

**ENDOSCOPY**

Name: \_\_\_\_\_ Clinic Number: \_\_\_\_\_ Location: \_\_\_\_\_  
 Appointment Date: \_\_\_\_\_ MD: \_\_\_\_\_  
 Check In Time: \_\_\_\_\_ Phone: \_\_\_\_\_



Notify Your health care provider if you are currently taking Coumadin, blood thinners or insulin for further instructions.






Please remember to arrange for a responsible adult to accompany you home. If you do not have an adult escort, your procedure will be cancelled and re-scheduled.

**A responsible adult must escort you home.**



Review preparation schedule below for **5 days** preceding your endoscopy.

5 days prior	4 days prior	3 days prior	2 days prior	1 day prior	Procedure Day
<input type="checkbox"/> Arrange a ride (see above). <input type="checkbox"/> If taking Coumadin you need to hold for 3-5 days. Contact Primary Care Physician. <input type="checkbox"/> Insurance Cards: Check with your insurance carrier in advance to see if you need pre-approval for an outpatient appointment or procedure. You will receive 2 phone calls, one from the physician's office and one from the facility explaining your financial responsibility.	<input type="checkbox"/> If you are diabetic, contact your Primary Care Physician or Endocrinologist for specific instructions.	<input type="checkbox"/> Confirm your ride home. 	<input type="checkbox"/> Do you have an escort to drive you home? 	<input type="checkbox"/> No solid foods or liquids after midnight. <input type="checkbox"/> Clear liquids after dinner at 6 pm. <div style="border: 2px solid blue; padding: 5px; margin-top: 10px;"> <p style="text-align: center;"><b><u>Clear Liquid Diet Suggestions</u></b></p> <p>Strained fruit juices (no pulp); apple, white grape, broth, water, Gatorade, Popsicles, Jell-O, coffee, tea (no milk or cream).</p> </div>	<input type="checkbox"/> Early morning – take your usual prescribed medications with a few sips of water. <input type="checkbox"/> Be sure to bring: <ul style="list-style-type: none"> <li>• Ride</li> <li>• Insurance Card</li> <li>• Co-Pay, if required</li> </ul> <input type="checkbox"/>  <b>Clear liquids OK up to 6 hours before procedure.</b> <input type="checkbox"/> Leave jewelry, money and other valuables at home. <input type="checkbox"/> Allow 2-4 hours in our department.