 2014
- 1.3 million square feet, 12 floors, 460 single-patient rooms, and 40 emergency treatment rooms
- More than 35,000 square feet of space dedicated specifically to research and learning, including the Education and Conference Center, a high-tech space for conferences, symposia, and demonstrations
Clements University Hospital is a tertiary referral center for patients with complex disorders. Teaching services include two general medicine ward teams, an ACE (acute care of the elderly) unit, MICU, advanced heart failure, and an intern-specific cardiology service. Other subspecialty services include pulmonary (cystic fibrosis, pulmonary hypertension, general pulmonology), GI/liver (IBD, liver transplant), and hematology/oncology.

Parkland Memorial Hospital
- New building opened August 2015 and is more than twice the size of the old hospital
- The only public hospital in Dallas County—and one of the busiest public hospitals in the nation, with more than 1 million patient visits each year
At Parkland, you’ll care for a diverse population, including socioeconomically disadvantaged and minority (Hispanic, African-American, Asian, and Middle Eastern) patients. Teaching teams include five medicine services, MICU (one of the premier Parkland experiences), CCU, and inpatient hematology/oncology. You’ll be able to take advantage of ambulatory and inpatient consultation rotations available in a wide array of specialties.

Children’s Health Children’s Medical Center
- One of the top pediatric hospitals in the country
- The only academic health care facility in North Texas dedicated exclusively to the comprehensive care of children
- Level 1 pediatric trauma center and major pediatric kidney, liver, intestine, heart, and bone marrow transplant center
You’ll participate in the care of patients, under the supervision of experienced general and subspecialty pediatric faculty, in the intensive care unit, emergency department, primary and subspecialty inpatient hospital services, and ambulatory clinics. In addition to integral involvement in general pediatric services, you’ll have the opportunity to be part of the cardiology, pulmonology, hematology/oncology, gastroenterology, endocrinology, and nephrology inpatient services. Potential educational experiences for residents include those related to particularly vulnerable populations, such as those in AIDS-Related Medical Services (ARMS), the Referral and Evaluation of At-Risk Children (REACH) clinic, foster care, and a clinic for low birth weight children. Training residents to care for the most vulnerable children inspires creativity, resourcefulness, and resilience.
Learning opportunities

The Med/Peds Residency Program at UT Southwestern is built on two strong, well-established programs: internal medicine and pediatrics. This means you’ll have access to all of the learning opportunities these programs have to offer, including an internationally known and respected faculty that is committed to teaching, a large and heterogeneous patient population, and the option to pursue scholarly work in a vast array of areas.

Clinical training

As a Med/Peds resident, you’ll receive in-depth clinical training in both disciplines, alternating between internal medicine and pediatrics rotations every three to six months. As an intern, you’ll get a solid clinical foundation by rotating through inpatient, intensive care, ambulatory, and emergency department settings at our primary training facilities: Clements University Hospital, Parkland Memorial Hospital, and Children’s Medical Center. After a year of immersion in the categorical continuity clinics, you’ll join the Med/Peds Primary Care Practice at UT Southwestern from your second through fourth years of residency. As you advance through the program, you’ll be given increased supervisory responsibility as well as additional time for individualized curriculum blocks.

“It’s a very supportive and collaborative environment. From your fellow residents to the faculty you work with, you’re encouraged to seek out mentorship and work in teams.”

Andrew Laccetti, M.D.  Chief Resident, Internal Medicine
SimCenter
At the SimCenter, you’ll gain clinical experience in a realistic, safe, and fully interactive environment. You’ll work with high-fidelity simulators that depict a variety of medical conditions, disease states, and patients—both adult and pediatric.

Through immersion in simulated scenarios, you’ll be exposed to multiple aspects of patient care and learn to diagnose, treat, and manage an assortment of clinical problems. It’s a learning experience that builds a variety of skills, including:

- Analytical clinical reasoning
- Effective teamwork
- Medical crisis resolution
- Efficient communication

Research
You’ll have the opportunity to engage in research alongside some of the brightest minds in medicine—faculty dedicated to teaching and scientific discovery with a proven record as mentors in research.

Med/Peds residents can choose research electives in their area of interest, devoting focused time to an array of projects, from basic science or clinical research to curriculum development or quality improvement. For our residents, that’s just the tip of the iceberg. Many continue their research past their elective time and produce clinically significant publications. Numerous residents have also been recognized for research through awards or grants.

Our residents are productive scholars. The list of recent publications is too long to include here, but we’re always happy to share it with applicants. Just ask.

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Curriculum

Residency teaches you how to be a learner for life

We know there’s more to residency than medical knowledge. That’s why we’re committed to equipping physicians with critical thinking skills developed through hands-on experience and interactive learning.

As a Med/Peds resident at UT Southwestern, you’ll alternate between internal medicine and pediatric rotations while participating in categorical conferences and electives. Our curriculum is designed so that residents emerge from our program with the confidence to provide care at any point in a patient’s life.

