

**NORTHSTAR INSURANCE - [www.valueoptions.com/northstar](http://www.valueoptions.com/northstar)**

**888-800-6799**

Mental health coverage for residents of Dallas & Kaufman counties

Covered services include psychiatric and substance abuse treatment, as well prescription benefits

**Northstar-Contracted Mental Health Clinics**

**Phone**

|  |              |
|--|--------------|
| <u>Dallas Metrocare Services</u> - <a href="http://www.metrocareservices.org">www.metrocareservices.org</a>                | 877-283-2121 |
| Altschuler - 4645 Samuell Blvd, Dallas ( <i>Adults &amp; Children</i> )  | 214-275-7393 |
| Westmoreland - 1353 N. Westmoreland Rd, Dallas ( <i>Adults &amp; Children</i> )  | 214-330-0036 |
| Pathways - 1340 River Bend Dr, Dallas ( <i>Adults &amp; Children</i> )   | 214-743-6188 |
| Lancaster-Kiest - 3330 S. Lancaster Rd, Dallas ( <i>Adults only</i> )  | 214-371-6639 |
| Grand Prairie - 832 S. Carrier Pkwy, Grand Prairie ( <i>Adults &amp; Children</i> )  | 214-330-2488 |
| Garland - 221 S. 9th St, Garland ( <i>Children only</i> )  | 972-494-8164 |
| Homeless Services at The Stew Pot - 408 Park Ave, Dallas   | 214-939-3933 |
| <br>   |              |
| <u>Child &amp; Family Guidance Center</u> - <a href="http://www.childrenandfamilies.info">www.childrenandfamilies.info</a> | 214-351-3490 |
| Mesquite - 120 W. Main St #220, Mesquite ( <i>Children &amp; Adults</i> )  | 972-285-5834 |
| Oak Cliff - 210 W 10th St, Dallas ( <i>Children &amp; Adults</i> )   | 214-351-3490 |
| Harry Hines - 8915 Harry Hines Blvd, Dallas ( <i>Children &amp; Adults</i> )   | 214-351-3490 |
| <br>   |              |
| <u>Centro de Mi Salud</u> - <a href="http://www.centrodemisalud.com">www.centrodemisalud.com</a>                           | 214-941-0798 |
| Dallas - 628 Centre St, Dallas ( <i>Adults &amp; Children</i> )  |              |
| <br>   |              |
| <u>Adapt of Texas</u> - <a href="http://www.adaptusa.com">www.adaptusa.com</a> ( <i>Adults only</i> )                      | 877-315-0488 |
| Dallas - 2600 N. Stemmons Fwy, Dallas  | 888-905-0595 |
| Kaufman - 305 W. Mulberry St, Kaufman  | 972-932-4157 |
| <br>   |              |
| <u>Lifenet Texas</u> - <a href="http://www.lifenet.org">www.lifenet.org</a>  | 214-221-5433 |
| Dallas - 9708 Skillman St, Dallas ( <i>Adults &amp; Children</i> )   |              |
| Homeless Services at The Bridge - 1818 Corsicana St, Dallas  |              |
| <br>   |              |
| <u>ABC Behavioral Health</u> - <a href="http://abcbh.org">abcbh.org</a>  | 214-275-8500 |
| Dallas - 4600 Samuell Blvd, Dallas ( <i>Adults only</i> )  |              |
| <br>   |              |
| <u>Lakes Regional MHMR</u> - <a href="http://www.lrmhmrc.org">www.lrmhmrc.org</a> ( <i>Adults &amp; Children</i> )         | 972-524-4159 |
| Kaufman County - 400 Airport Rd, Terrell   |              |

## Mental Health Resources

### **DENTON COUNTY MHMR CENTER - [www.dentonmhmrc.org](http://www.dentonmhmrc.org)**

**940-381-5000**

Mental health agency providing psychiatric treatment services for residents of Denton county

#### **Denton County MHMR Clinics**

#### **Phone**

|   |              |
|---|--------------|
| Denton Outpatient Clinic - 2519 Scripture St, Denton                | 940-381-5000 |
| Lewisville Outpatient Clinic - 101 E. Corporate Dr #150, Lewisville | 214-488-0121 |
| Tompkins Outreach Services - 830 S. I-35E, Denton                   | 940-565-5277 |
| McKinney Outpatient Clinic - 3855 Morse St, Denton                  | 940-891-0970 |
| Morse Street Clinic - 3827 Morse St #101, Denton                    | 940-381-5000 |
| Psychiatric Triage Clinic - 2509 Scripture St #100, Denton          | 940-381-9965 |

#### **COUNSELING AGENCIES\***

#### **Phone**

|  |              |
|--|--------------|
| Catholic Counseling Services - 3725 Blackburn St, Dallas   | 214-526-2772 |
| Galaxy Counseling Center - 1015 S. Jupiter Rd, Garland   | 972-272-4429 |
| Jewish Family Services - 5902 Arapaho Rd, Dallas   | 972-437-9950 |
| Legacy Counseling Center (HIV services) - 4054 McKinney Ave #102, Dallas                                     | 214-520-6308 |
| Pastoral Counseling - 4525 Lemmon Ave #200, Dallas   | 214-526-4525 |
| Resource Center of Dallas (LGBT services) - 2701 Reagan St, Dallas   | 214-393-3680 |
| Salesmanship Club - 912 S. Ervay St, Dallas  | 214-915-4700 |
| The Family Place (Domestic violence services) - <a href="http://www.familyplace.org">www.familyplace.org</a> | 214-941-1991 |
| UTSW Psychotherapy Clinic - 5323 Harry Hines Blvd, Dallas  | 214-648-7012 |
| The Counseling Institute of Texas - 3200 Southern Dr #100, Garland   | 972-271-4300 |
| Lancaster Outreach Center - 1120 Randlett St, Lancaster  | 972-227-0138 |
| UNT Counseling & Human Development Center - 425 S. Welch St #2, Denton                                       | 940-565-2970 |

\*Variable fee structures and age ranges - contact agency for details