Electives

Your goals are as unique and diverse as you are. As a Med/Peds resident, you can choose from a broad selection of electives in internal medicine and pediatrics, building a curriculum that matches your personal and professional goals. Electives provide residents with time to delve more deeply into a particular area of medicine, either by engaging in research or gaining further clinical experience.

**Internal medicine** electives include:
- Numerous internal medicine subspecialties
- Anesthesiology
- Radiology
- Dermatology
- Basic science or clinical research
- Women’s health
- Pathology
- Quality improvement
- Global health
- Transplant medicine

**Pediatrics** electives include:
- Numerous pediatric subspecialties
- Diabetes camp
- Nutrition
- Dallas Global Health (designed to teach skills for an international elective)
- International electives
- Sports medicine
- Palliative care
- Resident as educator (designed to hone teaching skills)
- Low birth weight follow-up
- CVICU
- Cardiac catheterization
- Medical Spanish

Conferences

**Internal medicine** provides rigorous training in scientific principles and pathophysiology of disease.

Conferences include:
- Noon Conference, given daily by general medicine doctors and specialists on a wide variety of internal medicine topics
- Morning Report, a daily conference during which second- and third-year residents discuss cases received by admitted teaching services. This conference provides excellent exposure to the vast array of pathology seen at Parkland and invaluable face time with distinguished faculty.
- Intern Chart Conference, a weekly conference for interns that focuses on the art of differential diagnosis and clinical reasoning
- Potpourri, a weekly conference—unique to UT Southwestern and a house staff favorite—during which residents present recent interesting cases as unknowns to the audience, and the faculty, students, and interns help make the diagnosis
- Ambulatory Case Conference, an interactive case discussion, led by internal medicine faculty, that focuses on ambulatory topics

**Pediatrics** conferences offer residents multiple opportunities each week to learn from faculty and each other.

Conferences include:
- Noon Conference, a daily conference that focuses on American Board of Pediatrics content specifications, with topics ranging from oncologic emergencies to current legislation affecting pediatrics
- Intern or Senior Morning Report, a roundtable discussion of an interesting case, newly published literature, or a clinical dilemma
- Friday Morning Report, a senior resident-led case presentation and discussion involving multidisciplinary faculty, fellows, residents, and medical students
- Morbidity and Mortality Conference, run by the residents with input from invited faculty and advisors
Med/Peds: a cohesive educational experience

As a Med/Peds resident, you’ll be fully integrated into the categorical program experience while taking advantage of the combined educational opportunities. You’ll participate in Med/Peds “Connection” conferences, aimed at helping residents enhance care delivery for patients from childhood to adulthood, as well as dedicated monthly conferences and journal clubs specifically for Med/Peds residents.

Med/Peds electives
Combined Med/Peds rotations include:
- Global Health
- Quality Improvement
- Ambulatory Infectious Disease
- Allergy/Immunology/Inner-City Asthma Program
- Pediatric to Adult Care Transition—various subspecialty options, including congenital heart disease, cystic fibrosis, and rheumatology

Med/Peds continuity clinic
After your intern year of experience in the categorical continuity clinics, you’ll join the Med/Peds Primary Care Practice, where you’ll work alongside UT Southwestern Med/Peds faculty and care for infants, children, adolescents, and adults—all in the same setting.

The clinic provides a small, supportive environment where you can gain well-rounded clinical experience and grow as a physician. You’ll learn the art of primary care, including various clinical procedures such as Pap smears and steroid injections in joints, so you’ll feel confident enough to perform them in your own practice instead of referring patients to specialists for such examinations and treatments. In this way, you’ll be just as competent in the clinic as you are in the hospital or intensive care unit.

“The Med/Peds clinic will serve as an educational home for our program. I am committed to developing the skills needed to provide primary care in our community, academic center, and across the globe.”

Jason Newman, M.D.
Assistant Professor, Internal Medicine and Pediatrics; Director, Med/Peds Primary Care Practice
“You’re allowed to figure out who you want to be as a physician. You’re allowed to develop your own style and your own voice in a way that I’ve found really valuable.”

Padmaja Reddy, M.D.
Resident, Internal Medicine
Individualized training experience

The care you give is a reflection of who you are

We know that each resident is an individual, so we’re committed to a truly individualized approach to fostering development of your unique skills, interests, and passions. Whether you’re seeking a career in Med/Peds primary care, hospital medicine, academic medicine, or a combined or categorical subspecialty, we’ll help you create the individualized training experience that’s right for you.

Scholarly projects
What do you love about medicine? What topics ignite your passion? Your scholarly project is an opportunity to investigate an issue over the course of your residency and produce a meaningful contribution to the academic, medical, and educational community. With the infrastructure and leadership to support you, you’ll become an expert in your area of interest and enrich your skills by doing what you love.

Scholarly projects fall into the realms of:

- **Global health**: Gain experience in international medicine and public health through the Global Health Education Program, which is focused on equipping residents to engage in sustainable, effective, ethical health care initiatives wherever they may build these partnerships. Established internal medicine and pediatric partnerships currently exist in various sites in South Africa and South America and continue to expand.
- **Quality improvement**: Explore the relationship between health services and outcomes with dedicated faculty in internal medicine and pediatrics.
- **Research**: Complete basic science or clinical research in a specialty of your choice.
- **Advocacy**: Go beyond the frontline advocacy and community health training that’s part of our core curriculum.
- **Transitional care**: Bridge the gap between child and adult care delivery, and become a leader in this increasingly important field.
- **Education**: Explore ways to improve patient education models, reach different audiences, and engage residents.
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- **Education**: Explore ways to improve patient education models, reach different audiences, and engage residents.

What you believe about yourself as a physician will evolve

Having the right mentors can define your entire career path. And in a dual program like Med/Peds where the career opportunities are endless, it’s especially critical to find experienced, trusted faculty who can identify the opportunities and resources to develop your unique strengths. At UT Southwestern, we offer that support from day one, with approachable faculty members who will guide and support you every step of the way.

The strength of our mentoring program comes from the leadership. The department chairs and categorical directors believe in and support the Med/Peds program. The result is a collaborative, ambitious program where residents don’t just survive, they thrive.

“...The greatest value of our mentoring program, I believe, is its focus on the individual. Every resident in our program is cared for. They have a safe place to learn, to vent, and to grow.”

Myra Wyckoff, M.D.  Associate Professor, Pediatrics; Neonatal-Perinatal Attending, Children’s Health
Life as a resident at UT Southwestern

Strangers can become family and a new city can become home

Residency is demanding, and expectations are high—especially in a rigorous program like ours. You’ll be challenged daily to push the limits of your knowledge and skills to become the best doctor possible. But despite the challenges, it’s also a time to laugh, develop deep friendships, and enrich your appreciation for the non-professional side of life.

UT Southwestern is a big medical institution, but within Med/Peds we’ve cultivated a small-program feel. You’ll be surrounded by supportive residents and faculty members as you train in a safe and collegial environment. Families thrive in Dallas, a city that boasts strong schools, a reasonable cost of living, and reliable public transportation. Residents enjoy spending time together outside of work, and we foster that by organizing activities to promote collegiality. Department-sponsored activities include friendly competitive events such as the faculty vs. pediatric residents softball game, annual intern retreats, and parties such as the holiday and graduation banquets for which coverage is provided for all residents to attend. Residents also take advantage of their time off by planning outings with their fellow residents.

Life as a resident in Dallas/Fort Worth

UT Southwestern is located in the heart of one of the most dynamic areas of the country. The Dallas/Fort Worth Metroplex is a contemporary, exciting area with a diverse population and many kinds of cultural, recreational, and entertainment activities.

Music and entertainment

D/FW boasts some of the best music and entertainment anywhere, from Deep Ellum, a haven for alternative music and eclectic shops and galleries, to the Morton H. Meyerson Symphony Center and Winspear Opera House (Dallas) and Bass Performance Hall (Fort Worth). In addition, the American Airlines Center and Gexa Energy Pavilion in Dallas and AT&T Stadium in Arlington host many of the top concert acts in the world.

Shop (and eat) ‘til you drop

The Metroplex offers virtually unlimited shopping opportunities, from upscale malls such as the Galleria and NorthPark Center in Dallas to large outlet malls like Grapevine Mills, along with traditional malls, small boutiques, and specialty stores. Restaurants of all types abound in Dallas/Fort Worth as well, ranging from world-renowned five-star establishments to undiscovered hole-in-the-wall eateries. With more restaurants per person than New York, name the type of cuisine you’re looking for, and you’ll find it in Dallas/Fort Worth.

Easy access

Dallas/Fort Worth is a major transportation center and home to one of the world’s busiest airports, DFW International. The Dallas Area Rapid Transit (DART) light rail service connects the Dallas Metro area to DFW International for easy access to and from hundreds of destinations in the United States, Europe, Asia, Latin America, Australia, and the Middle East. Dallas Love Field airport, barely five minutes from campus, offers low-cost flights to many domestic destinations.
Apply for our Med/Peds Residency Program

We accept applications through the Electronic Residency Application Service (ERAS).

For more information, visit us online at utsouthwestern.edu/education/medical-school/departments/internal-medicine/education-training/med-peds.

“Our faculty are an amazing and passionate group of people devoted to resident education. Our Med/Peds team will mentor each resident as they create their unique path.”

Jaclyn Albin, M.D. Assistant Professor, Pediatrics and Internal Medicine; Associate Program Director, Internal Medicine/Pediatrics Residency Program
Contact us

Internal Medicine/Pediatrics Residency Program
1935 Medical District Drive
Dallas, TX 75235
Phone: 214-456-5518
Fax: 214-456-2625